

DECEMBER

2017

THE PUBLIC IS INVITED TO THE
SANTA CRUZ FLY FISHERMEN

WILD-CAUGHT SALMON FEED



FEATURING DISHES FROM THE MONTEREY FISH HOUSE

\$40 PER PERSON \$25 (AGE 12 & UNDER)

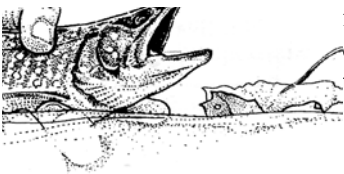
TICKETS AVAILABLE:

NORTHBAY FORD	BY MAIL:
1999 SOQUEL AVE, SC	JIM TOLONEN
SEE CALI-MAIN SHOWROOM	P.O. BOX 1119
CHECKS ONLY, PLEASE	SOQUEL, CA 95073

SAT., JAN. 20, 2018 - 5:00 PM
PEACE UNITED CHURCH OF CHRIST
900 HIGH ST. SANTA CRUZ
INCREDIBLE RAFFLE PRIZES
PHENOMENAL AUCTION
WWW.SANTACRUZFLYFISHERMEN.ORG

Bait for Thought Connection

Fishing provides that connection with the whole living world. It gives you the opportunity of being totally immersed, turning back into yourself in a good way. A form of meditation, some form of communion with levels of yourself that are deeper than the ordinary self. - Ted Hughes



CLUB MEETING

Date: Wednesday, December 6th
Time: Open – 6:45 PM
Meeting – 7:00 PM
Place: Aptos Grange, 2555 Mar Vista Dr., Aptos

**East of Redding Fly Fishing:
Klamath/Sacramento Rivers and Hat Creek
Guest Speaker: Tim Fox**

Tim Fox grew up in Northern California, fishing all the rivers, lakes and streams. He started commercially tying flies for Powell Fly Shop in Chico at the age of 14 and worked their retail shop from 1988 to 1995. He then left for a new shop being built in Fairfield. It was called the California Fly Shop (before the currently called shop of said name even existed), which he helped start from the ground up.



At the end of 1996, he moved to Redding and started working at The Fly Shop in January of 1997. During all this time, Tim was guiding, teaching schools and tying commercially and also creating fly patterns for royalty money. Tim was managing Kiene's Fly Shop in Sacramento, but was still living in Redding, this was too much for a responsible father to be away from wife and children so when Kiene's merged with American, it was a good time to step out of the way and be with the family full time.

Tim now makes a living guiding both fly fishing (most northern CA rivers and streams) and hunting and working on the family ranch, and also working on his online store to sell his awesome fly patterns!

Tim's presentation will be on the waters he guides in Northern California for each season, and the flies he ties and uses, and the reasoning behind his fly choices. This promises to be an encyclopedic presentation for those who fish Northern California, so bring a notepad and pencil and be prepared to be schooled!

What's Inside:

President's Line, Fly Tying Class.....	p.2
Board, They Work 4U, Fishout Schedule,	
Membership Note.....	p.3
Catchy Releases.....	p.4
Reel News, Monthly Raffle, Cast of	
Thousands.....	p.5
Gearing Up, LifeLines.....	p.6
LifeLines (cont'd.), Cartoon.....	p.7
Fly of the Month, Recipe of the Month....	p.8
Calendar.....	p.9

President's Line

Good to be Grateful! December 2017

By President Tom Hogye

What an absolutely surprising attendance we had at the Fly Fishing Clinic along the San Lorenzo River on the 18th. Beautiful temperatures, a warm sun and very little wind made the wait worth it. We even made the 10:00 o'clock news!

By 8:30 in the morning, Elaine, Angela, Larry and Kevin were already set up and tying flies (it was the coffee and sprinkle donuts!). Barry and Ben had the MBSTP booth set up, Tim Frahm from TU was ready to go, Michael, Jeff and Bob had the SCFF information area thoroughly ready to provide membership, fish-out, dinner and other information. Tim Loomis had his class seating and great signage for the Fly Fishing 101 classes. Steve "Rud", Richard, Sam, and yours truly, were armed with casting rods and ready for the dozens who came eager to learn how to cast, and just as important, how to fish. John (Cook) and a few other members were very helpful at working the crowds, pointing them in the right direction and making them feel right at home.

Alev and Julie from Coastal Watershed Council (you can't see me right now, but I'm bowing in gratitude) were busy organizing the CWC booth, signs, providing coffee, water and pastries, arranged some of the attractive goodies SCFF and Patagonia donated for the raffle, and did a super job of keeping things moving with their PA system and infectious enthusiasm. They even gave each of us "organizations" a chance to get to the mic and talk a little about who we are and why we're here, and you know me, I hate a microphone!

For more than three hours, there were at least a dozen flies moving through the sky. We were all busy teaching from beginning to end. When I would look behind me, it was just beautiful to see just how quickly people were improving, getting

it, and excited to finally learn how to throw a line. There was not one minute where some didn't want to be casting and learning about fly fishing.

Really rewarding was seeing so many of our partner organizations come together. Chris from Pour Taproom brought two of his five kids. Julie from CWC took time to learn to cast for the first time. My friend from the gym came, neighbors, kids' parents, friends from church, even the Park Rangers!

The fly tying tables had everyone hovering over shoulders marveling at the forming of fur and feathers, anxiously awaiting their turn at the vises. Elaine, Angela, Kevin and Larry paid genuine and careful attention to their protégés.

Tim Loomis' classes were overflowing. He has the gift, and the hat! OH! – His Fly Fishing 101 classes are also now going to be a part of the Santa Cruz Parks and Recreation's

programs – WAY to go, Tim! It's important to have someone simplifying and making people feel comfortable with the plethora of fly-fishing terms. You know – double surgeon, blood, nymph, weight-forward-double-tapered-fast-sinking lead-core shooting head, indicator, tippet, a 5-weight, size 14...stripping! Say what?

Tim Frahm, Barry and Ben had captive audiences as they explained the plight of the Steelhead and Coho, and just how important it is that we really do something (this time) to get it right for the fish, the river(s), and this beautiful place.

Thank you! Alev indicated at least 90 people came to the event and many asked when we're going to do another one! Game on!

The river is getting ready – I can feel it! Come hang out at the meeting! Annual Fund Raiser raffle prizes are coming in like crazy! Buy your tickets! Let's go fishing!



FLY TYING CLASS

Date: Wednesday, December 13th

Time: Open -6:45 p.m.
Class - 7:00 p.m.

Place: 255 Mar Vista Drive, Aptos

Parachute Adams

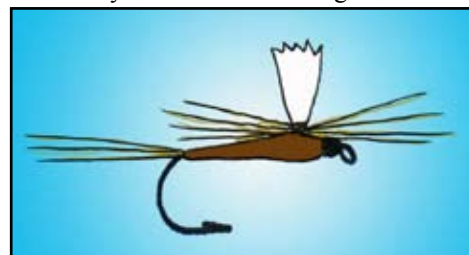
Instructor: Elaine Cook - 688-1561

The Adams fly has been around for decades and can be counted on to catch trout in moving water, particularly when mayflies are hatching. This pattern can be tied in several styles. This class will feature the parachute style. There is no charge for the class.

Sign ups will be at the club meeting, or you can call Elaine at 688-1561 at least 24 hours prior to the class. If you sign up and later find out you cannot attend, please tell Elaine, as she prepares the materials for the class based on the sign ups

All materials are provided. Experienced tiers, please bring gray or black 8/0 thread, your tools vise and any magnification you may need. If you are a beginner, don't let lack of equipment stop you; we have some tools and vises available for your use.

2 Santa Cruz Fly Fishermen



2017 Board of Directors

Officers

President	Tom Hogue	214-7578
Vice President	Milana Rawson	583-9370
Treasurer	Jim Tolonen	475-8859
Secretary	Roy Gunter	809-0316

Committee Heads

Raffle Coordinator	Jeff Goyert	234-0033
Membership	Bob Peterson	251-8655
Fishouts	John Cook	688-1561
Programs	Tim Loomis	426-4683
Conservation	Barry Burt	688-0187
News Editor	Kirk Mathew	724-6811
Webmaster	Pat Steele	476-0648
Fly Tying Master	Elaine Cook	688-1561
Annual Raffle	George Pike	423-2956
	John Steele	476-0648
Marketing/Publicity	Michael McGannon	688-3025
Annual Benefit Coordinator	Petar Ilic	475-0268
Facilities Coordinator	Steven Rawson	583-9370
Video Librarian	Mike DiCiano	688-1682

Members at Large

Kathy Powers	728-4130		
Dennis Davie	566-7447	Pablo Grabiell	562-652-3771

Board Meeting: The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time

News: Members are encouraged to contribute news items. Submit copy to the editor, Kirk Mathew, 724-5611, k4mathew@sbcglobal.net. Please see calendar for the deadline each month.

They Work for You

Secretary of the Interior Ryan Zinke

Department of the Interior
Washington, D.C. 20240
<http://www.doi.gov/index.html>

Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>
San Francisco, CA 94104

Senator Kamala Harris

Washington D.C.
112 Hart Senate Office Building, Washington, DC 20510
Phone (202) 224-3553

Anna Eschoo, 14th District Congresswoman

698 Emerson St.; annagram@mail.house.gov
Palo Alto, CA 94301 (650) 323-2984

Jimmy Panetta, 20th District US House of Representatives

228 Cannon House Office Building
Washington, DC 20515
Phone: 202-225-2861

Governor Jerry Brown

Capitol Bldg., 1st Floor
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

Senator Bill Monning, Assembly Dist. 17

701 Ocean St., #318-A, Santa Cruz, CA 95060
(831) 425-0401; <http://sd17.senate.ca.gov>

Assemblyman Mark Stone (D-Monterey Bay)

701 Ocean St, #318b, Santa Cruz, CA - (831) 425-1503
<http://asmdc.org/members/a29/>



Fishout Schedule

DATE	LOCATION	TARGET SPECIES	FISH MASTER
March 18 - 24	Pyramid Lake	Lahonton Cutthroat	Mike White - 706-5556
April 20 - 22	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
April 28	Los Padres Reservoir	Trout	Roy Gunter - 809-0316
May 4 - 6	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
May 20	Quail Hollow Ranch	Fly Fishing 101	Kevin Murdock - 688-4518
July 7 - 14	Green River	Trout	John Steele - 476-0648
Sept. 22 - 29	Mammoth Lakes	Trout	John Cook - 688-1561
Sept. 29 - Oct. 6	Mammoth Lakes	Trout	John Cook - 688-1561
TBA	Central Valley	Bass	Don Eaton - 336-2933

Fishouts are one of the most enjoyed activities our club offers. I highly recommend club members to attend and possibly organize one. If you are thinking about sponsoring a club fishout, please give me a call. Club fishouts can be structured in many ways from simple to involved. I will be glad to help you put one together. Call me, John Cook, at 688-1561.

MEMBERSHIP NOTES

Friendly Dues Renewal Reminder

By Membership Director Bob Peterson

All 2018 membership/dinner forms have been mailed and 1/3 have already been returned. That's a great response and thank you to those who have already renewed their memberships. To those who have not yet, let this serve as a friendly reminder, and get your annual fund raiser tickets ASAP, too.

Catchy Releases

CDFW Expanding Lands Pass Program to Dozens of Properties in 2017-18

From <https://cdfgnews.wordpress.com>

October 31, 2017

The California Department of Fish and Wildlife (CDFW) is expanding its Lands Pass Program to 41 wildlife areas and ecological reserves this fall and winter and will soon require a CDFW lands pass of all visitors 16 or older. Those carrying a current hunting or fishing license are exempt from this new requirement.

CDFW's Lands Pass Program began in 1988 as a way to broaden the funding base beyond hunters and anglers to pay for conservation and habitat improvement on some of the state's most popular and frequently visited wildlife areas and ecological reserves. In 2013, the California Legislature directed CDFW to expand the program to more properties as a way for all visitors to contribute to the management of the places they enjoy and appreciate.

A daily lands pass costs \$4.32 and an annual lands pass costs \$24.33. Lands passes can be purchased online at www.ca.wildlifelicense.com/internetsales, by phone at (800) 565-1458 or in-person wherever hunting and fishing license are sold (please see www.wildlife.ca.gov/licensing for a list of locations). The passes are good at any CDFW-managed wildlife area or ecological reserve designated as a lands pass area. With the exception of the Elkhorn Slough Ecological Reserve, lands passes are not sold on site and should be purchased in advance. Though lands passes can be purchased from a smartphone and used immediately, many of CDFW's wildlife areas and ecological reserves are in remote locations with limited or no cell service or Wi-Fi availability. Signs will be posted notifying visitors of the need for a lands pass.

A lands pass already is required to visit six CDFW properties:

Elkhorn Slough Ecological Reserve in Monterey County
Gray Lodge Wildlife Area in Butte County
Grizzly Island Wildlife Area in Solano County
Imperial Wildlife Area in Imperial County
Los Banos Wildlife Area in Merced County
San Jacinto Wildlife Area in Riverside County.

Beginning in November, a lands pass will be required to visit the following 11 properties:

Ash Creek, Bass Hill, Honey Lake and Willow Creek wildlife areas in Lassen County
Battle Creek Wildlife Area in Tehama County
Butte Valley, Horseshoe Ranch and Shasta Valley wildlife areas in Siskiyou County
Mouth of Cottonwood Creek Wildlife Area in Shasta County
Napa-Sonoma Marshes Wildlife Area (Green Island Unit only) in Napa County
Woodbridge Ecological Reserve in San Joaquin County (beginning Nov. 15)

Starting January 2018, a lands pass will be required at the following 23 properties:

Batiquitos Lagoon, Boden Canyon, Buena Vista Lagoon and San Elijo Lagoon ecological reserves and Hollenbeck Canyon and San Felipe Valley wildlife areas in San Diego County
Upper Newport Bay (Big Canyon Unit only) Ecological Reserve in Orange County
Canebrake Ecological Reserve in Kern County
Crescent City Marsh, Elk Creek Wetlands and Lake Earl wildlife areas in Del Norte County
Eel River, Elk River Wetlands, Fay Slough and Mad River Slough wildlife areas in Humboldt County
Hope Valley Wildlife Area in Alpine County
Mendota Wildlife Area in Fresno County
North Grasslands and Volta wildlife areas in Merced County
North Table Mountain Ecological Reserve in Butte County and the Upper Butte Basin Wildlife Area in Butte and Glenn counties
Tehama Wildlife Area in Tehama County
Yolo Bypass Wildlife Area in Yolo County

Starting February 2018, a lands pass will be required at the Bolsa Chica Ecological Reserve in Orange County.

For more information on CDFW's Lands Pass program, please visit www.wildlife.ca.gov/licensing/lands-pass.

Media Contacts: Julie Horenstein, CDFW Lands Program, (916) 324-3772; Peter Tira, CDFW Communications, (916) 322-8908

Dungeness Crab Season Opener-Nov. 4th

From <https://nrm.dfg.ca.gov/>

Is there anything more quintessentially Californian than Dungeness crab for the holidays? California's recreational crabbers once again have the opportunity to be the heroes of their holiday parties and family get-togethers by sharing their freshly caught Dungeness crab. Anglers are limited to 10 crabs a day, and minimum size requirements apply.

This year, the recreational Dungeness crab season opens statewide on Saturday, November 4, 2017. The daily bag and possession limit for Dungeness crab remains at ten crabs per day with the minimum size limit of 5¾ inches measured by the shortest distance through the body from the edges of the shell directly in front of and excluding the points (lateral spines). Dungeness crab can be taken in all ocean waters of the



state where they occur, excluding San Francisco and San Pablo bays. They can be taken using hoop nets, crab traps and/or crab loop traps, also known as crab snares, or skin and scuba divers may take them by hand. Dungeness crab can be taken in freshwater areas of the state between Del Norte and Sonoma counties only by hand or hoop net during the open season, and the same daily bag and size limits apply.

Please Note: The California Department of Public Health issued an advisory warning crabbers to avoid consuming the viscera of Dungeness crab caught along parts of the north coast.

Reel News

* The 2018 January Club Slide Show

Every year in January, we are treated to a slide show composed of photos we have taken of our many fishing exploits and other club activities, so in keeping with that tradition, it's time to turn in any and all photos you have taken on club fishouts or fishing trips you've taken on your own to Rich Rubin, at richr@cruzio.com, and Michael McGannon, michaelmcgannon@comcast.net. They need your photos no later than December 15th, so cull through your digital media and get those pictures sent to them ASAP!

The club would like to express its gratitude to Chris Walters, who composed the slide show for many years, and is now handing it over to Rich and Michael. Thanks, Chris!

* The Annual Fund Raiser – January 20, 2018

Our Annual Fund Raiser is happening the third Saturday of January 2018, and it promises to be the best ever, featuring wild-caught Alaskan coho salmon, side dishes from the Monterey Fish House, hors d'oeuvres by our esteemed Elaine Cook and her able crew, a silent auction of special hand-crafted items, and of course, a ginormous raffle chock full of amazing prizes. Our corporate donors are always very generous, but we can always use donations from our members, so if you have a service or special skill that you would like to donate, please contact our Annual Raffle Director, John Steele, at owlspad@me.com, or call him at 831-476-0648.

MONTHLY RAFFLE

Christmas Shop the December Monthly Raffle

By Monthly Raffle Director Jeff Goyert

Looking for the perfect Christmas gift for someone wanting to join the ranks of fly fishers or maybe you need additions to your own quiver? Either way, we have you covered in our monthly raffle with a nice 6 weight 9 foot four-piece Premier rod. It has a carbon fiber style reel seat with two knurled seating rings along with nine guides and a tip top.

Matched up with this rod is a Cabela's Prestige II Premier reel, which features a large arbor design for rapid line pickup. The spool and frame are both ported cast aluminum for light-weight and strength. The drag is a stacked carbon disc system that provides control and durability.

One thing that we fly fishers all seem to have is a lot of "stuff", consequently we need something to put all this "stuff" in.

Take a look at this Fishpond style V-mesh vest. Fully adjustable with more zippered pockets than I could count with both hands.



Padded shoulder straps keep you comfortable all day while the mesh back provides ventilation on hot summer days. This vest rides high and dry when used with your float tube and is loaded with D-rings, rod straps, and a back hang net tether.

Not to speak for all of us, but let's just say that some of us sometimes need some help tying up tiny flies with skinny leaders; think 7x fluorocarbon on a number 22 dry. To the rescue comes, from Carson, a clip-on, flip-up "Visormag". It turns your hat into a hands-free +3.00 magnifier. It fits most hats or hat cap brims and comes with a protective carry case.

Cast of Thousands

WANTED:

4/5 Battenkill Reel

I gave my favorite old Battenkill 4/5 reel to my daughter and am looking for a replacement.

Anyone have one in a drawer, not being fished?

Thanks, Tom Pelikan 831-601-8270 tbpelikan@comcast.net

FOUND:

Tools and thread at the November Fly Tying Class

Call Elaine if you are missing yours. 688-1561

FREE!

Wading shoes, felt sole, size 8

Nearly new. Call Jon (831)247-2897

FOR SALE:

Mad River Canoe 14 ft. Tahoe model

Oars included; Great condition

\$350.00 - Contact Joe Bigas

831-476-2711; bigas@surfnetc.com

MISCELLANEOUS GEAR

1. 12 wt., 9 ft., 4 piece Albright fly rod - \$200

2. Ryall 2-3 wt. fly reel - \$100

3. Tioga 7 wt. reel w/intermediate line - \$100

4. SOSpenders life saver wader suspenders - \$50

Call John at 831-476-0648; owlspad@me.com

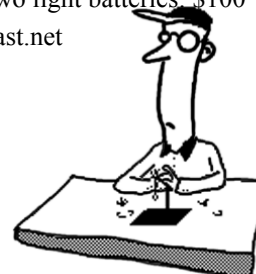
FOR SALE:

Dave Scadden 2018 Detonator Lo Pro pontoon boat

Used once. \$600

Minn Kota 30 lb electric motor, and two light batteries: \$100

Robert 408-335-8000; lbtrout@comcast.net



GEARING UP

Pyramid Lake Fishout-Mar. 18th-24th 2018

Fishmaster: Mike White - (831) 706-5556

The Pyramid Lake fishout is one of the best-attended fishouts the club has, and for a good reason. Large fish cruise parallel to the shore in easy casting distance from shore. Cost for the week including meals and lodging and is around \$300+ per person depending on the number in attendance. You need not fish all six days as there may be openings (usually later in the week.) Contact Mike for more details (831) 706-5556, to check on openings, or be put on a waiting list. First come first served.

You can also make your own arrangements either by bringing your own RV (Crosby's Lodge has hook-ups and sells permits to park on the any of the beaches along the lake) or staying in Reno. Reno is 45 minutes away. Call Crosby's lodge to inquire about last minute cancellations in their cabins as well (775) 476-0400 and check out their website to see what the cabins look like at www.crosbylodge.com. The General Store in



Sutcliff offers meals on selected nights only to those who call in before 2:00 PM. Check at the General Store for details.

Equipment: 6-9 weight rods with hi-speed, hi-D shooting heads or fast sink integrated lines to fish the bottom in 6 to 9 feet of water, and a floating line for indicator fishing. You should bring a stripping basket and a ladder that will accommodate it. A ladder helps to get you up out of the cold water and enable you to cast out to where the fish are. You can still catch fish without one but not with near as much consistency.

Flies: Woolly buggers in black, white, purple, olive, midge, caddis and mayfly nymphs to name a few. If as in years past the Con-fab in February is offering the opportunity to see how some of the best Pyramid patterns are made plan to attend and bring a vise and tie some yourself. Flies may also available from club member

Jim Hall who ties some very good flies specific to Pyramid cut-throat as well as other species at reasonable cost. His number is (831) 713-6835. There is a general store with provisions as well as tackle and an assortment of flies.

How to get there: Take US 80 to Reno-Sparks, take the Pyramid Blvd. off ramp and go north about 35 miles. Crosby Lodge is at Sutcliff, near the Ranger Station.

If you have any questions about equipment or how to get there, check the "Gearing up" columns in the March 2007-2009 archives on our great club website, or call Mike White at (831) 706-5556.

If you are considering going to Pyramid again this year with the club and you have not already done so, please contact the person who is booking the trailer you stayed in last year. Trailer-masters, if your trailer has gaps or cancellations, you can call Mike so he can pass the names of members who don't

have lodging to fill the empty spots.

Fishing, Camping, and New Ladder Regulation:

Fishing and camping permits can be purchased online prior to the fish-out. We would highly recommend doing this. Go to www.plpt.nsn.us to obtain your licenses. There is also an RV Park available at (775) 476-1155.

As with any great fishery there are always a long list of rules and regulations. We would recommend you review them on the website above. Suffice to say those of us who have been going to Pyramid Lake for many years are a good source of information as well. We will help inform and guide all newcomers.

15.6 USE OF LADDERS, ETC. Any ladders, milk crates, boxes or other objects used in the water as a fishing aid must be occupied or closely attended (i.e. remain in the area) by fishermen at all times.

LifeLines

Keeping Warm

From <http://jayeckguides.com/>

A lot of time is spent talking and writing about winter fishing and how to go about it. What is not talked or written much about is, how to stay warm. Staying warm and comfortable is the real challenge to winter fishing. Over the years of winter steelhead fishing I have spent a lot of time standing in some really cold water. I have experienced some of my greatest days and some of the most miserable days during the winter.

As a guide I have spent a lot of time talking to clients before we fish, during the winter about being prepared for the cold water. Fishermen new to this type of fishing do not realize how intense the cold water is, or how fast it can drain the heat out of their bodies. It is hard to concentrate on your fishing when you are so cold that you cannot see straight. Not to mention when you are running and jumping on the riverbank to warm up. I have found it a lot harder to fish properly while doing all of those calisthenics on the riverbank.

A good friend of mine put it best: "it is all about the insulation". As simple as this is, it is all about the insulation. A common mistake that I see all the time is that fishermen are dress-

ing for the air temperature instead of the water temperature. This mistake is made especially during a winter warm spell. The warm sun can trick you into venturing out on stream a little too lightly dressed. The air temperature may be in the mid 40s degrees, but these winter warm spells will mean snowmelt that will cause the rivers to rise. That can make a lot of cold water. It will take a few good layers of clothing, to keep the cold water from draining the heat out from lower body.

The key to keeping warm is in the layering of clothing and how that layering is done, from the long underwear to the socks and out to the waders and wading coat. It is not how much clothing, but what type and how it is incorporated into a layering system that will keep you warm.

Keeping Warm - First layer:

The first step is to stay dry. I am not talking about the river water but the moisture that is always coming from your body. The moisture from your body can make you just as wet as those lovely holes that we keep finding in our waders. Moisture wicking long underwear is a must. I like the long underwear made

cont'd. on p. 7...

...LifeLines - cont'd. from p. 6

from Polar-Tex the best. Use the expedition weight in both tops and bottoms. You will want the heaviest you can find. I have put on two pair of lighter weight, to get the warmth I need. Remember to keep your feet warm. You must keep the rest of your body warm and that means your legs. Your feet can become blocks of ice and your legs can still feel fine. The problem is that all the heat in your blood is used to keep your legs warm, and your feet will freeze. Just like a non-insulated hot water pipe, all the heat is used before it gets to where it is going. As for the feet, I like the new smart socks that are now available.

One pair of smart socks followed by a larger pair of wool socks over the first pair. I will sometimes use two pair of wool socks over the smart socks if I have enough room to do so. I do not want my feet packed in to the boots too tightly.

Second layer:

Polar-Tex fleece is the ideal choice for the second layer. Once again tops and bottoms and go for the heaviest that is available.

The fleece is also a good layer for wearing under the waders. When it comes to the extra layers on top a fleece coat or a wool shirt or even a wool sweater is a good choice. I will add layers or take off layers on my upper body, depending on how cold or warm the water or my activity might be. It is still important to be using clothing that will wick moisture away from the body.

Third layer:

This is where the waders and wading coat will come into play. When it comes to the waders, forget about the light breathable waders. This is boot foot neoprene time of the year. There is no way you can cram enough clothes into a pair of breathable waders, to keep your feet warm. When it comes to keeping your feet

warm, boot foot waders will help to keep the water pressure away from your feet, and add a little air space. For really cold water 5 mm neoprene is always the best. However some fishermen like three or four mm neoprene. Waders with removable boot liners are a big help with staying warm. Remember to dry the feet thoroughly after each day of fishing. There is nothing like putting on a pair of wet cold waders first thing in the morning.

There is nothing like Gore-Tex, when it comes to a wading coat. It is breathable, waterproof and wind proof. I like a coat that has large pockets, so I can carry a box or two of flies and a

few tools and some tippet; I like to fish light during the winter. There are a few good wading coats that are not made from Gore-Tex that are available. They are less expensive but they are not as breathable as the Gore-Tex, but they do work just fine.

Next to the feet, the hands are the hardest to keep warm. They are always getting wet and the wind is constantly blowing. Some days it seems almost impossible to warm your finger. One trick that I use is to carry a towel around my

neck to dry off my hands and I will always carry a pair of extra gloves with me. I like to use gloves that have a long wrist the long wrist helps to keep the fingers a little warmer. For most winter fishing fingerless gloves made of wool or fleece will work just fine. Another thing that you can do is to stick a chemical heat pack into one of your pockets. These heat packs can be a big help on a day when your hands are constantly getting wet.

As I have said the real challenge to winter fishing is to stay warm and comfortable. If you are not comfortable there is no way you can concentrate on your fishing. Winter fishing, is supposed to be fun and not something to be endured. Just remember the old saying, you can always take it off if you get too warm.



FLY OF THE MONTH

A & W Larva
Submitted by Elaine Cook

In the winter there are few hatches and midge larva become the primary food source for trout. Fish this pattern below an indicator or sinking line. This is a very easy fly to tie.

Hook: TMC or TFS 2487, Dai-Riki 135 (scud hook) sizes 18 - 22.

Bead: Rootbeer glass bead (found in craft stores such as Beverly's or in fly shops), size appropriate for hook (see diagram)

Thread: Tan 8/0 Uni.

Body: Summer brown thread (Coats & Clark brand). This is regular thread for sewing and can be found in fabric stores such as Beverly's or Hart's

Collar: Summer brown thread



1. Crimp barb.
2. Thread on bead to behind hook eye.
3. Attach tan thread behind bead.
4. In order to get the correct body thickness, follow the wrapping directions as follows:
 - A. **Size 18 hooks:** Using touching wraps, wrap to part way around bend of hook, then forward to behind bead. Tie in body thread. Using touching wrap, wrap to rear as above, then forward to behind bead. Make a couple of snug tan thread wraps.
 - B. **Size 20 hooks:** Tie in body thread. Using touching wraps, wrap to part way around bend of hook, then forward to behind bead. Make a couple of snug tan thread wraps.
 - C. **Size 22 hooks:** Tie in body thread. Wrap body thread to top of shank with touching tan wraps to part way around bend of hook, then tan thread back to behind bead. Make touching wraps of body thread up to bead, then make a couple of snug wraps with tan thread.
5. Wrap a generous collar with body thread (see diagram). Tie off with snug tan thread wraps behind bead (only three wraps). Cut excess body thread.
6. Whip finish with only three wraps.
7. Cut thread.
8. Using bodkin, apply a very small amount of thread cement to final wraps. Glue dulls the bead, so avoid getting glue on it.

RECIPE OF THE MONTH

Dungeness Crab Cakes

From <https://savorthebest.com/dungeness-crab-cakes/>

Ingredients:

- 1 whole egg
- 2 tablespoons finely chopped chives or scallions
- 2 tablespoons finely diced red bell pepper
- 2 tablespoons finely diced celery
- 1 tablespoon finely copped fresh dill
- 1 teaspoon Old Bay seasoning mix
- juice of half a lemon
- 1 pound fresh Dungeness crab meat, picked over with any cartilage removed
- 1/2 cup panko bread crumbs plus additional
- 1 cup toasted panko bread crumbs for breading
- 1 tablespoon olive oil

Instructions:

1. Preheat the oven to 375°F
 2. Line a baking tray with parchment paper
 3. Add the egg to a medium-size mixing bowl and whisk to combine. Add the scallions, red bell pepper, celery, dill, Old Bay seasoning mix and the lemon juice. Mix together and add the crab meat and 1/2 cup of panko bread crumbs, adding additional bread crumbs if needed in order that the mixture holds its shape when squeezed together.
 4. Divide the mixture into six equal portions and shape each portion into a small cake about 3-inches in diameter and 3/4 inch thick.
 5. Place on a plate and refrigerate for 30 minutes.
 6. Meanwhile, add the 1 cup of bread crumbs to a bowl and toss with the olive oil, spread the crumbs out on the lined baking sheet and toast them in the oven just until golden. Remove and cool.
 7. Coat each cake in a shallow dish of bread crumbs, pressing the crumbs firmly into the surface.
- Place the cakes on the same parchment lined baking sheet used for the crumb toasting and transfer to the middle rack of the oven and bake for 20 minutes. Remove from the oven and transfer to a serving plate.



DECEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Full Moon ☉	4	5	6 Club Meeting Aptos Grange 7 PM	7 Pearl Harbor Day	8	9
10 Last Qtr. ☾	11	12 Hanukkah begins	13 Fly Tying Class Aptos Grange 7 PM	14	15 Deadline for sending in photos for Jan. Slide Show	16
17 Newsletter Deadline	18 New Moon ☉	19	20 Board Meeting Steele home 7 PM	21 1st day of Winter	22	23
24 Christmas Eve New Year's Eve 31	25 Christmas Day	26 1st Qtr. ☾ Kwazaa begins	27	28	29	30

JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Year's Day	2 Full Moon ☉	3 Club Meeting Aptos Grange 7 PM	4	5	6
7	8 Last Qtr. ☾	9	10 Fly Tying Class Aptos Grange 7 PM	11	12	13
14	15 Martin Luther King Jr. Day	16	17 New Moon ☉ Board Meeting Steele Home 7 PM	18	19	20 Annual Fund Raiser Peace United Church 5 PM
21 Newsletter Deadline	22	23	24 1st Qtr. ☾	25	26	27
28	29	30	31 Full Moon ☉			