

Santa Cruz
Fly Fishermen
Est. 1977



To promote,
educate, and
enjoy the sport
of fly fishing

JANUARY

2020

CLUB MEETING

Date: Wednesday, January 8th -

NOTE: This meeting is the **SECOND** Wednesday of the month, owing to the New Year's Day Holiday

Time: Open - 6:45 PM

Meeting - 7:00 PM

Place: Aptos Grange, 2555 Mar Vista Dr.

**The Annual Slide Show
presented by Rich Rubin**



This yearly tradition dates back to when it really was a slide show, people actually took photos with film cameras and had the film developed and put on slide mounts, and the slides were shown on the big screen with a Kodak Carousel slide projector. Some of you younger members probably don't even know what that was. Gradually, over time, most members gravitated toward digital cameras, shooting their "hero" photos of those big fish, and the beautiful scenery where the fish were caught, and the slide show became digital, too, with the slide show presenter composing the presentation on digital media, and showing it with a laptop or other digital device and a digital projector.

Thus it is that the "slide show" is now actually a digital visual feast, full of photos that you, the members, have taken over the past year, at club fishouts, club events, and on your own personal fishing trips. This is the one club meeting all year long that you can't miss, because no other presentation better illustrates what the Santa Cruz Fly Fishermen is all about: educating, promoting and enjoying the sport of fly fishing! If you have friends that want to know what it is we fly fishermen do for fun, this is the perfect way to show them, so bring them, too!

ANNUAL FUND RAISER

**Annual Dinner (and Raffle) January 25, 2020
by Annual Fund Raiser Coordinator Mark Traugott**

Be sure to save the date for our annual dinner on Saturday, January 25. Ticket sales are ongoing. We are strictly limited to 200 attendees, and last year we sold out, so buy your tickets as soon as possible. This is the SCFF's biggest event of the year and one of the club's financial mainstays, but it can only happen thanks to the volunteer labor of our members. Many of the key positions will be filled by "old hands" with years of experience putting on this first-class event, but we are always in need of more help, and we would especially like to involve new members and those who haven't previously taken the opportunity to participate, whether with food preparation in the kitchen (call Elaine Cook at 831-688-1561), or with the setup of the dining hall, the administration of the raffle, or the final cleanup (call me, Mark Traugott, at 831-338-6056.) We will do our best to find the right place for you.

Publisher's Note: The back page of your newsletter this month is a flyer for the fund raiser. Please print it out and give it to someone you think would enjoy our gala evening, or post it (with permission, of course!) at a local merchant's.



What's Inside:

President's Line, Fly Tying Class, Bait for Thought.....	p.2
Board, They Work 4U, Fishout Schedule.....	p.3
Catchy Releases.....	p.4
Catchy Releases (cont'd.), Monthly Raffle, Membership Note, Reel News.....	p.5
In Memoriam.....	p. 6 & 7
Gearing Up.....	p.8
Fly of the Month, LifeLines.....	p.9
Recipe of the Month, Cartoon.....	p.10
Calendar.....	p.11
Annual Fund Raiser Flyer.....	back page

President's Line

Happy New Year!

By President Tom Hogue



I hope you had a fun, peaceful, safe and joyous holiday. If there was fly fishing on your Christmas list, it looks like our California fisheries are going to be flowing nicely given the water we've already been getting this rainy season. The steelhead season is already off to a nice start with a number of young fish being photographed for our encouragement thanks to Barry Burt's regular examination of his legendary haunts.

This month's meeting will be on the 8th and is our annual slide show, one of the most popular and most fun club meetings. This presentation showcases all the fly fishing trips we did as members, our club fishouts, casting events, fly tying, and other memorable photos from the year. Rich Rubin does a beautiful job of organizing this and putting it together. Don't miss it.

The SCFF Annual Dinner/Fundraiser is just a few weeks away, where we will install our 2020 team of Directors and Committee Chairs. See Bob Peterson or any of us if you've not yet purchased your tickets; we are over half way toward selling out. The raffle prizes are as awesome as they have ever been and the dinner is something you can think of as an extension of your holidays!

I'm really thrilled to see new people stepping into roles on the board this year and I'm looking forward to their ideas for our club and its members. It's very rewarding to continually see three or four new people coming to the club meetings, joining and learning about fly fishing, our local waters, and sharing their interests. We truly have a lot of talented people.

Last year we started our first College Scholarship Fund by simply putting the word "Donation" at the bottom of our club membership form. With that, we generated \$1,000 to provide a contribution of \$100 to a male and female at five of our local schools, for those entering Environmental Sciences. I'm happy to say we are continuing this, adding two more schools and \$1,400. If you want to contribute to this, and see it grow, contact Bob Peterson.

If you're thinking about a trip this year - talk to John Cook about all the fishouts already on the schedule for 2020. And if you're thinking you'd like to put together a fishout of your own, as I've done a few times in the past, talk to John. It's easy to put together and always welcome.

FLY TYING CLASS

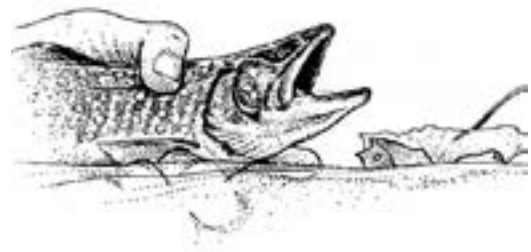
Fly Tying Class



This year, New Year's Day falls on the 1st Wednesday of the month, so our regular club meeting will be held on the second Wednesday, January 8th. Therefore, there will be no fly tying class in January this year. There will be free fly tying materials, flies, and fly boxes at the January Club meeting on January 8th.

Bait for Thought

Conscious Choice



"Choosing to become a fly-fisher, or at least committing to being a fly-only angler, makes me feel like I'm washing away the grime from my fishing tackle to reveal the beauty of what lies beneath."

- Fennel Hudson, *Fly Fishing - Fennel's Journal - No. 5*



2019 Board of Directors

They Work 4U

Officers:

President Tom Hogue 214-7578
 Vice President: Kevin Murdock 688-4518
 Treasurer: Jim Tolonen 475-8859
 Secretary: Angela Johnson (530) 320-

Committees:

Monthly Raffle: Jeff Goyert 462-3785
 Fishouts: John Cook 688-1561
 Newsletter Editor: Kirk Mathew 724-6811
 Webmaster/Newsletter: Pat Steele 476-0648
 Programs: Jim Black 688-8174
 Conservation: Steve Rudzinski 462-4532
 Membership: Bob Peterson 251-8655
 Fly Tying Master: Elaine Cook 688-1561
 Annual Raffle/Silent Auction: [POSITION UNFILLED]
 Annual Fund Raiser Coordinator: Mark Traugott 338-6056
 Marketing/Publicity: Michael McGannon 688-3025
 Facilities Coordinator: Stephen Rawson 588-9370

Ex Officio:

Fly Casting Master: Sam Bishop 476-6451

Member At Large:

Kathy Powers 728-4130

Board Meeting: The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time.

News: Members are encouraged to contribute news items. Submit copy to the editor, Kirk Mathew, 724-5611, k4mathew@sbcglobal.net. Please see calendar for the deadline each month.

Governor Gavin Newsom

1303 10th St., Ste. 1173
 Sacramento, CA 95814-<https://www.gov.ca.gov>
 (916) 445-2841



Department of the Interior

Washington, D.C. 20240
<http://www.doi.gov/index.html>

Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>
 San Francisco, CA 94104

Senator Kamala Harris

Washington D.C.
 112 Hart Senate Office Building, Washington, DC 20510
 Phone (202) 224-3553

Anna Eschoo, 14th District Congresswoman

698 Emerson St.; annagram@mail.house.gov
 Palo Alto, CA 94301 (650) 323-2984

Jimmy Panetta, 20th District US House of Representatives

228 Cannon House Office Building
 Washington, DC 20515
 Phone: 202-225-2861

Senator Bill Monning, Assembly Dist. 17

701 Ocean St., #318-A, Santa Cruz, CA 95060
 (831) 425-0401; <http://sd17.senate.ca.gov>

Assemblyman Mark Stone (D-Monterey Bay)

701 Ocean St, #318b, Santa Cruz, CA - (831) 425-1503
<http://asmdc.org/members/a29/>
 (Assemblyman Stone is Chair of the California Environmental Caucus)



Fishout Schedule

Date:	Location:	Target Species:	Fishmaster:
Late March	Los Baños Creek Reservoir	Bass and Bluegill	Dan Eaton 336-2933
Mar. 15-21	Pyramid Lake, NV	Lahontan Cutthroat Trout	Mike White -706-5556
Apr. 19-21	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
Apr. 25th	Los Padres Reservoir	Trout	Roy Gunter - 809-0316
April 17-19	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
May 1-3	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
May 31	Quail Hollow	Public Outreach	TBA
July 11-17	Green River, UT	Trout	John Steele - 476-0648
July TBA	Loreto, Baja Mexico	Salt Water Fishing	Rich Hughett - 757-5709
Sept. 19-26	Mammoth Lakes #1	Trout	John Cook - 688-1561
Sept. 26-Oct. 3	Mammoth Lakes #2	Trout	John Cook - 688-1561
Oct. TBA	O'Neill Forebay	Striped Bass	Steve Rudzinski - 462-4532
Monthly TBA	Local Beaches	Surf Fishing	Sam Bishop - 476-6451

Fishouts are one of the most enjoyed activities our club offers. I highly recommend club members to attend and possibly organize one. If you are thinking of sponsoring a club fishout, please give me a call. Club fishouts can be structured in many ways, from simple to involved. I will be glad to help you put one together. Call me, John Cook, at 688-1561.

Note: This schedule is subject to change. Check it periodically, and contact the fishmaster listed if you have any questions about a specific outing.

Catchy Releases

The Fish Trap

By Conservation Director Steve Rudzinski

We met today at the Rubber dam just upstream of Henry Cowell Redwoods State Park to get acquainted with the operation of the fish trap which was used last time six years ago that we released hatchery reared fish in Boulder Creek.

The MBSTP Steelhead capture research mission is to capture steelhead at the Felton rubber dam again this year, starting in January 2020 as per the agreement with Fish and Wildlife. Although our guide to the facility, Gordon Brofft, came out with his view for us to start with the fish trapping this weekend, (December 7th and 8th). We are all hoping to reach the goal of measuring and weighing and taking a small punch out of a fin for DNA analysis.

A group of 35 strong, all men and one female city worker to report on it all, walked through the routine of turning on the lights and waiting for them to slowly come on, unlocking the controls for the crane and climbing down a cold steel vertical ladder to a dock area holding a clever fish trap hooked to a two-ton winch on a track to roll in place and lower the basket into a slot to wait for fish to enter and be trapped.

There are four six hour shifts daily, signing up for the all-night shift being the least favorite and most likely the same

people will do it, because nobody else wants to. The goal is to keep going daily till 350 fish are recorded and it is expected that most fish will be wild fish with no fish clips. What was explained today was that these fish are expected to live seven years maybe more (about the time since we released fish from the hatchery).

I took some notes and our guide Gordon also explained a little about how it all works with the dam and pumping water to the Loch. Only one pipe goes both ways he said so no drawing of water while pumping and vice versa. The amount of electricity needed to power the motors used to pump water that far uphill are monstrous and gobble electricity (4175-volt pumps) and very costly to run. This year he said the

reservoir is just 5 feet low and normal rains should fill it up this winter, so no pumping.

Pumps scare the fish, he said, which avoid the trap. When the pumps are turned off, the fish move through. He said he saw a fish leap over the 8-foot dam wall to avoid the fish trap one time. Built in 1973, it was the answer to keeping a year-round clean supply of drinking water. What was discovered, he said, was that the watershed of only about 27 miles long had the highest rate of leach fields per acre than anywhere in California.



Muir Woods creek restoration project wraps up

By Will Houston - whouston@marinij.com

December 2, 2019 at 7:11 am

Just in time for the return of endangered coho salmon spawners, Muir Woods National Monument has completed an overhaul of Redwood Creek to give the struggling fish a better chance of recovery.

The latest achievement in the ongoing "Redwood Renewal" project overhauled a nearly half-mile section of Redwood Creek. A large part of the project sought to right the wrongs caused by past management of the creek.

"(The park) was managed for the visitor in mind and not necessarily, 'How is this going to affect the whole ecosystem?'" said park ranger Giessell Aguilar. "Natural resources management has definitely changed a lot in the park service over the last 100 years -for the better."

"We're putting nature back to how nature should be," Aguilar added.

The work, which started in August, focused on restoring natural habitat for the fish by removing boulder walls called riprap along the creek banks and placing large pieces of trees into the creek.

The riprap walls were installed by the Civilian Conservation Corps in the 1930s for the purpose of reducing erosion and flooding at the park. The stabilized banks, however, channeled the water into a swift current during the rainy season, which scoured away salmon eggs and salmon fry that were attempting to survive the long year-and-a-half in freshwater.

In addition, park staff in the past used to remove trees and large branches that would occasionally fall into the creek so

as to maintain a "clean and kept" look for the park guests, Aguilar said. However, these large pieces of fallen wood act as sanctuaries to the young coho as well as adult spawners working their way upcreek. The wood not only provides shade and cover from predators, but also interacts with the current in a way to form deep pools where salmon can take refuge.

To speed up this natural process, construction crews installed several large pieces of already-fallen trees at different points in the creek.

But the changes have consequences.

No longer confined by the riprap, the creek is expected to begin carving a new route. "These were stabilizing the banks artificially," said Aaron Rotman, a park public information coordinator. "So with those out, (the creek) is going to resume its natural path. So some of these trails that are really close are getting redirected or removed."

With the national monument seeing a million visitors per year, park staff decided to keep the park open during construction. This resulted in parking, trail and camping site closures along with the sound of trucks and chainsaws resounding between the towering redwoods.

Farley, one of the public information coordinators hired by the park to explain the project to visitors, said most visitors were understanding after learning the purpose behind the racket.

"When people know that they're saving the fish and that the creek will function as it once did, that sound almost becomes beautiful," Farley said.

Redwood Creek's population of coho salmon has come

...Catchy Releases - cont'd. from p. 4

very close to extinction in recent years, prompting biologists to capture and rear young coho at a Geyserville hatchery for several years. In the recent droughts, some salmon counts were in the single digits.

The National Marine Fisheries Service has set targets of 136 adult spawners to downlist the population to a threatened status. To be considered in recovery, the coho must reach 272 spawners. Last year, park biologists recorded about 30 salmon egg nests, known as redds, and about 88 adults in the creek's 9-square-mile watershed, though some of the adult counts may have been duplicates.

The work is far from over.

By early 2020, construction crews plan to relocate several water and wastewater pipelines farther away from the creek

at several locations around the park. This has several benefits, Aguilar said, including preventing the possibility of a sewage spill, improving fire flow and replacing aging pipes.

Two of the bridges that cross Redwood Creek are also set to be replaced and raised when the construction resumes in the summer of 2020. The purpose is to ensure the bridges will be able to survive in the event of a 100-year flood, Aguilar said.

Eventually, the park plans to restore another half-mile of the creek in similar fashion in 2021-2022.

All told, the Redwoods Renewal project is estimated to cost roughly \$15 million, said park ranger Mia Monroe, though the final cost is unclear.

NOTE: Don't forget to get your 2020 California Fishing License. Go to <https://www.ca.wildlifelicense.com/> now!

MONTHLY RAFFLE

Happy New Year/Happy Raffle Year!

By Monthly Raffle Director Jeff Goyert

Let's all make a New Year's resolution to spend more time fishing, spend more time with friends and family, and to buy more raffle tickets! You can't win if you don't buy a ticket.

Who would not want to win a nice Echo Carbon XL 5 weight rod with matching Avid TDC reel? This 9-foot 4-piece rod and reel will be your "go to" rig in the new year. Includes a Cordura-covered hard case and foam protective reel case.

Need something to motivate you to organize that seemingly countless collection of flies? Adams Built has a great little fly box case that holds five different flat fly boxes that will make fly organization a breeze. Great way to spend a cold winters night doing prep for the New Year's fishing adventures.



Speaking of cold winters nights, how about a pair of super warm "Lucky Fishing" socks. These socks are made in the USA by Trekker, designed for both warmth and comfort; most importantly they are "lucky". Two pairs will be up for grabs.

DOOR PRIZE/ EVERYBODY GETS A TICKET!

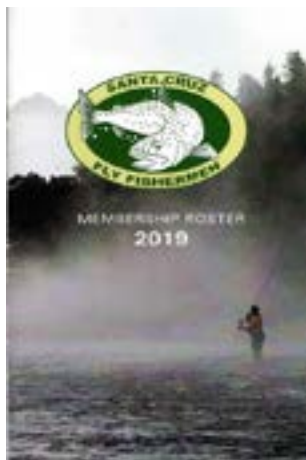
Your door prize ticket this month gets you a chance at a pair of free dinner tickets! In memory of Walt Robinson, we are giving away a pair of memorial tickets to the January 25th Annual Club Dinner. If you gave already purchased your tickets, use the prize tickets to bring friends to the dinner!

MEMBERSHIP NOTE

Thanks for Your Response
By Membership Director Bob Peterson

Thank you to those 90 members who have paid their dues and purchased annual dinner tickets. Dues can be paid and dinner tickets can be purchased at the Wednesday, January 8th meeting, or at the annual dinner. So far, we have received over \$1,000 in member donations.

Also, the Board approved that two annual dinner tickets be raffled at the January 8th club meeting, in memory of Walt Robinson's contribution to fly casting and the Club.



Reel News

*** Pleasanton Fly Show - February 21-23**

Alameda County Fairgrounds

Friday - 10 AM - 6 PM, Saturday - 9 AM - 5:30 PM, Sunday - 9 AM - 4:30 PM

Adults: 1 day - \$15, 2 days - \$25, 3 days - \$35

Children - under 5 - free, ages 6-12 - \$5

Scouts under 16 in uniform - free

Military with ID - \$10

For more details and to purchase advance tickets, go to flyfishingshow.com/pleasanton-ca/



IN MEMORIAM

Walt Robinson

The following are remembrances of Walt from some of the SCFF members who wanted to share experiences they had with him and how much he meant to them.

I don't remember when I met Walt, but it was when he was the Casting Instructor during the 90's. I was super young and kept my Sage SP Graphite 4 590 rod, and with Orvis Bat-tenkill in the trunk of my car. When I was working in Milpitas, in the semiconductor industry, Mona and I were just married and fly-fishing was just a couple years in my blood. Kathy Powers was encouraging me to look at getting on the Board and maybe taking on the Conservation Chair position because I was so interested in the state of the Steelhead and Coho in the San Lorenzo. Ernie's was still the place to hang out.

I took that 5 weight to work with me because Walt told me that practicing was the best way to learn how to manage the line attached to that stick. So, I went to the Ed Levin Park in Milpitas often. The grass was green and there was a lot of it. I ate a sandwich and spent the remainder of the time flinging this fly-rod many, many days. It was the best escape and refuge at the same time.

Walt taught me to double haul - the tried and true classic way. I heard another club member say tug-tug, tug-tug. And so, I practiced. We had the Con-Fab back then and Walt was often there. I leaned on him more and he was quick to point out what I was doing right and where I might try something different. He never had a negative tone and never said that I was doing anything wrong. He just pointed out what I could do better or different.

Cast away I did. Side arm, steeple cast, roll, stack casting, reach cast, and things like feeding line downstream, casting over both shoulders; the underhanded cast. There was even this crazy competition at the Ed Rice show where guys would show off by casting line - WITHOUT a rod. Or with 1/2 a rod, while they were sitting on the ground. Bring it on!

When I went to the Ed Rice show, I'd seen people getting their master casting certification. So, I asked Walt if he would help me. He never asked for a penny. He took a look at my line, butt section, leader and suggested what I might get for the best casting in this situation. We set up the reel together -and to this day, I set up every line, butt-section and leader the same way. It was a 5 weight Scientific Anglers line, about an 8" butt section of 30-lb. test needle-knotted to the fly line and nail knot tapered 5x 9' leader.

If you ever looked at Walt's hand when he was casting, it was as if he was drinking tea. I often mimic this, to the extreme, when I'm teaching today. He just had this delicate finesse with his thumb and three of his four fingers on the grip. It exemplified the art of this avocation - especially when fishing for trout.

I took my Master Casting Certification course. I remember the instructor strutting around like a pompous over-stimulated rooster. I was still new to the sport and had a 5 weight and an 8 weight - that I won at the dinner. The first question the

instructor asked me was "How many rods do you have?" Then he began to spout off having some eighty different rods, and went on from there. I was unimpressed and thought he must not have been a very good fisherman, but someone who just liked to boast about how much stuff he had.

It was really cold that morning I took my test in Pleasanton. There was ice on the casting pond and my roll cast slid around like an ice-skater that just fell off a double axel. It was more or less an inconvenience to me, and funny more than anything. But ole fly-rod collector was unimpressed. He failed me.

I was too new to care and having too much fun to give a shit over some guy stuffing his pants with 80 rods just to fail me. Who needs it? Walt told me I had it. I could cast as far as Kathy Powers and I'd only been at this a couple years. I didn't need a "master" anything to do this, teach, or love it. Walt said the same thing. And so, I kept having fun, and to this day, while I might not be the perfect FFI Master Caster - I have more fun teaching and demonstrating

this quirky thing we love, more than anything. I don't exactly consider myself a very good "fisherman", but I love casting.

At one point I even almost bought Walt's Triumph TR4A. It was white. A very pretty car. I wish I did.

Thank you, my friend, Walt Robinson - and Thank You, Lois, for being such an excellent partner, friend, wife. - *Tom Hogye*

My fondest memory of Walt was years ago, when we traveled out to Utah to fish the Green River. We shared a room with him and Lois at Flaming Gorge Lodge. Most of the days, we fished the river, we hiked up along its banks and cast from shore. The hiking path was well groomed, but took us up and over a high pass, and was by no means easy. We enjoyed catching many trophy-sized trout, browns, rainbows, even a couple of cutthroats, and while rigorous, it was an enjoyable day. When we finally got back to our room, we were all taking inventory of our many aches and pains. At that particular point in time, there was a Kentucky Fried Chicken commercial running on TV, where the Colonel is expounding on the superior quality of his product, while a lesser competitor was shrugging, saying "Eh. Parts is parts." Walt plopped down on the corner of the bed, exclaiming "parts is parts, and parts is FUSED!" We all cracked up. He had a quirky sense of humor and never failed to see the funny parts of any situation, buoying our spirits and not letting us feel sorry for ourselves or get into a negative mood. - *Pat Steele*

Something I will always remember about Walt were his teaching methods. As many of you already know, he was our club's Casting Master for many years. He would tell his casting students to "paint the ceiling" to teach them how to get a basic stroke going. To teach kids to cast, he would tell them to



...In Memoriam - cont'd. from p. 6

pretend the rod handle was a phone, and say "answer the phone" to get them to only go as far as their ear with the rod handle. To complete the cast, he'd say "hand it to your mom", and hold his hand out to stop them from bringing the rod too far forward. I wonder how many club members who first learned to cast a fly rod mentally tell themselves to "paint the ceiling" when they are casting. He left a tremendous legacy to our club and to the many men, women and children who learned to fly cast with him as their first teacher. - *John Steele*

So many memorable times with Walt, particularly on fishouts at Mammoth and the Lower Owens River. For years when I open my fly box that contains nymphs, I am reminded of him when I see something called a PVC. We were all fishing the Lower Owens. Walt was nymphing. Few fish were being caught when Walt came walking over to show me something he had impaled on his hook. There it was, a pale yellow caddis larva with black head. Walt says, "let's go tie something up that looks like this". Sitting at a picnic table we came up with a reasonable facsimile. Then took it back to the river. Walt nymphing, me with dry fly and guess who starting catching fish after fish? Yeah, Walt!! He dubbed the fly pattern "Pleasant Valley Caddis" to honor our location and insect species. Walt, you will be missed. - *Elaine Cook*

How sad to hear this today. Walt put me on the right path to making a better cast, I was pretty much a novice when I joined the club, his lessons and techniques remain with me always. He would give me a mantra: "tug-tug-tug" when learning the double haul. He said I was creeping when I cast "moving the rod forward slowly prior to making the forward cast". I know Walt put his love and his heart into his lessons and he was missed when he stopped coming to meetings and now that he has gone, rest in peace to Walt Robinson. - *Steve Rudzinski*

Thanks Walt, for showing me the finer points of casting and helping me learn to teach others the art. I was honored when you allowed me to assist. You may not know it, but I was very eager to learn everything I could from your methods. The casting contests at the Confabs were special to me, first of all because they were fun, but they made clear the reason to learn different techniques for different circumstances. I don't know anyone, no matter how good they are, that doesn't want to do better in their casting (and catching). With tremendous support from Lois, you set a very high standard which I will continue to try to approach. Thanks for that. We miss you. - *Sam Bishop*



GEARING UP

Pyramid Lake Fishout, March 15th-21st, 2020
Fishmaster: Mike White - (831) 706-5556

The Pyramid Lake trip is one of the best-attended fishouts the club has, and for a good reason. Lahontan Cutthroat Trout cruise parallel to the shore in easy casting distance from shore. Cost for the week including meals and lodging and is around \$300-plus per person depending on the number in attendance. You need not fish all six days as there may be openings (usually later in the week.) Contact Mike for more details (831) 706-5556, to check on openings, or be put on a waiting list. First come first served.

You can also make your own arrangements either by bringing your own RV (Pyramid Lake Lodge has hook-ups and sells permits to park on the any of the beaches along the lake) or staying in Reno. Reno is 45 minutes away. Call Pyramid Lake Lodge to inquire about last minute cancellations in their cabins as well (775) 476-0400 and check out their website to see what the cabins look like at www.pyramidlakelodge.com. The General Store in Sutcliff offers meals on selected nights only to those who call in before 2:00 PM. Check at the General Store for details.

Equipment: 6-9 weight rods with hi-speed, hi-D shooting heads or fast sink integrated lines to fish the bottom in 6 to 9 feet of water, and a floating line for indicator fishing. You should bring a stripping basket and a ladder that will accommodate it. A ladder helps to get you up out of the cold water and enables you to cast out to where the fish are. You can still catch fish without one but not with nearly as much consistency.

Flies: Woolly buggers in black, white, purple, olive, midge, caddis and mayfly nymphs to name a few. Flies may also available from club member Jim Hall who ties some very good flies specific to Pyramid cutthroat as well as other species at reasonable cost. His number is (831) 713-6835. There is a general store with provisions as well as tackle and an assortment of flies.

How to get there: Take US 80 to Reno-Sparks, take the Pyramid Blvd. off ramp and go north about 35 miles. Crosby Lodge is at Sutcliff, near the Ranger Station.

If you have any questions about equipment or how to get there, check the "Gearing up" columns in the March 2007-2009 archives on our great club website, or call Mike White at (831) 706-5556.

If you are considering going to Pyramid again this year with the club and you have not already done so, please contact the person who is booking the trailer you stayed in last year. Trailer-masters, if your trailer has gaps or cancellations, you can call Mike so he can pass the names of members who don't have lodging to fill the empty spots.

Fishing, Camping, and New Ladder Regulation: Fishing and camping permits can be purchased online prior to the fish-out. We would highly recommend doing this. Go to www.plpt.nsn.us to obtain your licenses. There is also an RV Park available at (775) 476-1155.

As with any great fishery there are always a long list of rules and regulations. We would recommend you review them on the website above. Suffice to say those of us who have been going to Pyramid Lake for many years are a good source of information as well. We will help inform and guide all newcomers.



15.6 USE OF LADDERS,

ETC. Any ladders, milk crates, boxes or other objects used in the water as a fishing aid must be occupied or closely attended (i.e. remain in the area) by fishermen at all times. Any person who leaves such objects unoccupied in the water for more than one hour will be deemed guilty of littering. 15.6.1 Fishing aids described above must have a permanent tag affixed that has the name, address, and phone number of the owner of the fishing aid. If the permitted angler

using the fishing aid is not the owner, the owner will be the responsible party for any infractions by the permitted angler.

Last year I observed people parked closer than 100 feet to the lake. I asked several of them about it, and the response was the Rangers weren't enforcing it. This prompted me to contact the lead Ranger by phone. He said, "We are most definitely going to enforce the 100-foot ordinance!" So, when parking your vehicle, you must be a minimum of 100 feet from the lake's water line. Also, you need a permanent tag affixed to your ladder with your name, address, and phone number on it. Most of us who use fiberglass ladders use a heavy black magic marker to write the necessary information directly on the ladder. There are also tags which can be purchased from local fly shops, for a fee.

This year I have four trailers reserved. (6,7,8, and 9) As of November 1st 2019 all trailers are full. Of course, we will always try to accommodate any newcomers, so contact Mike at (831) 706-5556 and we will figure out a way for you to experience the thrill of catching a 10-plus pound LCT. You can always make your own arrangements by contacting the Pyramid Lake Lodge at (775) 476-0400. Mike White (831) 706-5556, lumberguy73@hotmail.com

NOTE: Due to insurance regulations, all attendees must be paid up members of Santa Cruz Fly fishermen, so get your membership paid up if you haven't done so yet.



FLY OF THE MONTH

Vernille Caddis
Submitted by Elaine Cook

This is one of my "go to" flies. A caddis hatch does not need to be occurring for trout to gobble it up. The larger sizes work well for in the Rocky Mountains, smaller in the Sierras. Fish with a floating line, drag free in moving water.

Hook: TMC 2487, sizes 10 - 16
Thread: Olive or olive dun, 8/0
Body: Orvis Olive Vernille, Ultra Chenille, or Velvet Chenille Hareline Dubbing Co., small or fine.
Underwing: Dun spooled antron, light or dark
Hackle: Dun, light or dark to match underwing
Wing: Light deer hair



1. Crimp barb.
2. Attach thread behind hook eye, wrap to rear with touching wraps to hook point.
3. Take the body material and using a candle, carefully melt the end of the strand by placing it near the base of the flame. Apply Super-Glue to the thread wraps. Place body material on top of shank, melted end extending to above hook point. Tie in place with spiral wraps up to 2 eye lengths behind eye. Cut excess.
4. Cut underwing material to even fibers. Lay on top of body with tips slightly beyond end of body; tie in. Cut excess and tie down butt ends which will end up right behind hook eye. Splay fibers.
5. Select hackle with barbs equal to slightly less than hook gap. Prep feather by removing fuzz and "crew cutting" stem. Tie in between body and eye, tip to rear, dark side toward you. Leave thread hanging behind eye.
6. Cut a matchstick-size bundle of deer hair; clean and stack. Tie in on top of thread wraps tips extending slightly beyond underwing, the 1st wrap around the hair only, then firmly around hair and shank to splay fibers. Stroke butt hairs into bundle over eye. Wrap a thread collar back to body. Advance thread to eye. Make one wrap around bundle of hair, then one around collar. Trim head at an angle. (see diagram)
7. Make hackle wraps toward hook eye. Tie off, cut excess. Tie half-hitch under head, behind hook eye. Apply Super-Glue or Zap-A-Gap to finish.

LifeLines

Stay Hydrated in the Winter Months From <https://www.hprc-online.org>

Most people associate dehydration with hot weather, but you can get dehydrated in cold weather too. It isn't always easy to get the fluids you need, especially when you're on a mission. If you're active outside for less than 2 hours, your risk for getting dehydrated is probably pretty low. But if you're out in the cold for hours or even days, the combination of heavy clothing and high-intensity activity that makes you sweat could lead to dehydration.

Dehydration happens in cold weather for a number of reasons. Cold weather tends to move blood and other body fluids from your arms and legs to your core, increasing your urine output. Cold weather also decreases your body's thirst sensation, which is normally an early sign of mild dehydration. Other signs of dehydration include headache, dry mouth, fatigue, muscle cramps, constipation, dry skin, and feeling dizzy or light-headed.

One way to see how hydrated you are is to check the color and amount of your urine. (Snow makes a good test spot.) Dark urine in smaller amounts than usual indicates dehydration. Ideally, your urine should be light yellow.

Water and sports drinks are the best fluids to help you stay hydrated, even in cold weather. Energy drinks can have diuretic effects, dehydrating your body, so avoid using them as a substitute for water or sports drinks. Also avoid drinking alcohol in cold weather. It might make you feel warm initially, but it can reduce your body's ability to retain heat.

When you exercise in the cold, don't rely on thirst to

tell you when you need to drink. Drink often and before you're thirsty. You should take in 3 to 6 quarts of fluid per day (including what's in your food) during cold-weather training and operations. Make sure to take in enough electrolytes (minerals in your blood such as sodium and potassium) if you'll be out for more than 2 hours. Drinking too much plain water can cause hyponatremia (low sodium levels in your blood), which can result in severe brain damage or death.



RECIPE OF THE MONTH

Oh, Cod!

From www.allrecipes.com

Ingredients:

- 2 tablespoons olive oil
- 1/2 onion, chopped
- White Onion, Large
- 1 clove garlic, chopped
- 1 teaspoon lemon pepper
- 1 (3 ounce) fillet cod, or more to taste
- 2 tablespoons dry white wine
- 1 tablespoon grated Parmesan cheese, or to taste (optional)



Directions:

1. Heat olive oil in a large frying pan over medium-high heat; cook and stir onion, garlic, and lemon pepper until onion is slightly tender, about 3 minutes. Add cod to the frying pan, flipping the cod over to coat both sides with oil.
2. Cook cod in the onion mixture until it flakes easily with a fork, occasionally sliding fish around so it doesn't stick, about 4 minutes per side.
3. Pour wine into the frying pan and bring to a boil while scraping the browned bits of food off of the bottom of the pan with a wooden spoon. Slide the cod around the pan, flip it over, and slide around again until coated in wine, about 1 minute.
4. Transfer cod to a serving plate; top with onion mixture and Parmesan cheese.



JANUARY 2020

NOTE: CLUB MEETING IS NOT ON 1st WED. DUE TO NYD HOLIDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day	2 1st Qtr. ☾	3	4
5	6	7	8 Club Meeting 7 PM Aptos Grange (no FlyTyingClass)	9	10 FullMoon ☽	11
12	13	14	15 Board Mtg. 7 PM Steele home	16	17 LastQtr. ☾	18
19	20 Martin Luther King Jr. Day	21	22	23	24 NewMoon ●	25 Annual Fund Raiser-5PM Peace United Church
26	27	28	29	30	31	

FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 1st Qtr. ☾
2	3	4	5 Club Meeting Aptos Grange 7 PM	6	7	8
9 FullMoon ☽	10	11	12 Fly Tying Class Aptos Grange 7 PM	13	14 Valentine's Day 	15 LastQtr. ☾
16	17 President's Day	18	19 Board Meeting Steele Home 7 PM	20	21 Pleasanton ←	22 Fly Show
23 NewMoon ● Pleasanton Fly Show →	24	25	26 Ash Wednesday	27	28	29

THE PUBLIC IS INVITED TO THE
SANTA CRUZ
FLY FISHERMEN **Z**

WILD-CAUGHT SALMON FEED



\$40 PER PERSON \$25 (AGE 12 & UNDER)

TICKETS AVAILABLE:

**NORTHBAY FORD
1999 SOQUEL AVE, SC
SEE CALI-MAIN SHOWROOM
CHECKS ONLY, PLEASE**

**BY MAIL:
JIM TOLONEN
P.O. BOX 1119
SOQUEL, CA 95073**

**SAT., JAN. 25, 2020 - 5:00 PM
PEACE UNITED CHURCH OF CHRIST
900 HIGH ST. SANTA CRUZ**

**INCREDIBLE RAFFLE PRIZES
PHENOMENAL AUCTION**

WWW.SANTACRUZFLYFISHERMEN.ORG