

**JUNE**

**2017**

## CLUB MEETING

**Date:** Wednesday, June 7th  
**Time:** Open 6:45 PM  
 Meeting – 7:00 PM  
**Place:** Aptos Grange, 2555 Mar Vista Dr., Aptos

**Fly Fishing Tactics for the Eastern Sierra**  
*Guest Speaker: Joe Contaldi*



**J**oe Contaldi is a force to be reckoned with when it comes to the Eastern Sierra. He stalks trout from the East Walker River in Bridgeport to the Lower Owens River in Bishop, CA, and his enthusiasm is catching. This man really loves what he does. With each body of water discussed, he will show us what flies and nymphs he used to lure the wily trout and how we might procure some for ourselves.

“Matuka” Joe is the owner and lead guide for Performance Anglers Guide Service in Mammoth Lakes, CA. He started his fishing career as a child in the New Jersey countryside. He relocated to Southern California during his high school years. He joined up with an outdoor retailer and soon began running saltwater charters, giving fly-casting demonstrations, lecturing at fishing clubs and outdoor expos. A few years later he was traveling the world in search of sport fishing adventures; this is when he discovered the Eastern Sierra wilderness and her blue ribbon trout streams.

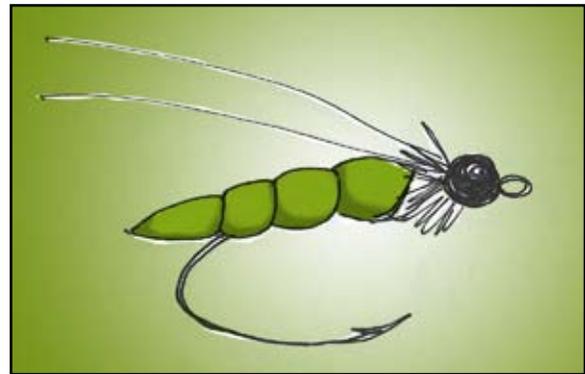
For several years he taught beginning fly fishing clinics as a service to new anglers in the Los Angeles area. It was here that he met his wife Julia, and they are still fishing together today. In his off time, Joe enjoys fishing and hiking with their boys, Quinn and Logan.

This presentation focuses on the waters open during the fishing season, from Bridgeport to Mammoth Lakes. Joe informs us of the best equipment to use and how to present both dry and wet flies for success. Bodies of water covered are Hot Creek, East Walker and the Upper Owens River, Crowley Lake and three hike-in lakes: Kirman, Parker and Walker. He will also address the winter fly fishing experience on these waters as well.

## FLY TYING CLASS

**Date:** Wednesday, June 14th  
**Time:** Open – 6:45 PM  
 Class – 7:00 PM  
**Place:** Aptos Grange, 2555 Mar Vista Dr., Aptos

**The Olive Beadhead Fox Pupa**  
*Instructor: Greg Foy*



**T**he June fly tying class will be the Olive Beadhead Fox Pupa, a caddis pupa imitation. Attendees should bring black 6/0 thread and their fly tying tools. There are some loaner tools available for newbies. Signup will be at the June club meeting or by phone. Greg 239-8780.

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# President's Line

## If You Just Can't Do Without River Fishing

By President Jim Black

I believe it is common knowledge that the majority of our rivers are flowing so much water, that fishing trips are being postponed into the fall, October and beyond, and the flows may or may not take into account the pending snow melt. Bill Ferrero, who offered SCFF discounted guide trips, to be used this year (2017) on the Mokelumne River, has extended the use of his certificates into 2018. I imagine others will follow.

We, the SCFF, had planned a new overnight shad fish camp for shad on the Yuba in June 6 and 7, out of Marysville, for fishing below the dam, which has now been cancelled entirely since the Shad will be long gone by August-September when the Yuba may be accessible.

Mark Traugott has postponed his trip on the Upper Yuba into the fall because of the incredible amount of water flowing.

Which brings me to one of the only rivers, that I am aware of which remains fishable, the Lower Sacramento. So here is some brief and interesting info about the Lower Sac. First, there is more information in great detail on the website for Shasta Dam. Briefly, it spans the Sacramento River above Redding and along with Keswick Dam, which creates a forebay, manages the flow of the mighty Sacramento, originally to provide flood control and hydraulic electric power for 15 Western States. The construction of Shasta Dam, begun in 1938, the time of the great

Depression, and was completed in 1945, as the second largest concrete dam in the County at that time, Hoover Dam being larger.

The numbers are very impressive, tons and tons of concrete were continuously poured from 1938 until its completion in 1945. Damming the Sacramento River created Shasta Lake as is well know, some 35 miles long.

Here are some facts I truly find fascinating; in 1997; Temperature Control Devices were installed in Shasta Dam to provide cold water downstream from a range of depths in Shasta Lake. I couldn't find the temperature range info, but am sure it exists and I believe it is 45 degrees. The Fly Shop in Redding, has long touted the temperature is being controlled to benefit first the migrating Salmon and Steelhead and then the wild trout,



which populate the river well below Chico.

Lots of fishermen rate the Lower Sac as one of the best tailwaters in the west and some have said it is one the best in the country. It is a float trip with a guide and the vast majority of fishing is under the surface, very little dry fly action. It is a treat to see activity along the river and to appreciate the size of it and see the adjoining land.

So if you would like to cure your river trout itch, the Lower Sac is the place to go. I personally try to fish it two to three times a year along with my friends, sons-in-law and grandchildren.

## MONTHLY RAFFLE

June is Busting Out All Over! Time to get serious about fishing!

By Monthly Raffle Director Jeff Goyert

What better way is there to get excited about a fishing trip than winning a new rod and reel? This month our lucky raffle winner will have their choice of one of five different outfits ranging from a feather-weight small stream 3 weight to a big gun bust through the surf 8 weight. In between we will have a 5 weight, 6 weight, and a 7 weight. Each rod includes a reel and a hard storage tube.

When you gather up all your gear for your big trip you will need something to pack it all in. Take a look at this classic Sage "Guide Line" tackle bag. Perfectly sized to hold and more importantly organize your fly gear; reels, fly boxes, tippets, leaders, indicators, extra spools, and a

turkey sandwich for lunch, and it's water resistant for that rainy day or for the bottom of a wet drift boat.



Those of us that attended the Club Confab in February enjoyed the presentation by Robert Ketley on "catch and release". One of the many things that he spoke to was the use of a "Ketchum Release" hook remover. It's a great little gadget to quickly remove a fly without touching or netting the fish. As guides are known to say "we don't kill our business partners"; the "Ketchum Release" goes a long way toward lowering fish mortality. Included with this prize is a copy of "California Fly Fisher" with Robert Ketley's article about catch and release.

## GONE FISHING

Swarts Ponds May 18th

Elaine and John Cook, and Bill Seaman

Taking advantage of one of the guide certificates that our president Jim Black acquired, three of us fished this private, large pond near Redding. It was a day in the 80's and quite windy which didn't help top water bass fishing, but that's how we caught them. Not great numbers caught but very quality

fish that exploded on the poppers. Even John Cook got in a float tube and bass fished! Watch for two moons in the sky. He, too, caught a number of good fish despite some interesting technique. Wow. Thanks Jim for the acquisition, and you, Jeff for running the show.

## 2017 Board of Directors

## They Work for You

### Officers

President	Jim Black	688-8174
Vice President	Milana Rawson	583-9370
Treasurer	Jim Tolonen	475-8859
Secretary	Roy Gunter	809-0316

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Raffle Coordinator	Jeff Goyert	234-0033
Membership	Bob Peterson	251-8655
Fishouts	John Cook	688-1561
Programs	Tim Loomis	426-4683
Conservation	Barry Burt	688-0187
News Editor	Kirk Mathew	724-6811
Webmaster	Pat Steele	476-0648
Fly Tying Master	Elaine Cook	688-1561
Annual Raffle	George Pike	423-2956
	John Steele	476-0648
Marketing/Publicity	Michael McGannon	688-3025
Annual Benefit Coordinator	Petar Ilic	475-0268
Facilities Coordinator	Steven Rawson	583-9370
Video Librarian	Mike DiCiano	688-1682

### Members at Large

Kathy Powers	728-4130		
Dennis Davie	566-7447	Pablo Grabiell	562-652-3771

**Board Meeting:** The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time

**News:** Members are encouraged to contribute news items. Submit copy to the editor, Kirk Mathew, 724-5611, k4mathew@sbcglobal.net. Please see calendar for the deadline each month.

### Secretary of the Interior Ryan Zinke

Department of the Interior  
Washington, D.C. 20240  
<http://www.doi.gov/index.html>

### Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>  
San Francisco, CA 94104

### Senator Kamala Harris

Washington D.C.  
112 Hart Senate Office Building, Washington, DC 20510  
Phone (202) 224-3553

### Anna Eschoo, 14th District Congresswoman

698 Emerson St.; [annagram@mail.house.gov](mailto:annagram@mail.house.gov)  
Palo Alto, CA 94301 (650) 323-2984

### Jimmy Panetta, 20th District US House of Representatives

228 Cannon House Office Building  
Washington, DC 20515  
Phone: 202-225-2861

### Governor Jerry Brown

Capitol Bldg., 1st Floor  
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

### Senator Bill Monning, Assembly Dist. 17

701 Ocean St., #318-A, Santa Cruz, CA 95060  
(831) 425-0401; <http://sd17.senate.ca.gov>

### Assemblyman Mark Stone (D-Monterey Bay)

701 Ocean St, #318b, Santa Cruz, CA - (831) 425-1503  
<http://asmdc.org/members/a29/>



## Fishout Schedule

Date	Location	Target species	Fishmaster
June 10	Manresa Beach	Surf Fishout	Kirk Mathew (831)724-6811
July 8	Palm Beach	Surf Fishout	Sam Bishop (831) 476-6451
July 8 - 15	Green River, UT	Trout	John Steele (831) 476-0648
August 5	Rio Del Mar Beach	Surf Fishout	Mark Traugott (831) 338-6056
August 6-10	Loreto Baja Sur	Dorado, saltwater species	Rich Hughett (831) 757-5709
August 18-20	Yuba River	Trout	Mark Traugott (831) 338-6056
August TBA	Sierra Backpack Trip	Trout	George Pike (831) 239-4863
Sept. 9	Manresa Beach	Surf Fishout	Sam Bishop (831) 476-6451
Sept. 23 - 30 (wk.#1)	Mammoth Lakes	Trout	John Cook (831) 688-1561
Sept. 30 - Oct. 7 (wk.#2)	Mammoth Lakes	Trout	John Cook (831) 688-1561
October 7	Beer Can Beach	Surf Fishout	TBA
October TBA	Lake Almanor	Large Browns	Tim Loomis (831) 426-4683
Oct. 19-22	O'Neill Forebay	Stripers	Steve Rudzinski (831) 462-4532

If you have any questions about Fishouts either call the person listed or you can call John Cook, 688-1561. Fishouts are a great way to meet people in the club and learn new techniques and places to fish.

## Bait for Thought Serve Them Well

Some act and talk as though casting were the entire art of fly fishing, and grade an angler solely by the distance he can cover with his flies. This is a great mistake and pernicious in its influence. Casting is but a method of placing a fly before the trout without alarming it and within its reach. It is merely placing food before a guest. The selection of such food as will suit, and so serving it as to please a fastidious and fickle taste, still remain indispensably necessary to induce its acceptance. - *Henry P Wells, Fly-Rods and Fly Tackle 1885*

# Catchy Releases

## Pump Failure Kills Fall-Run Chinook Salmon at Feather River Fish Hatchery -Thermalito Facility

Posted: 11 May 2017 12:24 PM PDT

<https://cdfgnews.wordpress.com/2017/05/11/pump-failure-kills-fall-run-chinook-salmon-at-feather-river-fish-hatchery-thermalito-facility/>

An estimated 200,000 to 300,000 fall-run Chinook salmon were killed early yesterday morning at the Feather River Fish Hatchery Thermalito Facility due to a pump failure from a faulty wire. More than two million remaining salmon at the facility will be released over the next month as they reach an appropriate size.



## Pilot Peak Lahontan Cutthroat Trout Released into Truckee Basin Waters

**April 26, 2017**

The California Department of Fish and Wildlife (CDFW) will start releasing Pilot Peak Lahontan cutthroat trout into Truckee area waters to give Sierra Nevada anglers the opportunity to catch some trophy sized trout in a year or two.

Last week CDFW received a shipment of cutthroat trout eggs from the U. S. Fish and Wildlife Service's (USFWS) Lahontan National Fish Hatchery Complex in Gardnerville, Nevada. This is the second shipment of eggs in the last two years and is part of a joint effort between the USFWS and CDFW to bring a native, trophy sport fish to the Truckee River Basin.

"Anglers have been pulling some amazing, trophy-class Pilot Peak Lahontan cutthroat trout out of Pyramid Lake in Nevada for the last several years, and we really wanted to get this strain of fish for our anglers here in California," said Jay Rowan, senior environmental scientist for CDFW's North Central Region Hatchery Program. "Hopefully we will start seeing some really big ones showing up in a few years."

The Pilot Peak Lahontan cutthroat trout is a lake form of cutthroat trout. This particular strain is native to the Truckee River Basin and is known for their aggressive feeding behavior and large size.

"They are an interesting fish to raise ... being wild, they are a little wary, but they seem to take to feed fairly well," said Steven Schnider, a CDFW fish and wildlife technician. "They

are aggressive, so if you don't separate them when they are young, you will see the bigger fish with tails sticking out of their mouths."

This piscivorous (fish eating) behavior is what allows the Pilot Peak Lahontan cutthroat trout to grow quickly and to such large sizes. In choosing which waters to plant, CDFW fisheries biologists have targeted waters that have robust bait fish populations.

"We did a survey of anglers in some of the Truckee basin reservoirs back in 2010, and 85 percent of the anglers we interviewed were in favor of CDFW stocking Lahontan cutthroat trout in these waters," said Rowan. "I think those results were largely driven by the success of Pilot Peak Lahontan cutthroat trout at Pyramid Lake."

Stocking of the sub-catchable size fish from last year's eggs will begin as early as next week and will continue as the snow melts and planting trucks can gain access. Lakes to be stocked include Echo, Fallen Leaf, Donner, Boca, Prosser, Stampede and Webber lakes.

The Lahontan National Fish Hatchery Complex is an integrated fishery program that includes the Lahontan National Fish Hatchery, Marble Bluff Fish Passage Facility and Fishery Assistance. The program emphasizes the connection of fishery management with the health of the lake and river habitats upon which species depend.

## Reel News

**\*WaterSHRED – Event Presented by: Coastal Watershed Council, Santa Cruz Works and Event Santa Cruz**

**Saturday, June 10th, at 11:00 AM – 4:00 PM**

A celebration of world class, home grown extreme sports innovators and outfitters that fuel themselves on the San Lorenzo River. This drinking water source, critical habitat and downtown greenspace connects summit to sea in Santa Cruz and provides the perfect setting to demo this County's innovative action sports industry. Ride the Riverwalk. Enjoy food and music, And celebrate this river town, a mecca for action sports.

Free Demo Rides, Food, Live Music & Rock Climbing Wall

Ride the Riverwalk at this First Ever Action Sports Expo Along the San Lorenzo River

Ride your bike to WaterSHRED! Bike Santa Cruz County will be providing FREE bike valet for event attendees.

Sponsored by: City of Santa Cruz Economic Development Office

Powered by: Sandbar Solar and Electric

Media Sponsors: Santa Cruz Tech Beat



# GONE FISHING

## May Surf Fishout

By Fishmaster Sam Bishop



May 13th we had a nice turnout at Rio Del Mar Beach. A number of first timers were there and over a dozen barred and walleye perch were caught!

Attending were Kim Register, Brian Muzzio, Jeff Gose, Angela Johnson, Michael DiCiano, Elaine Cook, Kirk Mathew, Bob Kennedy, Sam Bishop and a couple others who showed up late and we didn't get their names. Above is a picture of Angela with her very first fish caught in the surf. She caught three before she was done!

We always have great fun at these events and we hope you will join Fishmaster Kirk Mathew at the next one on June 10th.

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### Roostercomb #2 - May 5-7

*Fishmaster: Jeff Slaboden – by Cecilia Stipes*

#### New Member Endorsement of Roostercomb Fishout

*By Dan Manion*

This trip was led by Jeff Slaboden who followed the detailed organization of Elaine Cook who in turn took the helm from me when I asked for help during Richard's medical crisis.

Fourteen intrepid SCFF members had good weather and good fishing on the second RC fishout. After a rough winter, Scott Wilkinson (rancher) did a very good job of scraping and smoothing out the torn up dirt roads. The ponds were all full, with modest reeds, weeds and an abundance of healthy bass still on their beds. Newcomers to the ranch were Jon and Judith Wolf, Gene Lynberg, Barry Thomas and Woutje Swets.. They learned how to fish from float tubes and had success using poppers and twitching woolly buggers. Secret Mustang, one of the prettiest ponds, and Buzzard, known for some big bass fished well. Gene Lynberg and Dan Eaton had record days at Mustang and Buzzard; Gene repeatedly

caught fish using only a green woolly bugger. On Friday at Eastman pond I got lucky with two big bass hook-ups on small homemade poppers weighing 2 1/2# and 3#. Milana and Steve took a wild ATV ride out

to Harvey on Saturday and caught a handful of small fish. Pine #1 & 2 had some of the biggest bass and a few were caught. The conditions at Tule were not good at either RC fishouts. We concluded this year's long rainy season and cooler temperatures made the difference.

THANK YOU to everyone who helped me carry out the RC fishouts for 2017!! Special acknowledgements go to Elaine who worked so hard for weeks and to Jeff Slaboden who stepped forward to make the second trip possible.



# GEARING UP

## Surf Fishout - June 10th - *Fishmaster: Kirk Mathew - 724-6811*

The June Surf Fishout will be at Manresa State Beach, on Saturday, June 10th. Sunrise is 5:46 a.m., low tide is at 6:04 a.m. at -.5, and we plan to meet at 5:45 a.m.. Park outside of the State lot along San Andreas Rd., or if that is filled, go to Oceanview, park

along the fence, and take the stairs down to the beach. For details regarding equipment and technique, check our club website. Kirk Mathew (724-6811) will be the lead on this event. Please feel free to call with any questions.

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## Green River Fishout- July 8-15- *Fishmaster: John Steele - 476-0648*

The Green River Fishout is scheduled for July 8th through July 15th, 2017. This river is a tailwater of the Flaming Gorge Reservoir Dam, situated in the northeast corner of Utah. It carves its way through a spectacular red rock canyon, and is the home of a healthy number of large brown and rainbow trout. It is rare to catch one under 16 inches, and not uncommon to catch several over 20 inches. You can walk a well-maintained trail along the river and bank fish, and/or book a guide to drift the river. The Trout Creek Flies and On The Fly guides are all very competent, excellent teachers, and provide all your terminal tackle, plus a delicious riverside lunch.

Lodging for the Santa Cruz Fly Fishermen group has been reserved at Trout Creek Flies Lodge, which has cabins that can accommodate up to four fishers each, and have mini-fridges and microwaves,

and there is an on-site restaurant. There are other lodging options in the area, namely, Flaming Gorge, (435) 889-3773, and Red Canyon Lodge, (435) 889-3759.

The rates for the cabins for this time of year are \$150 per night double occupancy. Some fishers choose to buddy up in the cabins and divide up the cost. The cabins have two queen-size beds. The Trout Creek guide rates are \$475 per day for one or two fishers, include terminal tackle and flies, and lunch. If you have any questions, feel free to call Trout Creek at (435) 885-3355, or visit their website, at [www.troutcreekflies.net](http://www.troutcreekflies.net).

It is best and most convenient to obtain your Utah fishing license online, too, and to do that, go to <https://secure.utah.gov/hflo/main/serv1/index.html?server=serv1nd>, fill out the form then pay with a credit card.

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## 2017 Loreto Fishout - August 6th through August 10th - *Fishmaster: Rich Hughett - 757-5709*

Experience a new HIGH! Catch Dorado and many other saltwater fish (Roosters, Sailfish, Yellowtail, bonita) on a fly! Join the group of Santa Cruz Fly Fishermen going to Loreto in Baja and fishing from Friday, August 4th through Tuesday, August 8, 2017. The cost is \$750.00 per person (double occupancy, no deposits up front) and includes:

\*Four nights at the beautiful Hotel La Mision, on the waterfront next to Loreto Harbor.

\*Three days of fishing on 22 foot Super Pangas.

\*Ground transfers.

It does not include airfare\*, fishing license and meals, because there are some nice restaurants (A lot of fresh seafood!) in town or if you prefer, eat at the hotel, where they will also cook your catch!

The fishing day starts around 6:00 a.m. and we usually get back

to the harbor between 1:00 and 2:00 p.m. Spend the rest of the afternoon fishing from the beach, having a cool drink in the pool, exploring Loreto and the area, or just sitting around telling some tall fish stories. And, you will have many exciting moments on the Sea of Cortez to talk about.

Rich Hughett will meet with those going prior to the trip to discuss which rods, reels and flies to bring, the various types of fish in the Loreto area and to answer questions.

Interested? Please contact Rich at 831-757-5709, now for all the details. We need to book airline flights, hotel rooms and pangas as soon as possible.

\*For the best deal, check Southwest Airlines out of San Jose and Alaska Airlines from Los Angeles to Loreto. Rich will help with your airline reservations.

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## Mammoth Lakes Fishout - Sept. 23rd-30th and Sept. 30th-Oct. 7th

### *Fishmaster: John Cook - 688-1561*

This fishout will take place over two consecutive one-week periods, Sept. 23rd through Sept 30th, and Sept. 30th-7th. You may sign up for one of these two periods, or both.

**Location:** Mammoth Lakes is on the eastern side of the Sierras, six to seven hours' drive from Santa Cruz. There are many lakes and streams in the area for us to fish. We will be staying in condominiums in the town of Mammoth Lakes. There will be 2 people per bedroom. If you would like to have your own bedroom, it will be \$540 per week.

**Cost:** \$310 per person per week. This covers seven nights' lodging with three meals per day. Sign up for either week, for \$310, or both

weeks for \$620.

**Meal Preparation:** Each person will be assigned to a group for a Kitchen Day. The group will set out breakfast and lunch foods, store unused food, prepare the evening meal, and clean up on the day designated.

**Sign Up:** Sign ups are currently closed, but if you want to take a chance on cancellations, let the Fishmaster know, also let him know which week you are interested in, as he will be keeping a waiting list and will notify you by telephone if space becomes available.

**Unused Funds:** Any funds received but not spent on the fishout will be used for prizes for our annual fund raiser.

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## Yuba River - August 18-20, 2017 - *Fishmaster: Mark Traugott - 831-338-6056*

As many of you are aware, an annual lottery had assigned our club a mid-April date to fish the otherwise inaccessible stretch of the Lower Yuba River that adjoins the University of California's Sierra Foothills Research Station. That fishout had to be canceled because the river was flowing at more than 4,000 cfs (far in excess of the 1,000 cfs that would normally define the upper limit of fishability.) We have, however, been able to secure an alternate date and have rescheduled the Lower Yuba River fishout to August 18-20. At that time of year, conditions should

be very hot and dry, and we will likely be using caddis, hopper and possibly mayfly imitations to tempt the resident rainbow trout. Because none of us are familiar with this venue and how many fishermen it can support, our first outing to this location has been limited to eight rods. First preference will be given to those who signed up for the April fishout, but some of them may be unable to take part in August, so there should be at least a few spots open. If you are interested, please call Mark Traugott at (831) 338-6056. I am including below an edited version of the

...Gearing Up-Yuba R.- cont'd. from p. 5

information previously published regarding this expedition:

This is a brand-new fishout that will provide access to a stretch of the Lower Yuba River that few people have had an opportunity to fish. The Sierra Foothills Research Center is a 5,700-acre tract of land owned by the University of California. It includes more than a mile of river frontage along Timbuctoo Bend (halfway between Englebright Dam and the Highway 20 bridge at Parks Bar.) U.C. allows access to California fly fishing clubs via an annual lottery and we are participating for the first time in 2017.

Members who sign up for this fishout will need to arrive on Friday, August 18th, as we will be proceeding as a group through a locked gate early on Saturday morning. Because of the long drive involved (about four hours from Santa Cruz), I am assuming that most participants will want to fish a different stretch of the Lower Yuba (or any other nearby stream) on Sunday.

Participants must possess a valid license with a steel-head card. The regulations specify barbless hooks, catch-and-release. The Lower Yuba presents a rather unusual profile, with thirty-foot high piles of tailings along the banks in some places and rock outcrops in others, but despite its history of upstream hydraulic mining, it runs crystal clear at low flows. The ideal volume for this stretch is probably 600 cfs. Above 800 cfs, the river can no longer be crossed, and wading becomes treacherous. The river is dam controlled (mainly by New Bullards Bar Dam, as Englebright Reservoir is largely silted in) so summer flows are mainly determined by agricultural releases and tend to be very fishable-but in this crazy water year, who knows?

I have reserved Group Site D at Sycamore Ranch, located several miles downstream on the Yuba River, which is where we will meet. My current thinking is that everyone will be responsible for their own meals. We might have to bring our own BBQ, but the campsite does have a firepit, so a communal meal on Saturday night or even a potluck is a possibility if that is what participants prefer. Other than meals, the costs include U.C.'s compulsory toilet pumping fee and the campsite fees, which come to \$25 per person, due upon sign-up.

On Sunday, the most obvious fishing opportunity is the stretch of the Lower Yuba immediately below the Parks Bar bridge at Highway 20. There is (usually) automobile access from a rough dirt road along the river-left bank of the Yuba. It is also possible to walk the river-right bank, but the best water is a good ways downstream. At ideal river flows (600 cfs or less), this class 2 stretch of river can also be floated in a kayak or possibly a pontoon boat, with a put-in at the bridge and a take-out right at our campground, but there is always the possibility of brush and sweepers and the viability of the river is obviously highly dependent on the water level. Other fishing possibilities include the Lower Yuba at Hallwood (a few miles further downstream) where there is good access on foot; or, at a somewhat greater distance to the northeast (at least a half hour), the South Fork of the Yuba at Bridgeport. Putah Creek is further afield, but arguably on the way home.

**Fun fact:** Jim Tolonen has pointed out that a partial solar eclipse (about 80% at that latitude) will take place from about 9 AM to noon on August 21, so some people might want to extend their stay and see if we get an extra morning and evening rise out of it.



FIN FLUTTER

# LifeLines

## Warmer Weather Brings Out Rattlesnakes in Northern California

From Capital Public Radio, [www.capradio.org](http://www.capradio.org)

Already this year, two children have been bitten by rattlesnakes in Northern California, including a young boy in Folsom. Both have survived.

The warmer weather is bringing out snakes, including rattlesnakes, in mountain and foothill areas. Some rattlesnake bites won't kill you, but others can be deadly.

"Rattlesnakes pose the biggest risk to the public during the warmer parts of the year, so we start to see more of them in the spring, particularly in the summer and even into the fall in California," said Brian Todd, Associate Professor of Conservation Biology at UC Davis, about how to avoid rattlesnakes and what to do if you're bitten. Todd said if you encounter a rattlesnake, the best thing you can do is just go the other way.

"The animals would prefer to be left alone, they're not aggressive, but they don't want to be bothered by us," Todd said. He said that "snakebite kits" and many other methods suggested to use after someone is bitten are "urban myths."

"None of these urban myths about sucking out the venom or using a tourniquet have ever really been that helpful," said Todd. "The best thing you can do is stay calm and get someone to drive you to the hospital."

Todd said in California, only a couple of the species of rattlesnakes are "particularly dangerous."

"The rest of them if you're bitten, will cause quite a bit of pain, discomfort, some bleeding, but are generally treatable and rarely fatal," said Todd.

The California Poison Control Center notes that rattlesnakes account for more than 800 bites each year in the U.S., causing one or two deaths. Most bites occur between the months of April and October when snakes and humans are most active outdoors.

"You're most likely to encounter rattlesnakes in the foothills, up in the mountains, along riparian areas near rivers, they're not real common down in the valley," said Todd. "They do tend to be more active on warmer days. They like to be left alone and they're generally harmless as long as you can see them and steer clear of them."

Todd said the greatest risk of encountering a rattlesnake is when walking or hiking in very dense brush or areas where you can't see where you're placing your feet.

"Staying on trails will help minimize your risk of being bitten because you're more likely to see the animal before you step on or near it," said Todd. "A lot of us like to hike with our dogs, and if we're keeping our dogs on trails we're more likely to see the rattlesnake before the dog comes into contact with it."

Todd said, "the best tool for snakebite treatment is a set of car keys."

### From the California Department of Fish and Wildlife - The do's and don'ts in snake country:

Rattlesnakes are not confined to rural areas. They have been found in urban areas, on riverbanks and lakeside parks and at golf courses. Startled rattlesnakes may not rattle before striking

defensively. CDFW recommends the following safety precautions to reduce the likelihood of a rattlesnake bite:

Wear hiking boots and loose-fitting long pants. Never go barefoot or wear sandals when walking through wild areas.

When hiking, stick to well-used trails. Avoid tall grass, weeds and heavy underbrush where snakes may hide during the day.

Do not step or put your hands where you cannot see, and avoid wandering around in the dark. Step on logs and rocks, never over them, and be especially careful when climbing rocks or gathering firewood. Check out stumps or logs before sitting down, and shake out sleeping bags before use.

Never grab "sticks" or "branches" while swimming in lakes and rivers. Rattlesnakes can swim.

Be careful when stepping over doorsteps as well. Snakes like to crawl along the edge of buildings where

they are protected on one side.

Never hike alone. Always have someone with you who can assist in an emergency.

Do not handle a freshly killed snake, as it can still inject venom.

Teach children early to respect snakes and to leave them alone.

### Keeping snakes out of the yard:

The best protection against rattlesnakes in the yard is a "rattlesnake proof" fence. The fence should either be solid or with mesh no larger than one-quarter inch. It should be at least three feet high with the bottom buried a few inches in the ground. Slanting your snake fence outward about a 30-degree angle will help. Keep vegetation away from the fence and remove piles of boards or rocks around the home. Use caution when removing those piles - there may already be a snake there. Encourage and protect natural competitors like gopher snakes, kingsnakes and racers. Kingsnakes actually kill and eat rattlesnakes.

### What to do in the event of a snake bite:

Though uncommon, rattlesnake bites do occur, so have a plan in place for responding to any situation. Carry a cell phone, hike with a companion who can assist in an emergency and make sure that family or friends know where you are going and when you will be checking in.

Stay calm.

Wash the bite area gently with soap and water.

Remove watches, rings, etc, which may constrict swelling.

Immobilize the affected area.

Transport safely to the nearest medical facility.

For more first-aid information, please visit California Poison Control at [www.calpoison.org](http://www.calpoison.org).

### What you should NOT do after a rattlesnake bite:

DON'T apply a tourniquet.

DON'T pack the bite area in ice.

DON'T cut the wound with a knife or razor.

DON'T use your mouth to suck out the venom.

DON'T let the victim drink alcohol.



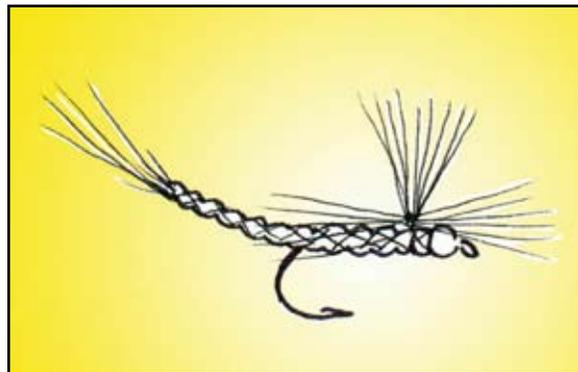
# FLY OF THE MONTH

## Extended Body Hex Mayfly

*Submitted by Elaine Cook*

*Starting in late June and extending well into July, the largest species of Mayfly emerges in a number of waters in Northeast California including Lake Almanor, Manzanita Lake, and Fall River. The insect leaves the mud late in the day, swims to the surface after the sun has set, and spins aggressively for a minute or two to free itself from its nymphal shuck. The big boys come out for a feast! Be sure to have a few of these with you when you venture out.*

**Hook:** TMC 100, size 10  
**Thread:** Yellow, 6/0  
**Wing:** Yellow dyed deer hair, fibers thin and not porous  
**Tail:** Moose body or tail  
**Body:** Yellow dyed deer hair, porous fibers about 2" long  
**Hackle:** Yellow dyed grizzly, barbs two times hook gap



1. Crimp barb and attach thread 1/4 back on shank.
2. **Wing details:** Select a bunch of hair about the size of a wooden match. Clean out the under fur. Stack tips. Tie onto hook shank, tips extended beyond eye so that wing equals length.
3. **Tail details:** Select about a dozen fibers. Clean out under fur and short fibers, stack tips. Return thread to rear of shank. Tie in moose with tips to the rear and extending two hooks lengths beyond shank. Cut butts at an angle and bind onto top of hook shank.
4. **Body details:** Move thread to behind eye. Select clump hair about the size of two wooden matchsticks (after cleaning). Clean out under fur. Stack tips. Tie in with tips extending beyond eye equal to 2 times the hook length. Pull snugly allowing the hair to flare. Make several more wraps and cut butts. Move thread in front of wing. Facing the front of fly, use a bodkin to divide body on top of shank and stroke backwards on sides and bottom of fly, holding wing upright. Using half-hitch tool, push body backward. Make one wrap in front of wing and one behind wing. While continuing to hold body material along shank out from tail, make wide turns like a barber pole along shank, then continue wrapping the body only until near the end of the body material. Make three wraps in the same spot, then wrap forward in wide wraps like a barber pole in front of wing. (Note: the wraps will appear to crisscross.) Cut tips of body material beyond last wrap of thread. (See diagram.) Cut all but 4 or 5 hairs.
5. **Hackle detail:** Cut fuzzy ends off hackle. Cut 3-4 fibers short at end of stem. (crew-cut). Wrap in at base of wing shiny side toward you. Reposition thread by wrapping clockwise around base of wing leaving the thread hanging in front of shank. Attach hackle pliers to hackle top and let hang in front of shank. Make 4-5 wraps of hackle around base of wing. Half hitch thread at base of wing to tie off. Cut thread and hackle. Lift hackle in front and apply drop of head cement. Reshape wing and hackle into place.

# RECIPE OF THE MONTH

## Puff Pastry Wrapped Salmon

*From <https://www.youtube.com/watch?v=TxRKdKO90II>*

This is so easy, and so delicious!

### Ingredients:

10 1/2 ounce salmon fillet, remove even the little thread-like bones  
one sheet of puff pastry (available in the frozen food section of the grocery store)  
6 ounces fresh mozzarella cheese  
thyme  
salt

### Directions:

Salmon baked in puff pastry, although quick and easy to prepare, is a surprising dish. All you have to do is place a cleaned, boneless salmon fillet onto the middle of some puff pastry. Cut some strips in the pastry along both sides of the fillet, and sprinkle the fillet with a small amount of salt. Put thick slices of mozzarella on top of the fillet. Tuck the ends of the pastry in around the ends of the fillet, then criss-cross the strips over the fillet until it's all covered up. Brush the pastry with egg wash, and sprinkle it with thyme leaves. Put the pastry-wrapped fillet onto a baking sheet and bake in a 375 F degree oven for 20 minutes. Slice and serve while hot and gooey.

**Note:** When you view the video, you might want to turn the sound down or off, as the music is rather dumb. 9 *Santa Cruz Fly Fishermen*



# JUNE 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1st Qtr. ☾	2	3
4	5	6	7 Club Meeting Aptos Grange 7 PM	8	9 Full Moon ☽	10 RiverSHRED San Lorenzo Riverwalk 11 AM-4 PM Surf Fishout Manresa Beach
11	12	13	14 Flag Day  Fly Tying Class Aptos Grange 7 PM	15	16	17 Last Qtr. ☾
18 Father's Day	19	20	21 1st Day of Summer  Board Meeting Steele home 7 PM	22	23	24 New Moon ☀
25 Newsletter Deadline	26	27	28	29	30	

# JULY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1st Qtr. ☾		1
2	3	4 Independence Day	5 Club Meeting Aptos Grange 7 PM	6	7 Full Moon ☽	8 Surf Fishout Palm Beach  Green River Fishout ←
9 _____	10 Green River Fishout	11 _____	12 Fly Tying Class Aptos Grange 7 PM	13 _____	14 _____	15 Last Qtr. ☾  Green River Fishout →
16	17	18	19 Board Meeting Steele home 7 PM	20	21	22 New Moon ☀
23 Newsletter Deadline	24	25	26	27	28	29
30	31					