

Santa Cruz  
Fly Fishermen

est. 1977

Monthly Newsletter

MARCH



to promote,  
educate, and  
enjoy the sport  
of fly fishing

santacruzflyfishing.org

2019

## CLUB MEETING

**Date:** Wednesday, March 6th  
**Time:** Open - 8:45 PM  
Meeting - 7:00 PM  
**Place:** Aptos Grange, 2555 Mar Vista Dr., Aptos

**Delta Smallmouth Bass**  
**Guest Speaker: Maury Hatch**



Maury Hatch, from First Hatch Guide Service will be our March Meeting speaker. I believe you will really enjoy his presentation, emphasizing smallmouth bass on the Delta. This is a topic and fishery not usually featured by guides or headlined in California FlyFisher magazine. It is discussed in Mike Costello's Book "Fishing the California Delta." Further it is mentioned in Northwest Fly Fishing, December 2017

Maury has been fly fishing the western United States and Mexico for 30+ years. After honing his skills with trout, he hooked his first striped bass in 1995, and has been chasing, catching, and releasing stripers ever since. As a Captain, he guides both out of the San Joaquin Delta in a center console bay boat in the fall and spring, and then on a jet sled on the Feather and the American Rivers in the summer for Stripers, Small Mouth and Shad. All trips include top of the line equipment as well as custom tied flies. He is an ambassador level pro staffer for the following products: Costa sunglasses, Simms clothing, Sage rods, RIO lines and Galvan reels.

The Late Summer-Fall season, as the water warms up, is when the smallmouth feed very actively on the surface. He was recommended to me by Fly Fishing Specialties in Sacramento, who suggested this would be an excellent outing for beginners as well as experienced fly fishers. Their staff have fished for smallmouth with him and enjoyed much success. I'm looking forward to his presentation!

## FLY TYING CLASS

**Dates:** Saturday and Sunday, March 16th & 17th.  
**Times:** Saturday - 10:00 a.m. to 3:00 p.m..  
Sunday - 10:00 a.m. to 3:00 p.m..  
**Place:** Cook residence, 215 Treasure Island Ave., Aptos.

**Poppers**

**Instructor: Elaine Cook - 688-1561**



The usual second Wednesday of the month class will instead be held March 16th and 17th (Sat and Sun). There is limited space since the two-day class will be held in Elaine Cook's home.

Poppers are designed to catch largemouth bass and bluegill. Two days are needed to craft these beauties due to drying of epoxy. The Club is planning several bass fishing outings this year so don't be left empty handed.

During the lunch hour on Saturday, there will be a class on how to fish poppers, bass behavior, and the gear needed. No particular tying skills are needed. Please sign up only if you are committed to attending.

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# President's Line

## Fly Fishing-It's What We Do

By President Tom Hogye

I bet you still remember when you picked up your first fly rod, and directly some of your first fly fishing experiences. If you've stuck with it, you remember when you first got started, how excited you were, your first fish, where you were, the temperature, the people you were with, the journey getting there, what flies you used...

My "friends" bring fly fishing to full circle. Yes, I LOVE the fish, the environment, the trips, the gear. Yes, I love the solace I fully embrace when I'm on some of my favorite waters, by myself, for hours upon hours at a time. Alone. No one else around. No cell signal, no internet, Facebook, Instagram, or any other social distraction. Perhaps because those times are few, and often after months of doing so much non-fishing related, non-outdoors related stuff, with twenty-five thousand non-fishing related miles driving, often staring at miles of pavement and cars, not miles of water and fish.

But that's what we do that gets us to our fishing spots, eventually. We're associates, reps, doctors, dentists, writers, nurses, pharmacists. We're in construction, food and beverage, technology, cosmetology, biology, the environment-profit and non-profit. We're students, and sometimes we're just kids hangin' out with mom and dad as they squeeze in a vacation here or there, taking us fishing because their parents are trying to do their best to spend time with them, introduce them to the great outdoors, and fly-fishing, no less. God bless you, mom and dad. Remember: anything worth doing is never easy.

Look, fly fishing isn't the easiest thing to introduce to someone who might be a bit impatient or who is fishing because they are very much expecting to catch fish. If you're a parent of a youngster, you're trying to find the best chances of enabling your child to catch a fish. So, you're reaching out to all your



Santa Cruz Fly Fishermen friends to get their tried and true advice and counsel. It usually works and you're now parent of the year, and maybe even hearing the words that will live in infamy: "This is the best vacation ever!" Even if they are still only 10.

Look, fly fishing can get expensive and be exotic and cost a lot of money, but it is not the spirit of the core of the sport. The Santa Cruz Fly Fishermen have a myriad of activities on the calendar this 2019 season. At this writing, I am excited again to be spending two days at the Fly Fishing Expo in Pleasanton. If you've never been, you NEED to go. In March, our guest speaker is going to be talking about spring and summer fly fishing for bass and shad. In April and May, we have some educational series with the Quail Hollow Education Day at Quail Hollow Ranch in Felton. Check out the "Fishout Schedule" for some fantastic local places to fish with some new friends and old. There WILL be catching involved.

I don't want to get ahead of ourselves or rush the year, but we're all the way planned out for the 2019 season of fun, friends, and fly fishing. Keep your camera handy. Memories are in order.

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## MONTHLY RAFFLE

Beware!

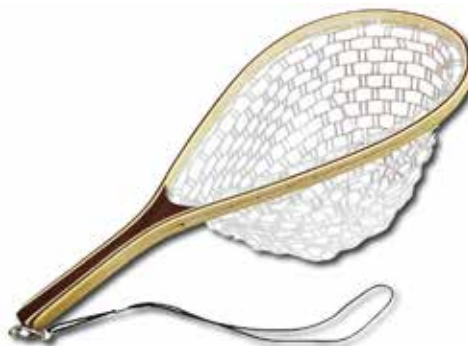
By Monthly Raffle Director Jeff Goyert

Beware of the "ides of march", didn't work out so well for old Julius C or for anyone who doesn't buy a raffle ticket or two at the March meeting!

We have a nice rod and reel package courtesy of Bill Young that will be perfect for some of our small Sierra streams. What we have is a Premier 8-foot 6-inch 4 weight 4 piece rod with a cloth sack and hard tube case. The matching 3/4 HVC GS reel comes with its own neoprene soft case. It's classic fly fishing with a light touch.

How about a SERIOUS, and I mean SERIOUS cooler to keep your cold stuff cold for days on end. Take a look at this 22-quart Arca Nevada cooler chest from Nice. Not intended for backpacking but is perfect to bang around in the back of the truck when the beverages must be kept cold! The lid can be padlock-secured, features a leak proof drain plug, and has two built in bottle cap poppers. This is one heavy duty ice box, the winds at Pyramid will not blow this one away!

I think it was Aristotle who said "plan for success". He was referring to the idea that if you plan to catch a big fish you should bring along an appropriate landing net. We have this wide oval wood frame 15 inch by 10-inch clear mesh net that resists hook snagging and is gentle on the fish. The overall length is 24 inches which makes it suited for both float tube or stream side use.



### DOOR PRIZE/EVERYBODY GETS A TICKET/DOOR PRIZE!

We know you are out there, club members who do not have a custom Sam Bishop "5 Finger" Stripping Basket! (Sam volunteered to make these because he thought it involved something to do with strippers). These baskets are a must have at both Pyramid Lake and in the surf. They are great for line management, longer casting distance, and the bright green color identifies club

members from a distance down the beach.

## 2019 Board of Directors

### Officers:

President	Tom Hogue	214-7578
Vice President	Kevin Murdock	688-4518
Treasurer	Jim Tolonen	475-8859
Secretary	Angela Johnson	(530) 320-2016

### Committees:

Monthly Raffle	Jeff Goyert	462-3785
Fishouts	John Cook	688-1561
Newsletter Editor	Kirk Mathew	724-6811
Webmaster/Newsletter	Pat Steele	476-0648
Programs	Jim Black	688-8174
	Alev Bilginsoy	(801) 864-4785
Conservation	[POSITION UNFILLED]	
Membership	Bob Peterson	251-8655
Fly Tying Master	Elaine Cook	688-1561
Annual Raffle/Silent Auction	[POSITION UNFILLED]	
Annual Fund Raiser Coordinator	Mark Traugott	338-6056
Marketing/Publicity	Michael McGannon	688-3025
Facilities Coordinator	Stephen Rawson	588-9370
	Steve Rudzinski	462-4532

### Ex Officio:

Fly Casting Master	Sam Bishop	476-6451
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### Member At Large:

Kathy Powers	728-4130
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**Board Meeting:** The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time.

## They Work 4U

### Secretary of the Interior TBA

Department of the Interior  
Washington, D.C. 20240  
<http://www.doi.gov/index.html>

### Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>  
San Francisco, CA 94104

### Senator Kamala Harris

Washington D.C.  
112 Hart Senate Office Building, Washington, DC 20510  
Phone (202) 224-3553

### Anna Eschoo, 14th District Congresswoman

698 Emerson St.; [annagram@mail.house.gov](mailto:annagram@mail.house.gov)  
Palo Alto, CA 94301 (650) 323-2984

### Jimmy Panetta, 20th District US House of Representatives

228 Cannon House Office Building  
Washington, DC 20515  
Phone: 202-225-2861

### Governor Jerry Brown

Capitol Bldg., 1st Floor  
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

### Senator Bill Monning, Assembly Dist. 17

701 Ocean St., #318-A, Santa Cruz, CA 95060  
(831) 425-0401; <http://sd17.senate.ca.gov>

### Assemblyman Mark Stone (D-Monterey Bay)

701 Ocean St, #318b, Santa Cruz, CA - (831) 425-1503  
<http://asmcd.org/members/a29/>  
(Assemblyman Stone is Chair of the California Environmental Caucus)



## Fishout Schedule

Date	Location	Target Species	Fishmaster
Mar. 18-21	Los Baños Creek Reservoir	Bass and Bluegill	Dan Eaton - 336-2933
Mar. 24-30	Pyramid Lake, NV	Lahontan Cutthroat Trout	Mike White -706-5556
Apr. 19-21	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
Apr. 27	Los Padres Reservoir	Trout	Roy Gunter - 809-0316
May 3-5	Roostercomb Ranch	Bass	Cecilia Stipes - 335-5727
May 11	Rio Del Mar Beach	Surf Fishing	Sam Bishop - 476-6451
June 8or15 (TBD)	Manresa Beach	Surf Fishing	Sam Bishop - 476-6451
July 6	Sunset Beach	Surf Fishing	Sam Bishop - 476-6451
July 13-19	Green River, UT	Trout	John Steele - 476-0648
July 14-18	Loreto, Baja Sur	Salt Water Fishing	Rich Hughett - 757-5709
Aug. 10	Rio Del Mar Beach	Surf Fishing	Sam Bishop - 476-6451
Sept. 7	Manresa Beach	Surf Fishing	Sam Bishop - 476-6451
Sept. 21-28	Mammoth Lakes	Trout	John Cook - 688-1561
Sept. 28-Oct.5	Mammoth Lakes	Trout	John Cook - 688-1561
Oct. 5	Sunset Beach	Surf Fishing	Sam Bishop - 476-6451
Oct. TBA	O'Neill Forebay	Striped Bass	Steve Rudzinski - 462-4532
TBA	Central Valley	Bass	Dan Eaton - 336-2933

Fishouts are one of the most enjoyed activities our club offers. I highly recommend club members to attend and possibly organize one. If you are thinking of sponsoring a club fishout, please give me a call. Club fishouts can be structured in many ways, from simple to involved. I will be glad to help you put one together. Call me, John Cook, at 688-1561.

# Catchy Releases

## California Contemplates Water for Struggling Fish

From <https://www.hcn.org/articles/water-california-contemplates-water-for-struggling-fish>

In an unprecedented move, the state may require upstream users to cut water use to improve water quality in the Sacramento-San Joaquin Delta.

Jodi Peterson Jan. 23, 2019, *High Country News*

Billions of gallons of water once flowed out of California's San Joaquin watershed into the Sacramento-San Joaquin Delta each year, helping sustain salmon, Delta smelt and steelhead and a vibrant fishing industry. But in recent years, water demand from agriculture and the state's burgeoning cities has, at times, reduced the river to as little as 20 percent of historic flows, hurting fish populations.

Now, the state has proposed moving more water from farms and cities to the Delta. In an unprecedented move, the Water Resources Control board voted in December to require water users to leave more water in the lower San Joaquin River to improve water quality and help fish." This decision represents the water board taking its job to protect the public trust and our fisheries more seriously, said Regina Chichizola, salmon and water policy analyst for the Institute for Fisheries Resources.

The San Luis Reservoir, located in Merced County, California, stores water taken from the San Joaquin-Sacramento River Delta.

Past cutbacks have focused on users who drew directly from the Delta. Now, for the first time, limits would reach far upstream, hitting water diverters who have never faced such restrictions, even though their usage greatly reduces the Delta's supply.

The San Joaquin Valley's powerful irrigation districts

would have to reduce the amount they pull from the Stanislaus, Tuolumne and Merced rivers, tributaries of the San Joaquin, by about 15 percent. Increased river flows would lower the Delta's salinity, helping salmon and other Delta species, proponents say. But the water users, many of whom hold powerful century-old water rights, argue that such a large cutback would harm both farmers and urban residents. San Francisco's water agency says the city could lose nearly half its supply during droughts.

The state's plan would require major regulatory changes and is sure to spark legal battles. California Gov. Jerry Brown offered a compromise agreement in December shortly before he left office, urging cities and farms to voluntarily give up water and requiring water agencies to pay for improving habitat and spawning grounds. The deal would increase the flow reaching the Delta by up to 1 million acre-feet - roughly one-third the amount specified in the water board's plan. Many environmental groups

panned the governor's proposal, saying it doesn't do nearly enough to help vanishing fish populations.

The water board has yet to accept or decline the compromise; it has until March to study its potential effects. And no vote has been scheduled on the second part of the state plan, which involves the Sacramento Valley's rivers. Whatever decision is reached, California faces years of court challenges; five irrigation districts and the city of San Francisco have already launched lawsuits against what they view as a "water grab."

Jodi Peterson is a contributing editor at High Country News. Email High Country News at [editor@hcn.org](mailto:editor@hcn.org) or submit a letter to the editor.



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## Rain Aids West Marin Salmon Spawn

From <https://www.sfgate.com>

The celebrated salmon of west Marin County are taking advantage of the badly needed rain and are wriggling their way in surprising numbers toward the creekside communities where they typically lay their eggs and die.

Dozens of coho salmon have been spotted leaping and splashing around in Lagunitas Creek and its tributaries to the delight of biologists, residents and tourists who are flocking to the lush San Geronimo Valley to watch the endangered fish navigate the rapids.

A preliminary survey by Marin Municipal Water District biologists counted 44 coho and 32 egg nests, or redds, in Lagunitas, San Geronimo and Devil's Gulch over the past few days.

That's more salmon and eggs than researchers saw all of last year. "We've already surpassed last year and we're waiting for more," said Christopher Pincetich, a watershed biologist for the Salmon Protection and Watershed Network, or SPAWN. "It's a good indication that we may have a decent salmon run this year

compared to the last two years, which have been very poor, but we're still a long ways from recovery."

Eric Ettliger, the aquatic ecologist for the water district, said salmon are laying eggs even in the smaller tributaries, like Olema and Redwood creeks.

Last winter, only 26 coho egg nests, or redds, were counted in the entire 102-square-mile watershed, the lowest number in the 15 years that records had been kept by SPAWN and the Marin Municipal Water District.

No fish at all were seen last winter in Devil's Gulch and fewer than 10 fish were spotted in the other tributaries, Pincetich said.

The Lagunitas watershed, which winds 33 miles through the picturesque redwood and oak-studded valley on the northwest side of Mount Tamalpais, supports the largest wild run of salmon along the Central Coast and is considered a model for fish restoration around the state.

It is unique in that the primary spawning grounds are in  
*Cont'd. on p.5...*

...*Catchy Releases-cont'd. from p.4*

the middle of developed communities. Some 40 percent of the coho in the watershed are hatched in tributaries surrounded by homes, golf courses, roads and horse corrals in the 9-square-mile San Geronimo Valley.

Coho in Central California were listed as endangered in 2005 under the Endangered Species Act. The plummeting population in the historically bountiful Lagunitas watershed is part of a catastrophic decline in the overall population of salmon along the West Coast over the past three years. So few chinook returned to spawn in the Sacramento-San Joaquin River system the past two years that ocean fishing had to be banned in California and Oregon.

The problem in Marin was no doubt exacerbated by drought conditions that stranded scores of coho juveniles in drying pools last spring and summer.

Naturalists are hoping that the rain this winter will help revive the troubled species. Over the past few days, dozens of people have crowded into the Leo T. Cronin fish viewing area, near Samuel P. Taylor State Park, to watch the spawning salmon. Hoping for better year



“It’s wonderful. The last rains really brought the salmon up,” said Megan Isadore, 50, a volunteer naturalist from Forest Knolls who has led salmon viewing creek walks for 10 years. “It’s a good sign that we have enough rain to bring the salmon upstream. They are a very endangered species, so we’re hoping this will be a good year.”

The need for more water and the desire to protect salmon has been a delicate balancing act for Marin County, which uses the Lagunitas system as its primary source of drinking water. Seven dams have been built since 1873, blocking 50 percent of the historic salmon spawning habitat. The county, which is building a desalination plant to bolster a deficient water supply, recently completed a Salmon Habitat Enhancement Plan focused on Lagunitas Creek. The number of fish spotted in the watershed so far is well below the historic average for this time of year, but, given the terrible showing last year, biologists are still encouraged.

“I’m optimistic,” Pincetich said. “We’ve seen salmon in the San Geronimo Valley and in the tributaries that had no salmon last year. You can get out of your car and look over the fence and there they are. So far so good.”

### **Governor Stops Water Grab From [www.friendsoftheriver.org](http://www.friendsoftheriver.org)**

Governor Newsom pulled the plug on the decade-long proposal known as the California Water Fix - The Twin Tunnels.

In his first state-of-the-state speech today, Governor Gavin Newsom announced that he is dropping the plan to build two massive tunnels under the San Francisco Bay-Delta to move more water from north to south.

“Let me be direct about where I stand,” Newsom said. “I do not support the Water Fix as currently configured. Meaning, I do not support the twin tunnels.”

Friends of the River (Friends) is thrilled that the Gov-

ernor has responded to the concerns of millions of Californians and we will engage in any renewed plans for water conveyance through the Delta, such as a single tunnel.



Beyond the Delta, we look forward to working with his Administration to advance 21st century water solutions that are climate resilient, river friendly, and provide a sufficient and safe water supply for Californians.

Today we celebrate. Tomorrow, we persevere.  
Eric Wesselman  
Executive Director, Friends of the River

## **GEARING UP**

### **Los Banos Creek Reservoir Fishout**

**March 18, 19, 20, 21 - Fishmaster - Dan Eaton (831) 336-2933**



Los Banos Creek Reservoir has Bass and Bluegill, with the option of fishing the O’Neill Forebay only 20 miles away for Striped and Largemouth bass.

Los Banos campground has 14 campsites with shaded tables and shade trees, non-potable water, and campfire rings. Cost is \$20.00 per day per site.

**Food :** Bring your own food for breakfast and lunch along with plates, cups, and silverware. Potluck dinner, bring your own meat. I will supply a stove, BBQ, and coffee pot and a wash-up area for dishes. Note: bring some wood and a camp chair.

**Gear :** Float tube and fins, floating line, intermediate, and fast sink lines may be useful.

This event is limited to the first 10 members who contact me. Call Dan Eaton at (831) 336-2933.

There are no reservations on campsites!

**Directions :** Once you get to San Luis continue on HWY152 past HWY5 approximately 3 miles to right on Volta to Pioneer Road left then right on Canyon Road to Los Banos Creek Reservoir to the campground. Questions, please call Dan.

# GEARING UP

Pyramid Lake Fishout-Mar. 24th-30th, 2019

**Fishmaster: Mike White - (831) 706-5556**

The Pyramid Lake fishout is one of the best-attended fishouts the club has, and for a good reason. Large fish cruise parallel to the shore in easy casting distance from shore. Cost for the week including meals and lodging and is around \$300+ per person depending on the number in attendance. You need not fish all six days as there may be openings (usually later in the week.) Contact Mike for more details (831) 706-5556, to check on openings, or be put on a waiting list. First come first served.

You can also make your own arrangements either by bringing your own RV (Crosby's Lodge has hook-ups and sells permits to park on the any of the beaches along the lake) or staying in Reno. Reno is 45 minutes away. Call Crosby's lodge to inquire about last minute cancellations in their cabins as well (775) 476-0400 and check out their website to see what the cabins look like at [www.crosby-lodge.com](http://www.crosby-lodge.com). The General Store in Sutcliffe offers meals on selected nights only to those who call in before 2:00 PM. Check at the General Store for details.

**Equipment:** 6-9 weight rods with hi-speed, hi-D shooting heads or fast sink integrated lines to fish the bottom in 6 to 9 feet of water, and a floating line for indicator fishing. You should bring a stripping basket and a ladder that will accommodate it. A ladder helps to get you up out of the cold water and enable you to cast out to where the fish are. You can still catch fish without one but not with near as much consistency.

**Flies:** Woolly buggers in black, white, purple, olive, midge, caddis and mayfly nymphs to name a few. If as in years past the Con-fab in February is offering the opportunity to see how some of the best Pyramid patterns are made plan to attend and bring a vise

and tie some yourself. Flies may also available from club member Jim Hall who ties some very good flies specific to Pyramid cut-throat as well as other species at reasonable cost. His number is (831) 713-6835. There is a general store with provisions as well as tackle and an assortment of flies.

**How to get there:** Take US 80 to Reno-Sparks, take the Pyramid Blvd. off ramp and go north about 35 miles. Crosby Lodge is at Sutcliffe, near the Ranger Station.

If you have any questions about equipment or how to get there, check the "Gearing up" columns in the March 2016-2017 archives on our great club website, or call Mike White at (831) 706-5556.

If you are considering going to Pyramid again this year with the club and you have not already done so, please contact the person who is booking the trailer you stayed in last year. Trailer-masters, if your trailer has gaps or cancellations, you can call Mike so he can pass the names of members who don't have lodging to fill the empty spots.

Fishing, Camping, and New Ladder Regulation:

Fishing and camping permits can be purchased online prior to the fish-out. We would highly recommend doing this. Go to [www.plpt.nsn.us](http://www.plpt.nsn.us) to obtain your licenses. There is also an RV Park available at (775) 476-1155.

As with any great fishery there are always a long list of rules and regulations. We would recommend you review them on the website above. Suffice to say those of us who have been going to Pyramid Lake for many years are a good source of information as well. We will help inform and guide all newcomers.



## Roostercomb Ranch Fishouts

**April 19-21 and May 3-5, 2019 - Fishmaster: Cecilia Stipes - (831) 335-5727; [flyfishgal3@aol.com](mailto:flyfishgal3@aol.com)**

This is our club's 19<sup>th</sup> annual fishout to the Roostercomb Ranch, owned and operated by Scott Wilkinson. This private ranch is located adjacent to Henry Coe State Park, 22 miles off Hwy 152 from the entrance which is five miles from Casa de Fruta Restaurant in Hollister. It is a three-day fun-filled weekend with fishing and boating nine bass ponds, hiking, birding and photography on nearly 6,000 acres.

The ponds are primarily fished from float tubes or from the bank using woolly buggers and poppers. You can also bring conventional spin rods and gear. Accommodations are the 1928 ranch house and a cowboy bunk house, or if you prefer, your own tent or vehicle. Breakfasts and dinner meals/barbecues are organized by teams. Lunches, snacks and beverages are individuals' responsibilities. For more details, please feel free to call me. Last I spoke with



Scott, the roads were rough and the river high (Jan. 30). The terrain is rough, rocky and sometimes steep, so **all vehicles MUST be 4-WD driving in/out and around the ranch!** If you do not have a 4-WD vehicle, I can make arrangements to carpool you with other members or with Scott. Non-fishers are always welcome. Each fishout is limited to 15 fishers and 4 non-fishers.

**NOTE:** You are only able to call in for yourself and your partner, and children.

**COST: \$250 /person** (no charge for children 12 yrs and under).

The earliest sign-up for either or both fishouts, is by phone:

**Wednesday, March 27, 7:00 pm. Your confirmation is not complete until I receive your check.** Check payable to: Cecilia Stipes Mail: 328 Capelli Drive, Felton, CA 95018.

# GEARING UP

Green River Fishout - July 13-19, 2019

*Fishmaster: John Steele - 476-0648*

The Green River Fishout is scheduled for July 13th through July 19th, 2019 (Saturday through the following Friday). The Green River has its headwaters in the Wind River Mountains of Wyoming, and is the largest tributary of the Colorado River. It reemerges from Flaming Gorge Reservoir Dam, situated in the northeast corner of Utah, and the tailwaters are where our group will fish. The water released from the dam is regulated to maintain an optimum temperature and flow that has created a world-famous blue-ribbon trout fishery. It carves its way through a spectacular red rock canyon and is the home of a healthy number of large brown and rainbow trout. It is rare to catch one under 16 inches, and not uncommon to catch several over 20 inches. You can walk a well-maintained trail along the river and bank fish, and/or book a guide to drift the river. The Trout Creek Flies and On The Fly guides are all very competent, excellent teachers, and provide all



your terminal tackle, plus a delicious riverside lunch.

Lodging for some of the Santa Cruz Fly Fishermen group will be at Trout Creek Flies Lodge, which has cabins that can accommodate up to four fishers each, and have mini-fridges and microwaves, and there is an on-site restaurant. John has reserved two cabins thus far, so you wish to stay there, please call Trout Creek at 435-885-3355, and tell them you are with the Steele group. There are other lodging options in the area, namely, Flaming Gorge, (435) 889-3773, and Red Canyon Lodge, (435) 889-3759, and other dining opportunities as well. Your accommodations are up to you to reserve.

If you intend to go on this fishout, please let John know, so he can determine how to schedule guides. At this time of year, both accommodations and guide books fill up, so if your summertime plans include the Green River, call John ASAP.

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## Loreto Fly Fishing Trip in July 2019 - Sign Up Now!

*Fishmaster: Rich Hughett - 831-757-5709*

Experience a new HIGH! Fish for Dorado, and many other saltwater fish, including Bonito, Roosters, Yellowtail and Sailfish on a fly! Join the group going to Loreto in Baja from Sunday, July 14th through Thursday, July 18th. This trip includes:

\*Four nights at the beautiful Hotel La Mision, on the waterfront, next to the Loreto Harbor.

\*Three days of fishing on 24 foot Super Pangas.

\*Ground transfers and fishing licenses.

It does not include meals, because there are some nice restaurants (A lot of fresh seafood!) in town or if you prefer, eat at the hotel, where they will also cook your catch.

The fishing day starts around 6:00 a.m. and we usually get back to the harbor between 1:30 and 2:00 p.m. Spend the rest of the afternoon fishing from the beach, having a cool drink in the pool, exploring Loreto, or just sitting around telling some tall fish stories. And, you will have many exciting moments on the Sea of Cortez to talk about.

The approximate cost for everything but meals and airfare is: \$795.00 per person (double occupancy). Interested? Please contact Rich Hughett, 831-757-5709, for all the details. We will need to book airline flights\*, rooms and pangas as soon as possible.

\*Southwest Airlines from San Jose and Alaska Airlines from Los Angeles to Loreto. Rich will help with your airline reservations.



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## Bait for Thought

Perspective



“They say you forget your troubles on a trout stream, but that’s not quite it. What happens is that you begin to see where your troubles fit into the grand scheme of things, and suddenly they’re just not such a big deal anymore.” -John Gierach

# GEARING UP

**Mammoth Lakes Fishout - Sept. 21st-28th and Sept. 28th-Oct. 5th.**

**Fishmaster: John Cook - 688-1561**

This fishout will take place over two consecutive one-week periods, Sept. 21st through Sept 28th, and Sept. 28th-Oct. 5th. You may sign up for one of these two periods, or both.

**Location:** Mammoth Lakes is on the eastern side of the Sierras, six to seven hours' drive from Santa Cruz. There are many lakes and streams in the area for us to fish. We will be staying in condominiums in the town of Mammoth Lakes. There will be two people per bedroom. If you would like to have your own bedroom, it will be \$540 per week.

**Cost: \$310 per person per week.** This covers seven nights' lodging with three meals per day. Sign up for either week, for \$310, or both weeks for \$620.

**Meal Preparation:** Each person will be assigned to a group for a Kitchen Day. The group will set out breakfast and lunch foods, store unused food, prepare the evening

meal and clean up on the day assigned.

**Sign Up:** Starting **February 15th through April 22nd** the first people who send me their money will get first shot at a spot. When you send me the money, state which week you

want. **Money is not refundable** unless someone takes your place. I will let everyone know after April 30th. Make plans with friends to secure a spot for each of you. I must receive your money **before April 22nd.** Mail your check, made out to **John Cook, to P.O. Box 2822, Aptos, CA, 95001-2822.** I will maintain a waiting list for each week. If a space becomes available, you will be notified by phone.

**Unused funds:** Any funds received but not spent on the Fishout will be used for prizes for our annual fund raiser.



## LifeLines

### Hands-Only CPR Fact Sheet

*From the American Heart Association*

#### Why Learn Hands-Only CPR?

Cardiac arrest – an electrical malfunction in the heart that causes an irregular heartbeat (arrhythmia) and disrupts the flow of blood to the brain, lungs and other organs - is a leading cause of death. Each year, over 420,000 out-of-hospital cardiac arrests occur in the United States.

\* When a person has a cardiac arrest, survival depends on immediately getting CPR from someone nearby.

\* According to the American Heart Association, 90 percent of people who suffer out-of-hospital cardiac arrests die. CPR, especially if performed immediately, can double or triple a cardiac arrest victim's chance of survival.

\* Most Americans (70 percent) feel helpless to act during a cardiac emergency because they don't know how to administer CPR or they're afraid of hurting the victim.

#### Be the Difference for Someone You Love

If you are called on to give CPR in an emergency, you will most likely be trying to save the life of someone you love: a child, a spouse, a parent or a friend.

\* 80 percent of out-of-hospital cardiac arrests happen in private or residential settings.

\* Unfortunately, only 41 percent of people who experience an out-of-hospital cardiac arrest get the immediate help that they need before professional help arrives. • Hands-Only CPR has been shown to be as effective as conventional CPR for sudden cardiac arrest at home, at work or in public. It can double or even triple a victim's chance of survival.

#### Music Can Save Lives

Hands-Only CPR has just two easy steps: If you see a teen or adult suddenly collapse, (1) Call 9-1-1; and (2) Push hard and fast in the center of the chest to the beat of the disco song "Stayin' Alive."



The AHA has collaborated with DJ Earworm to create a "Hands-Only CPR Mash-Up" of other popular songs that have the right rhythm to guide compressions for Hands-Only CPR, and coincidentally, have a life-saving message.

• People feel more confident performing Hands-Only CPR and are more likely to remember the correct rate when trained to the beat of a familiar song.

• During CPR, you should push on the chest at a rate of at least 100 compressions per minute. The beats in both

"Stayin' Alive" and the songs in DJ Earworm's "Hands-Only CPR Mash-Up" are a perfect match for this.

#### Take 60 Seconds to Learn How to Save a Life

• Watch the 60-second demo video. Visit [heart.org/handsonlycpr](http://heart.org/handsonlycpr) to watch the Hands-Only CPR instructional video and share it with the important people in your life. You can also find a CPR class near you.

The American Heart Association's Hands-Only CPR campaign is supported by an educational grant from the WellPoint Foundation.

**NOTE:** The AHA still recommends CPR with compressions and breaths for infants and children and victims of drowning, drug overdose, or people who collapse due to breathing problems.



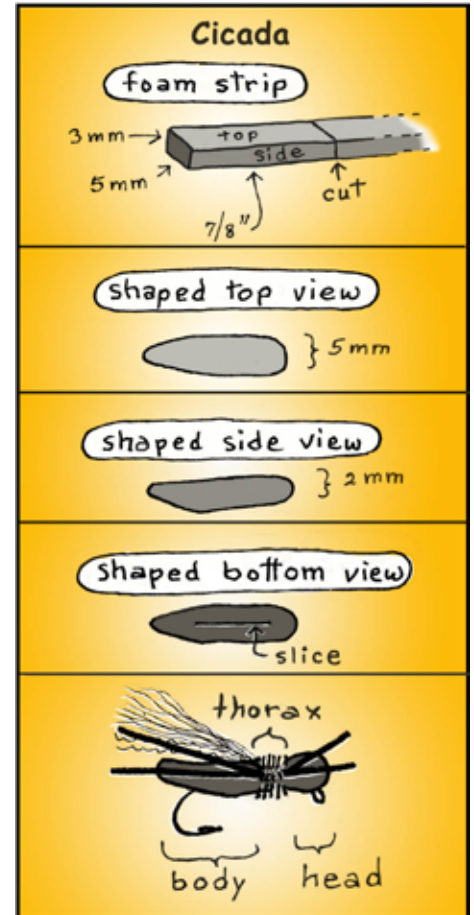
# FLY OF THE MONTH

## Cicada

*Cicadas are insects with a very interesting life cycle and are found around the world. They become available to trout during their brief adult stage. The Green River below Flaming George Reservoir is a popular fishing destination for our club members. Look for Cicadas there in late spring. As an adult, they are a flying insect but very poor pilots and find themselves in the water frequently where fish readily feed on them. One clue that they are around is by the unusual clicking sound that they make. Don't hesitate to fish them anywhere or anytime. They float without floatant due to the foam body.*

**Hook:** Standard dry fly hook, i.e. TMC 100 size 10  
**Thread:** Black 6/0 or 8/0  
**Body:** Black foam, 5mm thick  
**Glue:** Zap-a-Gap or Super Glue  
**Underwing:** Golden Crystal Flash  
**Overwing:** White calf tail  
**Legs:** Speckled golden/tan rubber legs  
**Thorax:** Brown grizzly

1. Crimp barb.
2. Lay down layer of thread on entire shank. Tie off, cut thread.
3. Cut foam strip 3mm wide. Cut into 7/8" long pieces. Shape, rounded in front, pointed in back. (see diagram) Cut slot in bottom, (see diagram) Put glue on shank. Position body on top of hook.
- with shank in slit. Push down on center of foam until glue dries.
4. Attach thread mid shank. Snugly wrap forward compressing foam in thorax area.
5. Cut one strand of Crystal Flash into 4 pieces. Stack. Lay center of bundle on top of thorax, make two wraps, fold forward strands to rear, tie in place.
6. Clean and stack tips of small bundle of calf tail hairs. Lay on top of body, tips extending to tips of Crystal Flash. Tie in place, cut excess. Use black sharpie to darken stub ends. Apply glue to tie in.
7. Cut rubber legs into 4 pieces 1 1/4" long. Attach center of 2 on far side of thorax, then 2 on near side.
8. Using hackle with barbs 2-3 times hook gap, cut off butt end leaving 3 3 1/2 inches. Cut crew cut at butt end. Attach crew cut on top of thorax. Make many wraps around entire thorax. Tie off, cut excess.
9. Half hitch knot being eye. Cut thread.
10. Cut barbs short.



# RECIPE OF THE MONTH

## Brown Butter Perch

From [www.allrecipes.com](http://www.allrecipes.com)

### Ingredients:

1 cup flour  
1 teaspoon salt  
1/2 teaspoon finely ground black pepper  
1/2 teaspoon cayenne pepper  
8 ounces fresh perch fillets  
2 tablespoons butter  
1 lemon, cut in half

### Directions:

Whisk flour, salt, black pepper, and cayenne pepper in a bowl. Gently press perch fillets into flour mixture to coat, shaking off any excess flour.

Heat butter in a skillet over medium heat until butter is foaming and nut-brown in color. Working in batches, place fillets in skillet and cook until light golden, about 2 minutes per side. Transfer cooked fillets to a plate, squeeze lemon juice over the top, and serve.

**Tip:** Aluminum foil helps keep food moist, ensures it cooks evenly, keeps leftovers fresh, and makes clean-up easy.



# MEMBERSHIP NOTES

**Renewal Reminder**  
*By Membership Director Bob Peterson*

The good news is that we have 120 paid members for 2019 with 10 new members. I have sent out 45 email reminders that the dues deadline is March 31st in order to have your name and information in the 2019 newsletter. Thank you to the 25 members who have donated a total of \$575 extra for conservation and scholarships new this year.

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## Cast of Thousands

### Lost and Found:

#### Folded prescription glasses

Found after the February 6th club meeting, on the bench, next to the wall on the right side of the meeting area as you enter the building. Please contact Jim Black, at 688-8174 if they are yours.

# PROGRAMS

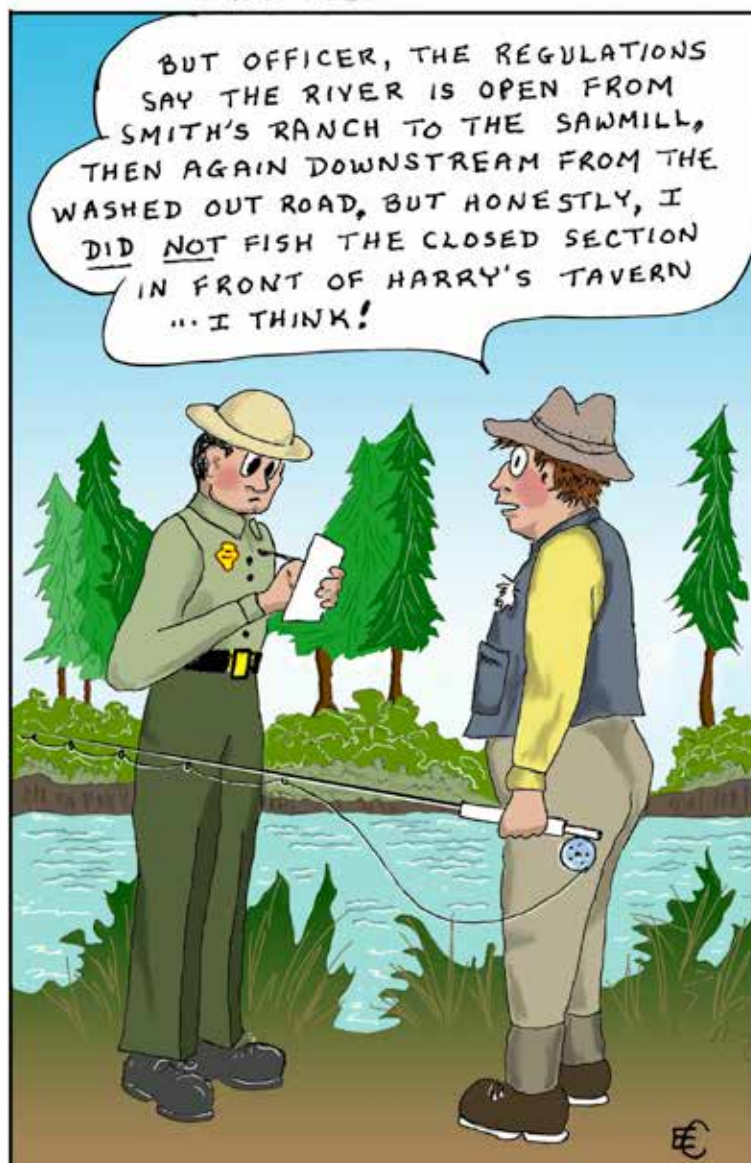
**Input Needed on Programs**  
*By Programs Director Jim Black*

I would appreciate any and all comments from Members on the monthly presentations, even brief comments would be very much appreciated, good, bad or ways to improve. I would also appreciate suggestions and recommendations for topics, about which you are interested in or would like to learn about. For example, would you like to learn about Great White Sharks in our waters? You may never wade in the surf again!! Please email or text me: [Jameswilsonblack@me.com](mailto:Jameswilsonblack@me.com) or call 831-688-8174 with comments and your suggestions.

**Example:** At the February meeting, I thought Jon Baiocchi's presentation was excellent. Very specific and detailed from a guide who clearly loves the outdoors and fishing. He also can cover and discuss fishing from a drift boat and lakes.

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### FIN FLUTTER



# MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 <i>NewMoon</i> ● Club Meeting 7 PM Aptos Grange	7	8	9
10 Daylight Savings Time Begins	11	12	13	14 <i>1st Qtr</i> ☾	15	16 Special Fly Tying Class Poppers @Elaine's ←
17 Special Fly Tying Class Poppers @Elaine's →	18	19	20 <i>FullMoon</i> ● Board Mtg. 7 PM Steele home After school fly fishing program Bay View 1-2:30 PM	21	22	23
24 Pyramid Lake ←	25 Pyramid	26 Lake	27 Fishout	28 <i>LastQtr</i> ☾	29	30 →
31						

# APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fool's Day	2	3 Club Meeting 7 PM Aptos Grange	4	5 <i>NewMoon</i> ●	6
7	8	9	10 Fly Tying Class - 7 PM Aptos Grange	11	12 <i>1st Qtr</i> ☾	13
14 Palm Sunday	15	16	17 Board Mtg. 7 PM Steele home	18 After school fly fishing program- Gault Elem. 4-5:30 PM	19 <i>FullMoon</i> ● Good Friday Roostercomb ←	20 Fishout
21 <i>Easter</i> Roostercomb Fishout →	22 Earth Day	23	24	25	26 <i>LastQtr</i> ☾ Arbor Day	27 Los Padres Reservoir Fishout
28	29	30				