

MAY

2017

CLUB MEETING

Date: Wednesday, May 3rd
Time: Open – 6:45 PM
 Meeting – 7:00 PM
Place: Aptos Grange, 2555 Mar Vista Dr., Aptos

Steelhead and Trout from Redding to the Coast
Guest Speaker: Aaron Grabiell



Aaron Grabiell was raised in Northern California in a small town just east of Redding spending all of his free time hunting and fishing the local “secret” spots. As a guide, Aaron is extremely patient and knowledgeable taking time to teach all that he can to people wanting to learn. He is a guide with a true passion for his job and teaching. He has been guiding since 2004. He has fished all over Northern California and Western United States. He has guided in Alaska and has spent many months in Argentina.

Aaron is the owner/operator of HarvestWild, and will be discussing the Trinity River System from its headwaters in the Trinity Alps to its confluence with the Klamath River. The presentation will include from the top down Trinity headwaters, Trinity Lake, Lewiston Lake, Fly Only Water, Upper Trinity and Lower Trinity River. Then he will go over the Sacramento River from Lake Siskiyou down to Red Bluff Diversion Dam. He will start at the top with Lake Siskiyou then work the way down the drainage covering Upper Sacramento, Shasta Lake, Keswick, Lower Sacramento, Redding to Red Bluff. Aaron will cover the season’s proper rigging and rod choice as well as fly selection. At the end of the presentation, there will be an overview of HarvestWild’s mission and what services they provide.

Bait for Thought

Nothing New Under the Sun

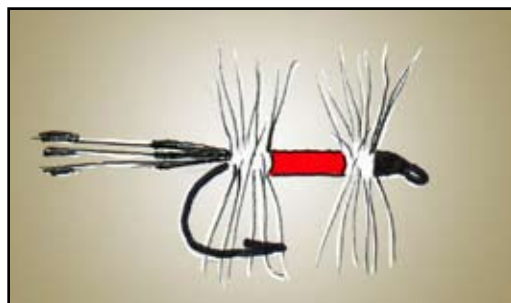
There’s always a hot new fly. Precious few of these patterns are genuine breakthroughs destined to last for a hundred years, but more often they’re idle comments on existing traditions, explorations of half-baked theories, attempts to use new and interesting materials, to impress other tiers, or excuses to rename old patterns. The results are often pointless fads like the craze in some pretentious restaurants of plopping fried quail eggs on everything or calling sandwiches “paninis.”

~John Gierach

FLY TYING CLASS

Date: Wednesday, May 10th
Time: Open - 6:45 p.m.
 Class - 7:00 p.m.
Place: Aptos Grange Hall, 2555 Mar Vista Dr., Aptos

Sierra Bright Dot
Instructor: Elaine Cook



This is a simple dry fly attractor pattern. It’s wildly successful in moving and still waters. If you are going to the Mammoth Fishout, be sure to have a few of these for Mamie Lake.

Sign ups are at the general club meeting or call Elaine at 688-1561 at least 24 hours in advance. If you sign-up and later find you are unable to attend, notice of cancellation is appreciated. There is no charge for the class.

Materials are provided (non-beginners please bring 8/0 black thread). Please bring tools and vise, (some available for beginners) light and needed glasses and/or magnification.

What’s Inside:

President’s Line, In Memoriam.....	p.2
Board, They Work 4U, Fishout Schedule.....	p.3
Catchy Releases, Monthly Raffle.....	p.4
LifeLines.....	p.5
Gearing Up.....	p.6
Fly Fishing 101, Gone Fishing.....	p.7
Fly of the Month, Recipe of the Month.....	p.8
Rod Tips, Gearing Up, Cartoon.....	p.9
Calendar.....	p.10

President's Line

Forty Years and Counting

By President Jim Black

The Santa Cruz Fly Fishermen club is celebrating our 40th year of continuous activity this year; a real tribute to the participation of all our volunteers, who make it happen. We continue to explore new ideas and strive to improve our member experience.

This past two years we improved our Patagonia experience and look forward to the upcoming Patagonia Night on Thursday April 27. We have entered into an informal partnership with the Coastal Watershed Council and have participated with them in the successful November 5th Fly Fishing Demonstration on the San Lorenzo River, the annual Patagonia Night, and the Pour Tap Room event. CWC adds exposure to a broader crowd of prospective new members.

We share a common interest in the San Lorenzo River and we have increased our membership through these events this past year.

Going forward, we are adding a "Beginners Fly Fishing Class" which will be scheduled before the fly tying classes, details to be announced. One newer idea, which will be part of the Annual January dinner, will be offering guide trips in the Silent Auction. We have more ideas going forward and appreciate any suggestions or ideas from you. We will need more volunteers, both new and replacement, going forward and this will be addressed separately.

As to the conditions of the rivers; it seems different. Rivers are becoming fishable, all with the concern of a rapid snow melt, and with some fishing dates being rescheduled, principally by the guides. It's possible the rivers with migratory fish, such as shad, steelhead, and stripers, may even enjoy much more activity than in the last years of the drought.



IN MEMORIAM

Commander Kent S. Hull, Sr., aged 75, of Santa Cruz died March 12th, 2017. He was born in Champaign, Illinois, the eldest son of Allan and Faye Hull. He was educated at the University of Chicago, as well as the Naval Post Graduate School in Monterey and did later graduate work at Stanford University. He achieved the ranks of Eagle Scout in Boy Scouts and Commander in the United States Navy.

Cdr. Hull spent much of his career in the United States Navy as a pilot, flying squadron helicopters from various aircraft carriers as well as doing search and rescue in Vietnam for a year. He later began working in administrative duties, eventually specializing in Human Factors of Human and Machine Interfacing, where he worked on loan to NASA.

He was active in the Santa Cruz Fly Fishermen's Club, serving as Secretary and newsletter editor. The SCFF will long remember his detailed, lengthy minutes when he served as secretary. Once a month, we were treated to his dramatic readings of what took place at the previous meeting, marveling in how he was able to have recorded such detail, and sometimes embarrassed that he had. His service as newsletter editor was similarly precise and often verbose, necessitating extra postage to mail the print issues. It was this publisher's great pleasure to have served with him.

He was also on the Interim Board of Directors when his neighborhood purchased the privately owned water company and organized it as a non-profit mutual benefit corporation.

As a youth and a Boy Scout, Cdr. Hull had made many back-packing trips in the wilderness areas of the Sierras; as an adult, he relished returning to those areas to fly fish.



He leaves his wife Sharon, whom he married in 1965; his daughter Anne and her husband Conrad and cherished grandson Tobin of Santa Cruz; and his son Kent Jr. and his wife Christina of Martinez. He is also survived by his sister Rita and her husband Bob of Wayland, MA; and brother Dave and his wife Gretchen of Gig Harbor WA, as well as several nieces and nephews. He was predeceased by his sister Stephanie and grandson Pippin.

Funeral services will be private. A memorial service will be held at a date as yet to be determined. E-mail plants@cruzio.com if you would like to be notified of date and time. Memorial gifts in Cdr. Hull's memory can be made to the Compassionate Friends of Santa Cruz, <https://www.compassionatefriends.org/chapter/tcf-of-santa-cruz/>, The American Civil Liberties Union or to the Nature Conservancy.



2017 Board of Directors

Officers

President	Jim Black	688-8174
Vice President	Milana Rawson	583-9370
Treasurer	Jim Tolonen	475-8859
Secretary	Roy Gunter	809-0316

Committee Heads

Raffle Coordinator	Jeff Goyert	234-0033
Membership	Bob Peterson	251-8655
Fishouts	John Cook	688-1561
Programs	Tim Loomis	426-4683
Conservation	Barry Burt	688-0187
News Editor	Kirk Mathew	724-6811
Webmaster	Pat Steele	476-0648
Fly Tying Master	Elaine Cook	688-1561
Annual Raffle	George Pike	423-2956
	John Steele	476-0648
Marketing/Publicity	Michael McGannon	688-3025
Annual Benefit Coordinator	Petar Ilic	475-0268
Facilities Coordinator	Steven Rawson	583-9370
Video Librarian	Mike DiCiano	688-1682

Members at Large

Kathy Powers	728-4130	
Dennis Davie	566-7447	Pablo Grabiell 562-652-3771

Board Meeting: The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time.

News: Members are encouraged to contribute news items. Submit copy to the editor, Kirk Mathew, 724-5611, k4mathew@sbcglobal.net. Please see calendar for the deadline each month.

They Work for You

Secretary of the Interior Ryan Zinke

Department of the Interior
Washington, D.C. 20240
<http://www.doi.gov/index.html>

Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>
San Francisco, CA 94104

Senator Kamala Harris

Washington D.C.
112 Hart Senate Office Building, Washington, DC 20510
Phone (202) 224-3553

Anna Eschoo, 14th District Congresswoman

698 Emerson St.; annagram@mail.house.gov
Palo Alto, CA 94301 (650) 323-2984

Jimmy Panetta, 20th District US House of Representatives

228 Cannon House Office Building
Washington, DC 20515
Phone: 202-225-2861

Governor Jerry Brown

Capitol Bldg., 1st Floor
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

Senator Bill Monning, Assembly Dist. 17

701 Ocean St., #318-A, Santa Cruz, CA 95060
(831) 425-0401; <http://sd17.senate.ca.gov>

Assemblyman Mark Stone (D-Monterey Bay)

701 Ocean St, #318b, Santa Cruz, CA - (831) 425-1503
<http://asmc.org/members/a29/>



Fishout Schedule

Date	Location	Target species	Fishmaster
May 5-7	Roostercomb Ranch	Bass	Jeff Slaboden-(831) 688-0521
May 13 (tentative)	Rio Del Mar Beach	Surf Fishout	Sam Bishop (831) 476-6451
Sunday, May 14	Quail Hollow Ranch	Fly Fishing 101	Milana Rawson (831) 583-9370
Spring TBA	Bass Lake	Bass	Dan Eaton (831) 336-2933
June 7-8	Yuba River	Shad	Jim Black (831) 688-8174
June 10	Manresa Beach	Surf Fishout	Kirk Mathew (831) 724-6811
July 8	Palm Beach	Surf Fishout	Sam Bishop (831) 476-6451
July 8 - 15	Green River, UT	Trout	John Steele (831) 476-0648
August 5	Rio Del Mar Beach	Surf Fishout	Mark Traugott (831) 338-6056
August 6-10	Loreto Baja Sur	Dorado, saltwater species	Rich Hughett (831) 757-5709
August 18-20	Yuba River	Trout	Mark Traugott (831) 338-6056
August TBA	Sierra Backpack Trip	Trout	George Pike (831) 239-4863
Sept. 9	Manresa Beach	Surf Fishout	Sam Bishop (831) 476-6451
Sept. 23 - 30 (wk.#1)	Mammoth Lakes	Trout	John Cook (831) 688-1561
Sept. 30 - Oct. 7 (wk.#2)	Mammoth Lakes	Trout	John Cook (831) 688-1561
October 7	Beer Can Beach	Surf Fishout	TBA
October TBA	Lake Almanor	Large Browns	Tim Loomis (831) 426-4683
Oct. TBA	San Luis Forebay	Stripers	Steve Rudzinski (831) 462-4532

If you have any questions about Fishouts either call the person listed or you can call John Cook, 688-1561. Fishouts are a great way to meet people in the club and learn new techniques and places to fish.

Catchy Releases

2017 Invasive Species Youth Art Contest Kicks Off with “Don’t Let it Loose” Theme

Young artists and future biologists are invited to enter this year’s California Invasive Species Art Contest, sponsored by the California Department of Fish and Wildlife (CDFW). This year’s theme is “Don’t Let it Loose!”

MARCH 20, 2017

Youths in grades 2 through 12 are eligible to enter. Entries should depict invasive species that might be released into California’s waters, parks and wildlands, along with appropriate messaging such as (but not limited to) the following: 2017 CISAW Youth Poster Contest Announcement Flier

Releasing invasive species into the wild can harm the environment and California’s native plants and animals

Description(s) of one or more species that are commonly released into waters, parks or wildlands

Explanations or illustrations showing other ways to rehome unwanted pets or plants

All types of media are welcome and encouraged – drawings, paintings, animations, comic strips, videos, public service announcements, etc. Submissions must be received no later than May 5, 2017, and may be submitted by email or regular mail.

Winners will be chosen in three age divisions: grades 2-4, 5-8 and 9-12. Winners from each division will receive awards and have their posters displayed on CDFW’s Invasive Species Action Week webpage. The submission judged to be the best overall will also receive the “Invasive Species Program Choice” Award.

The entry form and a pdf of the contest announcement flyer can be found online at www.wildlife.ca.gov/CISAW.

The contest is sponsored by CDFW’s Invasive Species Program as part of the 2017 California Invasive Species Action

Week, June 3-11. The goal of the Action Week is to increase public awareness of invasive species issues and encourage public participation in the fight against California’s invasive species and their impacts on our natural resources.

Many people don’t realize the potential implications of

very simple acts. For example, the release of non-native crayfish used as fishing bait has likely resulted in the decline of California’s native crayfish and impacted other species dependent on the habitat. The dumping of aquarium plants can ultimately end up destroying the quality of our waterways and lands. Red-eared sliders, aquarium fish, and Nerodia water-snakes are other examples of released

species that can become invasive and negatively impact native species.

California Invasive Species Action Week activities around the state will include presentations on aquatic and terrestrial invasives, guided outings to observe and assess infested areas, invasive species removal efforts, habitat restoration projects and the announcement of the winners of the youth poster contest. Opportunities for youths and adults to participate or volunteer will be available across the state through participating agencies, organizations and volunteer groups, with information and details to be provided on the Action Week webpage.

More information about CDFW’s Invasive Species Program, including examples of invasive species currently affecting California’s wild lands, can be found at www.wildlife.ca.gov/conservation/invasives.



MONTHLY RAFFLE

Spring Cleaning

By Monthly Raffle Director Jeff Goyert

I figured it was time to do some Spring cleaning in the old goodie locker so I came up with something a little different for the monthly raffle.

What we will have is a table full of neat stuff ranging from a really nice wooden landing net to a streamside fly tying tool kit. Other booty includes a couple magazine subscriptions, a great Ralph Cutter book, an emergency SOS kit, a Climax fly line, a couple good size fly boxes, and thanks to the efforts of Pat Steele, a \$50 gift card for the Redding Fly Shop!

All the tickets will go into one bucket; winners will get their choice of prizes off the table.

Bring some extra cash to buy some lucky raffle tickets. Remember that the money generated by the monthly raffle is used by the Club to help pay for guest speakers, special events, BBQs, and other club functions.



LifeLines

The Five Types of PFDs

From <http://www.mustangsurvival.com>

Once you've decided to purchase a Personal Flotation Device (PFD), the next step is to figure out which one is right for you. PFDs come in a variety of different shapes, colors and materials. Some are made to be more streamlined, while others are made to protect you from hypothermia. No matter which type of PFD you choose, be sure to get the one that's right for you – because the best PFD is the one you will wear!

There are five different types of PFDs available. Here is a brief description of each of them:



PFDs, or offshore lifejackets, are the most buoyant PFDs and suitable for all water conditions, including rough or isolated water where rescue may be delayed. Although bulky in comparison to Type II and III PFDs, offshore jackets will turn most unconscious individuals to the face-up position. They range in sizes from adult to child.

Buoyancy: at least 22 lbs

Advantages: Turns most unconscious wearers face-up in the water

Disadvantages: Bulky



These PFDs – or near-shore buoyancy vests – are for calm and open water where a rescue will most likely occur quickly. These are not designed for long periods in rough water, and will turn some – but not all – unconscious wearers face-up in the water. This vest is less bulky than a Type I, and often the least expensive of the PFD types.

Buoyancy: at least 15.5 lbs

Advantages: Turns some unconscious wearers face-up in the water

Disadvantages: Not meant for delayed rescue, or in rough waters



Type III PFDs – or flotation aids – are for calm and open water where a rescue will most likely occur quickly. These PFDs are designed to keep the wearer in a vertical position, but it is the wearers' responsibility to maneuver themselves into a face-up position. Type III PFDs will keep unconscious wearers face-up just as well as a Type II vest. These types of vests are the most comfortable to wear, and popular for recreational boating and fishing.

Buoyancy: at least 15.5 lbs

Advantages: Available in many styles, generally the most comfortable type for continuous wear

Disadvantages: Not meant for delayed rescue, or in rough waters



These are designed to be thrown to a conscious person in the water. These are not designed to be worn. A few examples of a Type IV PFD are a buoyant cushion, a life ring, or a horseshoe buoy.

Advantages: Can be thrown to someone

Disadvantages: Not appropriate for an unconscious person, or children



These devices are to be worn for specific activities that will be described on the PFD's label. To be effective, Type V PFDs must be worn according to these specifications, and many must be worn at all times in order to qualify as a PFD. A Type V label will also list its performance as Type I, II, or III. A Type V PFD – like a full body survival suit – provides protection from hypothermia, and is best suited for cool climates as they can become quite warm in mild or hot weather.

Advantages: Useful for specific activities, continuous wear prevents being caught without protection

Disadvantages: Less safe if not used according to label specifications, some are only approved if worn

For more information on types of PFDs and safe boating practices, please visit the USCG Boating Safety Resource Center (hyperlink to <http://www.uscgboating.org/>).

GEARING UP

Roostercomb Ranch Bass Fishout

Date: May 5-7, 2017

Fishmaster: Jeff Slaboden H(831)688-0521 W(831)722-9576

As we go to print, there are a couple of spots available. If you wish to sign-up, you must do so right away. Call Jeff to arrange for payment (\$255 per person) The Roostercomb Fishout is a 3-day, 2-night trip. This is an excellent fishout for beginners, so don't be intimidated for lack of skill, experience or equipment. It's also a great place to get away from it all and do hiking, birding ATV-ing all over the ranch, or just kicking back. Each is a 3-day, 2-night trip. The Roostercomb Ranch is located in Stanislaus County bordered by private ranches and the Henry Coe State Park, 22-miles on dirt road from Casa de Fruta Restaurant in Hollister. **Note:** We will caravan together to the ranch on Friday morning and out from the ranch on Sunday late afternoon.

This 5,800-acre ranch offers 9 ponds stocked with bass and blue gill for fishing from float tubes and from shore. Housing will be available in both the bunk house and ranch house, or you can camp. Meal groups will be organized for breakfast and dinner only. Lunches, snacks and beverages are individuals' responsibilities. Due to the heavy rains, rugged dirt roads, and high water in the streams, transportation in and out of the ranch is required with 4-WD vehicles only!...NO all-wheel drive vehicles at this time for April trip. Arrangements can be made for those without 4-WD to ride with someone who has. Let Jeff know when you call in if you need transportation. Each trip will be limited to 16 fishers with a minimum of 10 persons, fishing or not. For more details, you can contact Jeff.

Green River Fishout- July 8-15

Fishmaster: John Steele - 476-0648

The Green River Fishout is scheduled for July 8th through July 15th, 2017. This river is a tailwater of the Flaming Gorge Reservoir Dam, situated in the northeast corner of Utah. It carves its way through a spectacular red rock canyon, and is the home of a healthy number of large brown and rainbow trout. It is rare to catch one under 16 inches, and not uncommon to catch several over 20 inches. You can walk a well-maintained trail along the river and bank fish, and/or book a guide to drift the river. The Trout Creek Flies and On The Fly guides are all very competent, excellent teachers, and provide all your terminal tackle, plus a delicious riverside lunch.

At the present time, lodging for the Santa Cruz Fly Fishermen group has not yet been firmed up, but John has reserved rooms at Trout Creek Flies Lodge, which has cabins that can accommodate up to four fishers each, and have mini-fridges and microwaves, and there is an on-site restaurant. There are other lodging options in the area, namely, Flaming Gorge, (435) 889-3773, and Red Canyon Lodge, (435) 889-3759.

More information will be available later on, when we ascertain the status of the accommodations, however, if you intend to go on this fishout, it would be a good idea to let John know, so he can determine how many rooms we will need, and also to schedule guides.

2017 Loreto Fishout - August 6th through August 10th

Fishmaster: Rich Hughett - 757-5709

Experience a new HIGH! Catch Dorado and many other saltwater fish (Roosters, Sailfish, Yellowtail, bonita) on a fly! Join the group of Santa Cruz Fly Fishermen going to Loreto in Baja and fishing from Friday, August 4th through Tuesday, August 8, 2017. The cost is \$750.00 per person (double occupancy, no deposits up front) and includes:

*Four nights at the beautiful Hotel La Mision, on the waterfront next to Loreto Harbor.

*Three days of fishing on 22 foot Super Pangas.

*Ground transfers.

It does not include airfare*, fishing license and meals, because there are some nice restaurants (A lot of fresh seafood!) in town or if you prefer, eat at the hotel, where they will also cook your catch!

The fishing day starts around 6:00 a.m. and we usually get back

to the harbor between 1:00 and 2:00 p.m. Spend the rest of the afternoon fishing from the beach, having a cool drink in the pool, exploring Loreto and the area, or just sitting around telling some tall fish stories. And, you will have many exciting moments on the Sea of Cortez to talk about.

Rich Hughett will meet with those going prior to the trip to discuss which rods, reels and flies to bring, the various types of fish in the Loreto area and to answer questions.

Interested? Please contact Rich at 831-757-5709, now for all the details. We need to book airline flights, hotel rooms and pangas as soon as possible.

*For the best deal, check Southwest Airlines out of San Jose and Alaska Airlines from Los Angeles to Loreto. Rich will help with your airline reservations.

Mammoth Lakes Fishout - Sept. 23rd-30th and Sept. 30th-Oct. 7th

Fishmaster: John Cook - 688-1561

This fishout will take place over two consecutive one-week periods, Sept. 23rd through Sept 30th, and Sept. 30th-7th. You may sign up for one of these two periods, or both.

Location: Mammoth Lakes is on the eastern side of the Sierras, six to seven hours' drive from Santa Cruz. There are many lakes and streams in the area for us to fish. We will be staying in condominiums in the town of Mammoth Lakes. There will be 2 people per bedroom. If you would like to have your own bedroom, it will be \$540 per week.

Cost: \$310 per person per week. This covers seven nights' lodging with three meals per day. Sign up for either week, for \$310, or both weeks for \$620.

Meal Preparation: Each person will be assigned to a group for a Kitchen Day. The group will set out breakfast and lunch foods, store unused food, prepare the evening meal, and clean up on the day designated.

Sign Up: Starting **February 1st through April 30th** the first people who send me their money will get first shot at a spot. When you send me the money state which week you want. You can send on money for as many people as you want. Money is not refundable unless I can't get enough sign ups to financially make it work. I will let everybody know after April 30th. Make plans with friends to secure a spot for each of you. **I must receive your money before April 30th.** Mail your check, made out to John Cook, to P.O. Box 2822, Aptos, CA 95001-2822.

The fishmaster will maintain a waiting list for each week. If space for you becomes available by May 1st, you will be notified by telephone.

Unused Funds: Any funds received but not spent on the fishout will be used for prizes for our annual fund raiser.

Public Education Day

Fly Fishing 101 - May 14, 10:00 AM to 4:00 PM, at Quail Hollow Ranch

by Vice President Milana Rawson - milanaklo4ko@gmail.com

This is an annual Fly Club tradition. The event is hosted in conjunction with the Santa Cruz County Parks, Education and Conservation Program. Our club and the sport of fly fishing is recognized for taking care of our environment and passing on a conservation legacy. Quail Hollow Ranch is a beautiful mountain park acquired by the county in the mid 80s. It features a 300-acre preserve that was once the home to Ohlone Indians, Spanish ranchers, even the headquarters for Sunset Magazine. Now it is home to a few horses, a natural history center and a spring-fed "untouchable" bass and bluegill pond. Don't forget the binoculars, as this is a major stop on the bird-watchers circuit. The Ranch is located above Felton, about a mile up Zayante Rd., a left turn just past the old Trout Farm Inn.

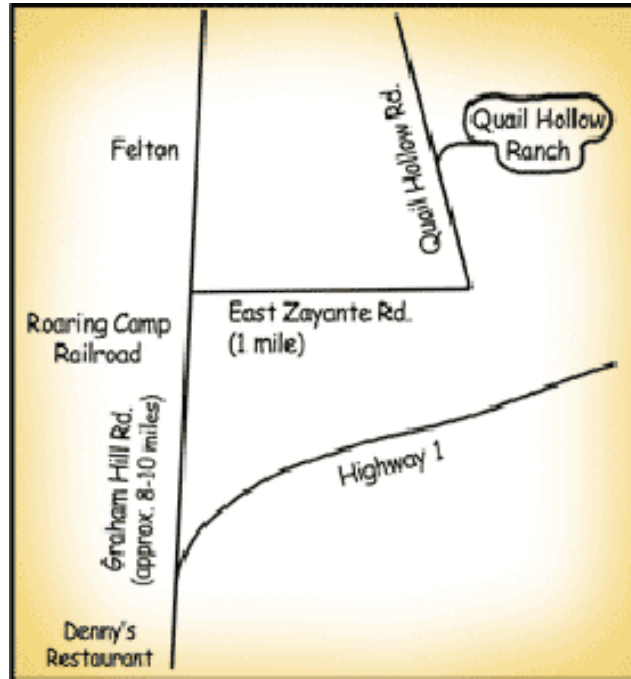
The day is geared toward introducing and educating the public as to why the members of our club are so hooked on fly fishing. Fly Fishing 101 will be taught by a member expert in the morning, followed by casting lessons in the morning and in the afternoon. There will also be fly tying demonstrations.

Kids and grandkids are especially welcome, so bring them along. They are the future of both fly fishing and conservation, so it's important to expose them to the sport. This event is all going to happen rain or shine. Everything is provided for fly casting, rods and

reels, and hookless yarn flies. There will be fly tying demonstrations as well. This will be a great club event, with a special invitation to all members to come out and represent what we're all about. Members who attend should be sporting some club attire, like one of our baseball caps, a T-shirt, or a casting shirt with our logo on it, and your name tag, so guests can tell who we are.

There'll be a BBQ lunch for everyone. Tell a friend and bring a friend to Fly Fishing 101 at Quail Hollow Ranch, Sunday, May 14th, 2016.

Directions: Graham Hill Road to East Zayante Road and travel about a mile, pass the Trout Farm Inn, take a left at the Quail Hollow Road bridge. Follow the road about a 1/2 mile and you will see the entrance on your right. For more info contact Milana Rawson



at milanaklo4ko@gmail.com.

GONE FISHING

Goodwin Lake Fishout – March 24-March 26

By Milana Rawson

It was my second time fishing at Goodwin Lake. I caught nothing both times, and fellows from our club admit it is a tough place for both experienced anglers and beginners. However, if I have a chance to return to Goodwin Lake in future, I will. And this is why:

First: Working out my patience:

In fact, people do catch fish there. What you need is fishing license, fishing rod, float tube, collection of woolly buggers and a lot of patience. Well, when it comes to fly fishing, I have all of it except patience. Goodwin Lake is a good venue for me to learn to be more patient. I have to admit that this time I spent more time on the water casting compared to my last visit. It is a good sign. It means that I am progressing. I believe that in future I can spend all day in attempts to catch fish, and maybe I will catch one.

Second: Train my body:

Although everyone calls it the Lake, Goodwin Lake has features of a river. It is narrower than any common lake, extended for a long distance, and has a slow current that gets stronger close to the dam. In order to get to the lake, one has to climb down the hill with the float tube mounted on his or her back. To make tube move on or against the current, significant force should be applied to the leg muscles. I found it beneficial for my health to spend all day in the fresh air and manage my float tube around the lake, which makes my muscles stronger.

Third: Enjoying the scenery:

All locality around the lake provides a scenery of jaw-dropping beauty for the eyes of the onlooker. Picturesque green hills overgrown with oaks and flowers are crowned with the stone plateau-like formation. The islets of cattail alongside the lake are nesting sites for the red-winged blackbirds. Near the base of the dam feeding the lake is a natural rock outlet that lets water through in the form of waterfalls. The local pranksters named these waterfalls "Viagra Falls" and even place the sign with this name nearby, which I captured with my camera during my first visit to the lake. This year, the sign has mysteriously disappeared, though.

Big thanks to Roy Gunter for providing a place to stay in his vacation home by the lake. We enjoyed three days and two nights in a warm house with all conveniences including kitchen stove and hot shower.

It was a lot of fun having a pleasant conversation over the dinner with fellow members of our club while listening to the professional frog choir reaching our ears through the windows.

There are many more points that I could add to my list of possibilities that Goodwin Lake can offer, but I will stop my writing here, so you might be encouraged to go and have your own unique experience and fun.

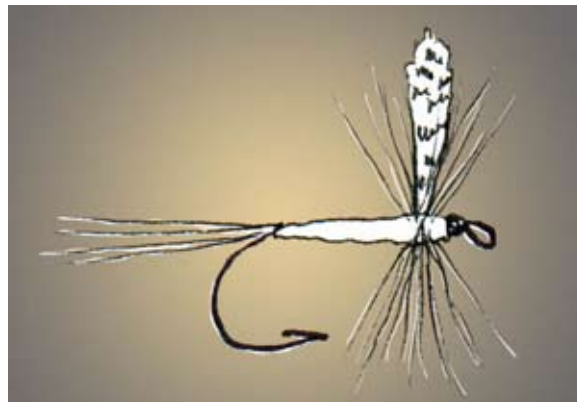
FLY OF THE MONTH

Adams Thorax

Submitted by Elaine Cook

There are many patterns that fly tiers use to imitate mayflies. This one is called a "thorax" tie. It's an easy tie, floats very well and apparently looks right to trout as they readily respond to it. "Adams" patterns mimic a specific mayfly species that has a gray body.

Hook: TMC or TFS 100, Dai-Riki #320 in sizes 14-20
Thread: Black 8/0
Tail: Grizzly and brown neck hackle
Body: Gray superfine dubbing
Hackle: Grizzly and brown saddle



1. Crimp barb.
2. Attach thread 1/3 back on shank
3. Stroke barbs away from stem of teal feather so that tips line up. Cut clump from stem. Lay on top of shank, tips extending forward a hook shank length beyond hanging thread. Tie in place with several wraps. Pull barb tips upright. Make several wraps snugly in front of them to hold upright. Cut butt ends at an angle, wrap to shank.
4. Select one neck feather from the side of each neck. As above, stroke barbs away from stem, line up, cut bundle. Tie to top of cut butt ends behind wing.
5. Dub a tapered body to mid-shank.
6. Select one saddle hackle of each color, barb equal to 1 1/2 hook gaps. Cut 5-6 barbs short on each side of stem (crew cut). Tie "crew cut" to top of shank. Finish dubbing body.
7. Make two wraps of both hackles behind wing then 1-2 in front of wing. Tie off; cut excess.
- 8 Tie a small thread head.
9. Whip finish, cut thread.

RECIPE OF THE MONTH

Oven-Roasted Cod Crusted with Herbs

From www.foodnetwork.com

Ingredients:

1 1/2 cups plain bread crumbs
1 handful fresh flat-leaf parsley
2 large cloves garlic
1 lemon, zested
Coarse salt
4 (6 to 8-ounce) cod fillets
Extra-virgin olive oil

Directions:

Preheat oven to 400 degrees F.
Place bread crumbs in a shallow dish. Pile parsley, garlic, lemon zest, and a little coarse salt on the cutting board. Finely chop the lemon-garlic mixture, then combine with plain bread crumbs.
Brush the top of each fillet with olive oil and dip in to the bread crumb herb mixture. Brush a little bit of olive oil in the bottom of a baking pan then place fillet in the pan, crust side up. Roast fillets in oven until firm to the touch, about 12 to 15 minutes.



Recipe courtesy of Rachael Ray

Rod Tips

“All Tied Up”

from The San Francisco Chronicle, April 14, 2017

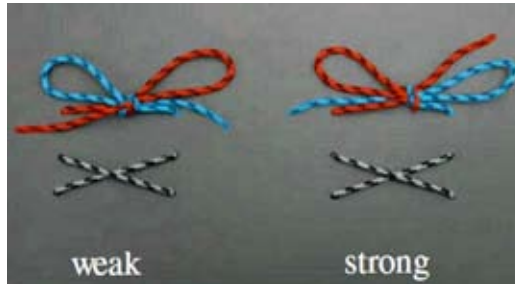
Submitted by Kathy Powers

Christine Gregg, a recreational runner, had become curious about why her sneaker laces kept coming undone. So, for two years, she and fellow student Christopher Daily-Diamond photographed their shoelaces, videotaped their shoelaces, and got down on their hands and knees to study every last little thing about their shoelaces. They ran on treadmills and ran down the U.C. Berkeley hallways and tied and retied their shoes countless times.

“We spent hours and hours,” she said.

Gregg found that shoelaces come undone because a shoe strikes the ground at seven times the force of gravity, stretching and relaxing the knot. The loosened knot is further undone when “the swinging leg applies and inertial force on the free ends of the laces,” according to the research.

“The shoelace knot comes untied due to the same sort of motion—the inertial forces of the leg swinging back and forth while the knot is loosened from the shoe repeatedly hitting the ground.” On a practical level, however, there was one key finding for all shoelace users. Gregg found that there is a strong shoelace knot and a weak shoelace knot. Many people tie the weak knot because they don’t know any better.



To tie the strong knot, hold an end of the shoelace in each hand. Wrap the left end over the right end and pull it through. Make a loop with the right end, hold it in your right hand and wrap the left end around it counterclockwise, before pulling it through to finish the knot.

The resulting knot should align along the width of the shoe. That’s a stronger knot, Gregg said, than one that aligns along the length of the shoe—the kind of knot that

Gregg used to make before she did the study.

Professor Oliver O’Reilly, whose lab conducted the research, said he so sought nothing less than “understanding knots from a mechanical perspective.” But even after two years, he said he did not understand why the clockwise-wrapped knot was stronger than the counterclockwise one.

“We still do not understand why there’s a fundamental mechanical difference between those two knots,” O’Reilly said.

The study was published in the journal of Proceedings of the Royal Society A of London alongside articles about airbags, tsunamis, and the Japanese art of paper folding. For a more definitive demonstration of the proper way to tie your shoelaces, go to Professor Shoelace, at <https://www.youtube.com/watch?v=gVaS6TwzLc8>.

GEARING UP

May 13th Surf FishOut
FishMaster: Kirk Mathew



Location: Rio Del Mar Beach.

Directions: Drive to the “flats”, negotiate the new “Round-a-bout” and continue south. Meet at the south end, near the rest-rooms. The State parking lot won’t be open as early as we meet, but there is street parking.

Time: Saturday, May 13th. Meet at 5:45 a.m. Sunrise will be at 6:00, so it won’t be dark. Low tide is at 6:59 a.m., at -.3, so this is an excellent time to see the beach “structure” and to fish the “flood”.

Gear and technique: I won’t get into this here, but will direct you to check out the excellent “Surf Fishing Info” article in our web Newsletter. Sam has kindly provided a great amount of information which will get you started right. If you haven’t tried this local and very accessible resource, you really should.

Questions: Contact this month’s FishMaster, Kirk Mathew, 724-6811 or k4mathew@sbcglobal.net.



MAY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 1st Qtr. ☾ Club Meeting Aptos Grange 7 PM	4	5 Roostercomb Cinco de Mayo	6 Ranch Fishout
7 Roostercomb Ranch Fishout →	8	9	10 Full Moon ☀ Fly Tying Class Aptos Grange 7 PM	11	12	13
14 Fly Fishing 101 Quail Hollow Ranch Mother's Day	15	16	17 Board Meeting Steele home 7 PM	18	19 Last Qtr. ☾	20 Armed Forces Day
21 Newsletter Deadline	22	23	24	25 New Moon ●	26	27
28	29 Memorial Day	30	31			

JUNE 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1st Qtr. ☾	2	3
4	5	6	7 Club Meeting Aptos Grange 7 PM ← Yuba	8 River Fishout →	9 Full Moon ☀	10 Surf Fishout Manresa Beach
11	12	13	14 Flag Day Fly Tying Class Aptos Grange 7 PM	15	16	17 Last Qtr. ☾
18 Father's Day	19	20	21 1st Day of Summer Board Meeting Steele home 7 PM	22	23	24 New Moon ●
25 Newsletter Deadline	26	27	28	29	30	