



SEPTEMBER

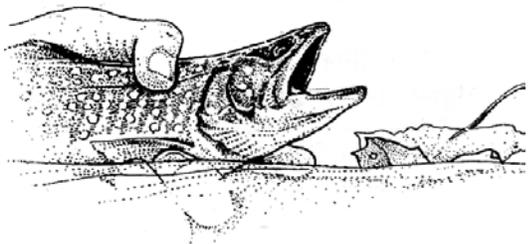
2016

CLUB MEETING

Date: Wednesday, September 7th
Time: Open – 6:45 PM
 Meeting – 7:00 PM
Place: Aptos Grange, 2555 Mar Vista Dr., Aptos

**Change in Club Meeting Presentation
 Programs Co-Director Dennis Davie**

Due to a family emergency, Steve Parmenter, from the California Fish and Wildlife Department, will not be able to give his presentation on the Owens River Gorge. However, you are urged to attend this meeting, as the business of the club is just as important as the presentations. Dennis will provide a substitute program for you.



FLY TYING CLASS

Date: Wednesday, September 14th
Time: Open - 6:45 p.m.
 Class - 7:00 p.m.
Place: Aptos Grange Hall, 2555 Mar Vista Dr, Aptos

**Colorado King Caddis
 Instructor - Elaine Cook**



I've used this dry fly pattern for years. It's one of my go-to flies. Although a caddis pattern, it resembles a bee or yellow jacket.

Sign up at the September club meeting or call Elaine 688-1561. There is no charge for the class and all materials are provided. Do bring 8/0 thread if you can. For beginners, there are vises, tools, and lights. Others, please bring your own. Please allow 24 hours to sign up for material preparation. If you do sign up and later find you will be unable to attend, notice of cancellations is appreciated.

Bait for Thought

We Are Luckier Than We Know



What people don't understand is that this is something that we only have in America. There is no other country in the world where the ordinary citizen can go out and enjoy hunting and fishing. There's no other nation in the world where that happens. And it's very much a part of our heritage" - General Norman Schwarzkopf

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President's Line

Continued Water Use Disputes

By President Jim Black



As we see the probability of the restoration of the Klamath since the Governors of California and Oregon have signed an agreement to remove the dams, we continue to see water use disputes over the Delta water. The immediate target is the Striped Bass and new regulations, which will allow fishing with no size limits or number of Striped Bass caught. Additionally, it also now looks like some Striped Bass have become resident fish in the Lower Sacramento and the Feather Rivers, as well as other rivers. Some up to 30 pounds have been caught recently in the Sacramento. At the same time, Bass have been more active along the beaches, more so than in recent memory.

Additionally, in my opinion, another boondoggle to rival the High Speed Train, is the Governor's proposal to construct massive twin tunnels under the Delta, a version of the old bypass Canal!

Finally, I am off to Montana for a week of fishing the Madison and so looking forward to it. Unfortunately, I will miss the September meeting.

Two Announcements:

1. Please save **Jan 21, 2017** for our special annual meeting, details to follow and I believe you will be very pleased.
2. We have been given by Tom's Family; Past President Tom McMillian's extensive fly tying materials, lures, reels and flies, which I will bring to the October meeting for folks to review and select.

MONTHLY RAFFLE

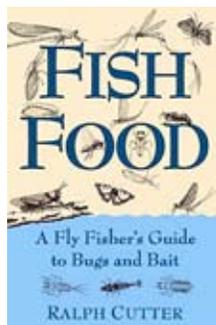
September Monthly Raffle

By Monthly Raffle Director Jeff Goyert

First off, we have a great rod and reel combo package! Great set up as a backup or perfect as a gift for that someone that you know who wants to get started in fly fishing. We have a 4-piece 4 weight Cabelas RLS 8 foot 6 inch rod in a travel case along with a Prestige reel. But wait, there's more! Included with the rod/ reel package is a spare spool! Rig one with a floating line and one with an intermediate and be ready for everything!

Next we have another great book by Ralph Cutter "Fish Food, a Fly Fishers Guide to Bugs and Bait". This is a wonderful book full of photographs, drawings, and the real nuts and bolts info to help you catch more trout.

How about a way to organize all those reels, extra spools and lines that you have accumulated over the years. This reel case by Cabelas has adjustable padded dividers to reduce the gear storage chaos. It holds up to 8 reels in a compression molded water resistant fabric covered case. Come to the meeting, bring some discretionary cash, buy lots of raffle tickets, and you could walk away a winner!



2 Santa Cruz Fly Fishermen

GONE FISHING

August Surf Fishout

By Fishmaster Sam Bishop



Kevin Murdock, Steve Rudzinski and Sam Bishop joined up with SCFF newcomers Brian Ferdinand and his Dad Rich Stewart at Manresa Beach on August 6. Fortunately Brian caught one perch saving the whole team from being skunked!

The problem then (and still today if you are in the wrong place), is a big "red tide" algae bloom along our shores reducing water visibility and seriously reducing the catches. It seems to me my catch rate diminishes significantly anytime I have to fish a red tide, especially when it is heavy like it was this day, but I have not kept statistics.

Red tides generally are localized, so if it is heavy on one beach, it may be light or non-existent on others. Yesterday (August 20) I was on Rio Del Mar and the red tide was very light. Fish were getting caught on the fly rod, including Stripers. (Notice I didn't say it was me.) But you have to find them, so if you are not catching or getting hits, MOVE.

Amador and Santa Cruz Join Forces in the Surf

By Fishmaster Sam Bishop

We had a great time visiting and fishing with the Amador County Fly Fishers on August 24 and 25. The Amador group planned this outing many months ago and asked me (Sam) to come up and give a talk on surf fishing, which I did in June. I asked why they planned this fish-out in the middle of the week and was told that a lot of their members are retired, so they often plan mid-week when the crowds are not so heavy. Not a bad idea!

After fishing for about three hours, the group adjourned to the Pixie Deli for their delicious breakfast burritos, then that evening we had a hamburger BBQ at New Brighton campground picnic area. That too was a lot of fun, swapping fishing stories and gleaned information from these folks who primarily fish the Sierra streams and lakes.

We fished Rio Del Mar one day and Manresa the next. The red tide was rather heavy at Manresa and limited the catch, although I did have a big Striper break off my streamer before I saw him. Pictured left to right, (A is for Amador, S is for Santa Cruz): Gary Slade A organizer, Mark Traugott S, Steve Rudzinski S, Charlie Moore A, Joe Jimenez A, Cary Williams A, Jim Tolonen S, Kirk Mathew S. Not shown, Jane Richter from Amador and Kevin Murdock from Santa Cruz, plus picture takers Jeff Sloboden S and Barry Thomas S. Work beckoned for Jeff and Barry, so they only had time to lend early morning moral support and take the group picture.

Cont'd. on p. 3...

2016 Board of Directors

They Work for You

Officers

President	Jim Black	688-8174
Vice President	Milana Rawson	583-9370
Treasurer	Jim Tolonen	475-8859
Secretary	Roy Gunter	809-0316

Committee Heads

Raffle Coordinator	Jeff Goyert	234-0033
Membership	Jim Black	688-8174
Fishouts	John Cook	688-1561
Programs	Dennis Davie	427-2626
	Pablo Grabiell	562-652-3771
Conservation	Barry Burt	688-0187
News Editor	Kirk Mathew	724-6811
Webmaster	Pat Steele	476-0648
Fly Tying Master	Elaine Cook	688-1561
Annual Raffle	George Pike	423-2956
	John Steele	476-0648
Annual Benefit Coordinator	Petar Ilic	475-0268
Facilities Coordinator	Steven Rawson	583-9370
Video Librarian	Mike DiCiano	688-1682

Members at Large

Kathy Powers 728-4130 Steve Rudzinski 462-4532

Board Meeting: The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time

News: Members are encouraged to contribute news items. Submit copy to the editor, Kirk Mathew, 724-5611, k4mathew@sbcglobal.net. Please see calendar for the deadline each month.

Secretary of the Interior Ken Salazar

Department of the Interior
Washington, D.C. 20240
<http://www.doi.gov/index.html>

Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>
San Francisco, CA 94104

Senator Barbara Boxer

1700 Montgomery St., #204; boxer@senate.gov
San Francisco, CA 94111

Anna Eschoo, 14th District Congresswoman

698 Emerson St.; annagram@mail.house.gov
Palo Alto, CA 94301 (650) 323-2984

Sam Farr, 17th District U.S. Representative

1216 Longworth Blvd.; samfarr@hr.house.gov
Washington, D.C. 20515 - (202) 255-2861 or 429-1976

Governor Jerry Brown

Capitol Bldg., 1st Floor
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

Mike Honda, 15th District Congressman

1999 S. Bascom Ave., Suite 815, Campbell, CA 95008
(408) 558-8085; FAX (408) 558-8086
<http://honda.house.gov/>

Senator Bill Monning

701 Ocean St., #318-A, Santa Cruz, CA 95060
(831) 425-0401; <http://sd17.senate.ca.gov>



Fishout Schedule

2016

Date	Location	Target Species	Fishmaster
Sept. 10	Palm Beach	Surf Fishout	Sam Bishop - (831) 476-6451
Sept. 24-Oct. 1	Mammoth Lakes-wk.1	Trout	John Cook - (831) 688-1561
Oct. 1-Oct. 8	Mammoth Lakes-wk.2	Trout	John Cook - (831) 688-1561
Oct. 8.	Rio Del Mar Beach	Surf Fishout	Sam Bishop - (831) 476-6451
Oct. 27-30 (tentative)	O'Neill Forebay	Striped bass	Steve Rudzinski - (831) 462-4532

* Some dates are tentative. You must be a paid-up member of Santa Cruz Fly Fishermen to participate in these fishouts. For more information and to sign up for outings, contact the fishmasters, look for handouts at the club meetings and write ups in the newsletter. Some fishouts require advanced planning and payment. Please don't ask fishmasters for refunds if you have signed up, paid, and later find out you are unable to attend the fishout. Fees paid ahead are not refundable, unless someone else takes your place.

...Gone Fishing - cont'd. from p.2

That evening we were joined at the BBQ by the wives of Gary, Charlie and Joe, plus our President Jim Black and member Bill Witmer

Group Photo:



Santa Cruz Fly Fishermen

Catchy Releases

Blue-Green Algae Bloom in San Luis Reservoir and O'Neill Forebay; Caution Urged in Water Contact

FOR IMMEDIATE RELEASE: Contacts: Sue McConnell, Central Valley Water Board (916) 464-3291 - Aug. 4, 2016 Gerald Heberling, California State Parks (209) 826-1197

SACRAMENTO—The Central Valley Regional Water Quality Control Board and the California State Parks are urging swimmers, boaters and recreational users to avoid direct contact with, or use of, waters containing blue-green algae (cyanobacteria) now blooming in San Luis Reservoir and O'Neill Forebay located in Merced County on the western edge of the San Joaquin Valley.

Due to the potential health risks, the San Luis Reservoir and

O'Neill Forebay are now posted with health advisories. Water samples collected by the Department of Water Resources on July 11 and July 25, 2016, exceeded the trigger levels for the protection of human health from the California Cyanobacteria and Harmful Algal Bloom Network's Voluntary Guidance. Cyanotoxins in samples from San Luis Reservoir near Dinosaur Point Boat Ramp exceeded the Danger Action Trigger and samples from the O'Neill Forebay exceeded the Caution Action Trigger. Samples taken at the O'Neill Forebay North Beach swim area had toxin levels less than the Caution Action Trigger level. However, the public is still urged to use caution

when recreating in this area as bloom conditions can change rapidly. For more information on the status of recreational activities at the San Luis Reservoir and O'Neill Forebay, the public should contact the San Luis Reservoir's State Parks Service (209) 826-1197.

We urge people to choose safe activities when visiting San Luis Reservoir and O'Neill Forebay and recommend that people and their pets avoid contact with water, including swallowing or inhaling water spray, in areas with algae blooms. Children and pets are particularly at risk.

This map shows the location of the Dinosaur Park Boat Ramp in the San Luis Reservoir where toxin levels tested above the danger action trigger. Danger signs are posted at this location and water contact recreation is prohibited. The North Beach Swim Area in the O'Neill Forebay has Caution signs posted limiting water contact.

San Luis Reservoir, part of the California State Water Project, provides drinking water to many parts of California. The State Water Resources Control Board's Division of Drinking Water is communicating with drinking water systems that pull water from the project, and is not aware of any drinking water impacts from the current algae blooms.

The algae bloom appears bright green in the water and scum or mats that float on the water's surface have accumulated along the shoreline and boat ramp area in San Luis Reservoir. The blooms can also appear as blue-green, white, or brown foam.

This photo taken on July 27 from the boat ramp near Dinosaur Point on San Luis Reservoir shows an upclose look at the bloom and mats forming on the surface. (Photo credit: Santa Clara Valley Water

District).

Recreational exposure to toxic blue-green algae can cause eye irritation, allergic skin rash, mouth ulcers, vomiting, diarrhea, and cold and flu-like symptoms. Liver failure, nerve damage and death have occurred in rare situations where large amounts of contaminated water were directly ingested. Pets can be especially susceptible since they tend to drink the water and lick their fur after going in the water.

The Statewide Guidance on Cyanobacteria and Harmful Algal Blooms recommends the following for blue-green algae impacted waters:

- * Take care that pets and livestock do not drink the water, swim through algae, scums or mats, or lick their fur after going in the water. Rinse pets in clean water to remove algae from fur.
- * Avoid wading, swimming, or jet or water skiing in water containing algae blooms or scums or mats.
- * Do not drink, cook or wash dishes with untreated surface water from these areas under any circumstances; common water purification techniques (e.g., camping filters, tablets and boiling) do not remove toxins.
- * People should not eat mussels or other bivalves collected from these areas. Limit or avoid eating fish from these areas; if fish are consumed,



remove guts and liver, and rinse filets in clean drinking water.

* Get medical treatment immediately if you think that you, your pet, or livestock might have been poisoned by blue-green algae toxins. Be sure to alert the medical professional to the possible contact with blue-green algae and notify the local, county public health department.

For more information, please visit:

State Water Resources Control Board – Division of Drinking Water HABs Page: http://www.waterboards.ca.gov/drinking_water/programs/habs/

Division of Drinking Water District Offices - Contact Information: http://www.waterboards.ca.gov/drinking_water/programs/documents/ddwem/DDWdistrictofficesmap.pdf

California Department of Public Health:

<http://www.cdph.ca.gov/healthinfo/environhealth/water/Pages/Blue-greenalgae.aspx>

State Water Resources Control Board - California CyanoHAB Network:

http://www.mywaterquality.ca.gov/monitoring_council/cyanohab_network/index.html

CA Office of Environmental Health Hazard Assessment: Information on Microcystin

<http://oehha.ca.gov/ecotoxicology/general-info/information-microcystins>

US Environmental Protection Agency: CyanoHAB website

<https://www.epa.gov/nutrient-policy-data/cyanoHABs>

Catchy Releases

Decision on Eagle Lake Rainbow Trout Listing is Good News

From www.tu.org

The US Fish & Wildlife Service has made a determination on a petition to list the Eagle Lake rainbow trout under the federal Endangered Species Act. In a decision announced July 5, the agency found that “listing the ELRT as an endangered or a threatened species throughout all of or a significant portion of its range is not warranted at this time.”

Trout Unlimited welcomes this decision, which is an affirmation that our years of work with local interests and agencies to create a roadmap to restore Eagle Lake rainbow habitat is paying dividends.

A prized target for anglers, the Eagle Lake rainbow has one of the most limited ranges of any native trout in the western U.S—it is found only in Eagle Lake and its small tributaries, namely Pine Creek, in Lassen County, California. This species is unusual among O. mykiss in that it is adapted to highly alkaline waters.

The indigenous population of Eagle Lake rainbows has declined significantly due to decades of habitat degradation from a variety of factors, including fish passage barriers, small water impoundments, grazing, roads, and propagation of non-native brook trout.

TU’s California Field Director, Dave Lass, said “Although it might seem counterintuitive to some, this finding is good news for Eagle Lake rainbow trout recovery and will enable TU and our Eagle Lake restoration partners to continue to work together with less ‘red tape’ to implement the strategies in the Eagle Lake Rainbow Trout Conservation Agreement.”

Lass said while the Eagle Lake rainbow remains “at risk,”

the Fish and Wildlife Service’s determination that a listing under the ESA is not warranted will actually help with species restoration. As with the agency’s 2011 decision on the California golden trout, the

determination that listing is not warranted is based on recent progress in habitat restoration and reversing non-native trout introgression, as well as a formal conservation plan.

Lass said the Eagle Lake Rainbow Trout Conservation Agreement will empower federal, state and local groups to accomplish the requisite field work, including large scale meadow restoration needed to ensure a higher base flow and longer “recession curve” in Eagle Lake tributaries, to combat the effects of climate change and rebuild healthy, self-sustaining lake and stream populations—something that hasn’t



happened in over 70 years.

A determination that the Eagle Lake rainbow should be listed would have required Section 7 consultation under the ESA on all restoration work that has potential to directly or indirectly affect Eagle Lake rainbow trout—a lengthy process that would cost more money, take more time, and potentially prohibit work that resulted in even “incidental” Eagle lake rainbow mortality.

Lass said, “At the end of the day, we care about accomplishing real change that benefits the fish, not creating more administrative hoops to jump through. This decision doesn’t mean everything is okay with the Eagle Lake rainbow—it still needs help. The decision does mean that our conservation efforts so far are paying off, but also that much more needs to be done to recover this fish and fishery that so many anglers care deeply about. We are excited for the opportunity and trust bestowed in us by the public to lead these efforts.”

GEARING UP

September Surf Fishout

Fishmaster: Steve Rawson

Pajaro Dunes aka Palm Beach is the destination for the September 10 surf fish-out led by surf veteran Steve Rawson. Please be there ready to go by 0630 am. To get there, take West Beach Street, Watsonville towards the ocean until you dead-end.

Parking is free outside the State Park. Bring friends and prospective members too. High tide is +3.4 at about 0730 am. Hopefully the fish will be in closer feeding on the crabs that are accessible at high tide.

Mammoth Lakes Fishout - Sept. 24th-Oct 1st & Oct. 1st-8th

Fishmaster: John Cook - 688-1561

This fishout will take place over two consecutive one-week periods, Sept. 24th through Oct. 1st, and Oct. 1st-8th. As of this date, there are only three places left, which are all in the second week.

Location: Mammoth Lakes is on the eastern side of the Sierras, six to seven hours’ drive from Santa Cruz. There are many lakes and streams in the area for us to fish. We will be staying in condominiums in the town of Mammoth Lakes.

Cost: \$310 per person per week. This covers seven nights’ lodging with three meals per day.

Meal Preparation: Each person will be assigned to a group for a Kitchen Day. The group will set out breakfast and lunch foods, store unused food, prepare the evening meal, and clean up on the day

designated.

Sign Up: Send me the money to secure a spot. Mail your check, made out to John Cook, to P.O. Box 2822, Aptos, CA 95001-2822.

The fishmaster will maintain a waiting list for each week. If space for you becomes available, you will be notified by telephone. Don’t miss out. Since there is no call-in date, plan your trip soon, sign up, and send your check to John!

Unused Funds: Any funds received but not spent on the fishout will be used for prizes for our annual fund raiser.

GEARING UP

O'Neill Forebay Fishout - Oct. 27-30

Fishmaster: Steve Rudzinski – (831) 462-4532

Update: This fishout may or may not happen, depending on what's going on with the blue-green algae situation. For up-to-date information, contact the **San Luis Reservoir's State Parks Service (209) 826-1197**.

This will be a four-day fishout, from Thursday through Sunday. We will be camping on the Medeiros side. Call me if you are unclear on the directions.

Driving directions to boat launch area:

Take Hwy 152 to the O'Neill Forebay and look for the San Luis Creek Recreational Area entrance, which is marked by a sign on Hwy 152 as you descend down the hill that is near the face of the dam. The turn-off will be towards the bottom of the descent.

Driving Directions to camp grounds on Medeiros side:

Take Hwy 152 and continue past the boat launch entrance to the Hwy 33 exit. Take that exit and head north (turn left). Continue about 1/3 mile north on Hwy 33 to the Medeiros Recreation Area where you will turn left. Continue through the entrance past the kiosk until you get to a T-intersection, turn left and drive up the shoreline, keeping the lake to the right of you. We will camp along the lake (Hwy 152 should be on your left), near the big

power line towers. Camping/parking fees are paid at the entrance self-pay station. Note that two vehicles can "share" a "site" (there aren't any sites per se, but you can list a second vehicle on your camping fee slip). Make your own arrangements to pair up with another camper to split the cost.

Gear:

Rods: 5-7 weight rods; **Lines:** sinking lines (type IV thru VI, Rio stripper lines, T-140, or leadcore will all work), floating lines.

Flies, Topwater: bass poppers, gurglers, and crease flies - all especially in white, yellow or silver.

Underwater: Clousers, whistlers and deceivers, also in white/yellow, flashy white, white/chartreuse, blue/white, grey/white n'pretty much whatever you have. These should be 1-1/2 to 3 inches long or longer.

Other Gear: Float tube, pontoon boat or pram. Be safe - **BRING A PFD!** (personal floatation device - a life vest) Don't forget hat, sunscreen, sunglasses/eye protection.

Fishy Tales

*Late July – Wyoming – John and Elaine Cook

Where did I get this lovely cutthroat? It's that stream up in Wyoming that we've mentioned before. It's one hour up a rough gravel road into the mountains to a dry Forest Service campground. We fished the river for five days and never fished the same water twice. There were so many, many fish, from 10" to 19", most were in the 14"-15" range. They all were caught on a dry fly. There were few other fishermen, a few horsey people, as it is a trail head into the high mountain country. Kathy Powers is with us today.



*July 14-20 – Montana – John and Pat Steele

We lucked out when we fished the Yellowstone River on Monday, because although it was windy and fishing was tough, the day afterward, the river was closed to **all** fishing and boating because of an unprecedented whitefish kill. Apparently, a parasite that



affects stressed salmonids was taking its toll on the whitefish. See <http://www.bozemandailychronicle.com/news/environment/> for details about the situation. Ed Lawrence,

our outfitter, scheduled us in at a nice private pond called Burns Pond. It was stocked with fat rainbows, some of which had out-sized heads. Our guide, Tim Schwartze, put his boat on the water and ferried us around, and we had a great time catching the rising fish with grasshoppers. If the wind began blowing, all we had to do was turn the boat to put the wind at our backs.

We took a travel day on Wednesday and drove to Helena from Bozeman, to fish the Missouri. Thursday, we fished from Stickney Creek to Prewett Creek takeout. It was overcast and cloudy all day, so the fish were hunkered down. We managed to catch our fair share, though, on a worm, with a pheasant tail dropper. It was a goodly mix of rainbow and browns, all in fine shape.

On Friday, we fished from Prewett Creek to Cascade, and the weather was sunnier, but not as hot as it had been the first part of the week, so once again, we began with the subsurface rig we used the previous day, not wanting to fight success. Mike Niles, our guide, put us on to more fish than we bothered to count. Late in the day, we tried throwing hoppers, and we stung a few fish, but didn't hook up and land any. Still, it's always exciting to watch topwater takes. All in all, our Montana trip was loads of fun!

* Early August, Slough Creek, Yellowstone National Park

The day is hot, so wet wading is obviously the way to go. Standing on the bluff over looking the meandering river, we see several fishermen, some buffalo way off in the distance, and notice that the water is way lower than when we have fished there in the past. As we near the river, three fishermen are leaving and report that the fish are rising but they couldn't figure out what they wanted. We decide to go down river a ways to get away from the last struggling fisherman. As we approach a likely bend in the river, the fish are definitely rising to a very small (size 20 - 22) hatching mayfly. John is discouraged because he likes water that has lots of moving characteristics and this is like a slow moving

lake. We turn on our walkie-talkies and he goes up river to find a riffle. I cross the river and walk down, positioning myself on the inside of the bend where the water is deeper and the bluff behind me allows for a decent backcast. OK, the water is like glass, so I lengthen my leader to 15' and tippet 6X. Out comes my Green River box (very small flies) and select a size 22 PMD adult while the fish keep rising all over the flat! I focus on the rises. Which are the small fish (splashey) and which are big (sippers)? Of course, those nearby are small. I catch a few 10 - 12 inches. Both Rainbows and Cutthroats. Then with a long cast, one of those sippers takes my fly, I set up, and after a significant battle an 18 inch Rainbow ends up in my net. On the walkie-talkie, "John, I got a good one."

My focus returns to the rising fish, and catch a couple more good ones, but a distance noise gets louder and I try to identify it. Then it dawns on me; BUFFALO! The Ranger had told us they are in the rut and aggressive. How to describe the noise? A deep guttural, raspy growl. I can't see them but they must be close to the edge of the bluff. I've got to get out of there quick! Can't go back up to the shallow crossing, so dragging net, reeling line and leader into a tangle, I cross with water coming up to my ribs. The noise is loud behind me. I arrive at the opposite shore, and start running up the sage brush hill. A quick look back to see a whole herd with bulls kicking dust into the air and growling. I keep moving fast and the sound begins to lessen. A walkie-talkie message to John, "The herd is heading your way. Let's get out of here!" So we did. P.S. If you want to hear the growling sound, ask John. He has mastered a mimicking rendition.

LifeLines

Prevent Lyme Disease - from <http://www.cdc.gov>

Lyme disease is spread by the bite of an infected tick. In the United States, an estimated 300,000 infections occur each year. If you camp, hike, work or play in wooded or grassy places, you could be bitten by an infected tick.

People living in or visiting New England, the mid-Atlantic states, and the upper Midwest are at greatest risk. But you and your family can prevent tick bites and reduce your risk of Lyme disease.

Protect Yourself from Tick Bites:

Know where to expect ticks. Blacklegged ticks (the ticks that cause Lyme disease) live in moist and humid environments, particularly in and near wooded or grassy areas. You may get a tick on you during outdoor activities around your home or when walking through leaves and bushes. To avoid ticks, walk in the center of trails and avoid walking through tall bushes or other vegetation.

Though Lyme disease cases have been reported in nearly every state, cases are reported from the infected person's county of residence, not the place where they were infected.

Use a repellent with DEET (on skin or clothing) or permethrin (on clothing and gear). Repellents containing 20% or more DEET (N, N-diethyl-m-toluamide) can be applied to the skin and can protect up to several hours. Always follow product instructions!

Parents should apply repellents to their children. Do not get repellent on children's hands or in their eyes or mouth. Products that contain permethrin can be used to treat boots, clothing and camping gear. Treated items can stay protected through several washings.

Perform Daily Tick Checks:

Check your body for ticks after being outdoors, even in your own yard. Search your entire body for ticks when you return from an area that may have ticks. Use a hand-held or full-length mirror to view all parts of your body and remove any tick you find. Take special care to check these parts of your body and your child's body for ticks.

Under the arms

In and around the ears

Inside the belly button



Back of the knees

In and around all head and body hair

Between the legs

Around the waist

Check your clothing and pets for ticks because they may carry ticks into the house. Check clothes and pets carefully and

remove any ticks that are found. Place clothes into a dryer on high heat to kill ticks.

Remove an attached tick with fine-tipped tweezers as soon as you notice it. If a tick is attached to your skin for less than 24 hours, your chance of getting Lyme disease is extremely small, however, other diseases may be transmitted more quickly.

Over the next few weeks, watch for signs or symptoms of Lyme disease, such as rash or fever. See a healthcare provider if you have signs or symptoms.

Be Alert for Fever or Rash:

Even if you don't remember being bitten by a tick, an unexpected summer fever or odd rash may be the first signs of Lyme disease, particularly if you've been in tick habitat. See your healthcare provider if you develop symptoms.

Prevent Ticks on Animals:

Prevent family pets from bringing ticks into the home by limiting their access to tick-infested areas and by using veterinarian-prescribed tick collars or spot-on treatment.

Modify your landscaping to create "Tick-Safe Zones." It's pretty simple. Keep patios, play areas, and playground equipment away from shrubs, bushes and other vegetation. Regularly remove leaves, clear tall grasses and brush around your home, and place wood chips or gravel between lawns and wooded areas to keep ticks away from recreational areas (and away from you).

Use a chemical control agent. Effective tick control chemicals are available for homeowners to use, or a professional pest control expert can apply them.

Discourage deer:

Deer are the main food source of adult ticks. Keep deer away from your home by removing plants that attract deer and by constructing barriers (like a fence) to discourage deer from entering your yard and bringing ticks with them.

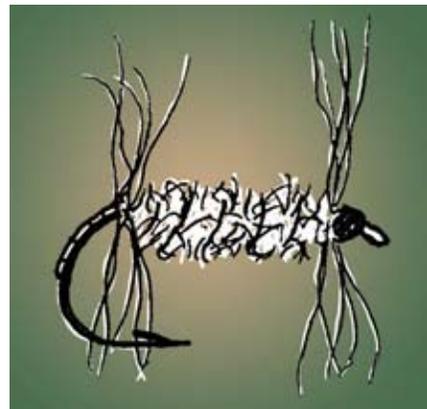
FLY OF THE MONTH

The Renegade

Submitted by Elaine Cook

This traditional old dry fly remains effective throughout the West as a dry fly attractant. For you beginners, this is an easy fly to tie. It is also an easy fly to see.

Hook: TMC 100, sizes 10 - 18. In smaller sizes it feasibly could resemble a cluster of midges.
Thread: Black 8/0
Tag: Gold mylar tinsel. (Note: it is gold on one side and silver on the other)
Rib: Fine gold wire
Rear Hackle: Brown, barbs equal to 1 1/4 hook gap.
Body: Peacock herl
Front Hackle: White hackle, barbs equal to 1 1/2 hook gap



1. Crimp barb.
2. Attach thread mid shank, wrap to rear of shank.
3. Cut end of mylar at an angle. Tie in tip, mylar extending to rear and silver side toward you. Wrap down 1/2 way around bend of hook. Note: this forces the gold side to be exposed. Then back up to part way on shank. Tie off, cut excess. Wrap thread to rear of shank.
4. Prepare rear hackle. Stroke barbs at butt end against the grain so that they stick out at right angles to the stem. Cut 5 - 6 barbs on each side forming a "crew cut".
5. Tie crew cut in with dull side toward you. Wrap three times forward and next to one another. Tie off, cut excess.
6. With rib on top of rear of shank, tie in place. Position thread at rear of shank.
7. Select 1-3 hackle barbs (depending of size of hook) that don't break easily. Cut off butt ends. Tie in cut ends. Make a dubbing loop. Advance thread to 2 eye lengths behind eye. Insert herl into dubbing loop. Twist to make a chenille. Wrap chenille forward in close raps up to thread, tie off, cut excess.
8. Palmer rib forward in 4 - 6 wraps, depending on size of hook. Tie off, cut excess.
9. Prepare, tie in, wrap, and cut off forward hackle the same as rear hackle.
10. Wrap thread head. Whip finish. Cut thread.

RECIPE OF THE MONTH

Halibut Fillets with Herb Butter

From www.food.com

Ingredients:

2 halibut fillets
2 tablespoons butter
2 tablespoons finely chopped parsley
(or other herb of your choice)
or 2 tablespoons finely chopped tarragon
(or other herb of your choice) or
2 tablespoons finely chopped dill
salt and pepper, to taste
1 teaspoon olive oil

Directions:

Make little aluminum foil trays sized to fit each fillet.
Wipe the bottom of each tray with olive oil.
Put the fillets ugly side up (skin side even if the skin is now removed) on the trays.
Mix the butter with the chopped herbs thoroughly.
Place 1 tablespoon of the butter on the halibut.
Broil for 4 minutes.
Carefully turn each fillet over, not spilling any of the melted herb butter.
Broil for 4 more minutes.
Remove and plate, pouring the melted sauce over each fillet.



SEPTEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Labor Day	6	7 Club Meeting 7:00 PM Aptos Grange	8	9 First Qtr. ☾	10
11 Patriot Day Grandparents Day	12	13	14 Fly Tying Class-7 PM Aptos Grange	15	16 Full Moon ☀	17
18	19	20	21 Board Meeting 7:00 PM Steele home	22 Last Qtr. ☾	23	24 Mammoth Fishout wk. 1 ←
25 Newsletter Deadline Mammoth	26 Fishout-wk. 1	27	28	29	30 New Moon ●	Oct. 1 →

OCTOBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Mammoth Fishout-wk.1 → Mammoth Fishout-wk.2 →
2 Rosh Hashanah begins Mammoth Fishout-wk.2	3	4	5 Club Meeting 7:00 PM Aptos Grange	6	7	8 First Qtr. ☾ →
9	10 Columbus Day	11 Yom Kippur begins	12 Fly Tying Class-7 PM Aptos Grange	13	14	15 Full Moon ☀
16	17	18	19 Board Meeting 7:00 PM Steele home	20	21	22 Last Qtr. ☾ →
23 Newsletter Deadline O'Neill Forebay Fishout (tentative) New Moon ● 30	24 Hallowe'en 31	25	26	27 O'Neill Forebay Fishout (tentative) ←	28	29

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